The Pan African Studies Community Education Program

Program Motto: Keeping the Community Informed.

Program Mission: To strengthen the knowledge of the community through low cost non-credit continuing and basic adult education courses facilitated in collaboration with Temple University faculty, business experts and community volunteers.

Program Vision: To “Embrace the Past to Shape the Future” through information and education of adults and families across the city of Philadelphia.

Brief Program History

The Pan-African Studies Community Education Program (PASCEP) is a unique and multi-faceted program founded in 1975 by the late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community. TU staff, volunteers and students enrich the learning experience making for a more informed community with the commitment to develop self, others and bring positive change in the community, society and the world.

Prior to coming to Temple in 1979, the Community Education Program was held in neighborhood schools, churches and centers. University faculty volunteered time to teach classes. Ms. Hyman later obtained the support of Dr. Odeyo Ayaga, who was then the Pan-African Studies Department Chair, to seek Temple University’s sponsorship of the program. In the Spring of 1979, the University incorporated the program with PASCEP becoming the community outreach component of the Temple University, Pan-African Studies Department, subsequently re-named the African American Studies Department.

Many faculty members of Pan-African Studies and other departments continued to volunteer and provide quality administration to PASCEP: Muriel Feelings; Yumi Odom; Maisha Sullivan-Ongoza; Dr. Molefi K. Asante; Willie Rogers; Dr. Rita Smith; Dr. Tran Van Dinh; Professor Sonia Sanchez; Professor Jacqueline Mungai; Dr. Barbara Hampton, of Pan-African Studies; Dr. Audrey Pittman; Dr. Thaddeus Mathis; Dr. Wilbert Roget, Afro musicologist; Harrison Ridley Jr. of WRTI-FM; and a host of others. Much gratitude is given to these elders for setting a firm foundation of transformational and servant leadership.

PASCEP continues to garner the knowledge and talents of volunteers who come from myriad professions and all walks of life. Since 1975, more than 424 courses, 275 lectures/seminars and over 88 workshops have continued to be taught by volunteer professionals whose purpose is to educate the community at large and give back to others what they have received in knowledge, skills, and inspiration.

Ulicia Lawrence-Oladeinde
PAN-AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM

FALL 2018 SEMESTER CALENDAR

ONLINE REGISTRATION: Monday, July 16, 2018

WALK IN REGISTRATION: Tuesdays, Wednesdays, and Thursdays,
August 21 – November 8, 2018
Hours: 1:00 p.m. to 6:30 p.m.

LATE REGISTRATION (Walk-in Only): Monday – Thursday, November 12 – November 15, 2018,
Hours: 1:00 p.m. to 6:30 p.m.

DROP/ADD (Walk-in Only): Submit written request via email to pascep@temple.edu.
No request can be honored after the first week of class. You may also bring written requests to the PASCEP administrative offices.

Academic Class Assessments (Test of Adult Basic Education)): By Appointment Tuesdays and Wednesdays,
September 4 – September 26
Assessment is mandatory for all academic classes

PASCEP Fall Semester Begins: Monday, October 1, 2018

PASCEP 5-Week Classes, Section 1: Monday, October 1 – Thursday, November 1, 2018
PASCEP 5-Week Classes, Section 2: Monday, November 5 – Wednesday, December 5, 2018

Fall Break: Wednesday, November 21 and Thursday, November 22, 2018
Check with the instructor for any changes

PASCEP 8-Week Classes: Monday, October 1 – November 19, 2018

PASCEP Fall Semester Ends: Thursday, December 13, 2018

Closing Ceremony: Friday, December 14, 2018

PASCEP Office Location: Entertainment and Community Education Center
2nd Floor, Room 220
1509 Cecil B. Moore Avenue
Philadelphia, PA 19121

(PHONE) 215-204-1993 • (FAX) 215-204-8171
Website: http://noncredit.temple.edu/pascep
Email: pascep@temple.edu

PASCEP Information Line: 215-204-1993
KYW Radio’s Snow Emergency Information: Listen for Call Number 2120
Visit the PASCEP Website: http://noncredit.temple.edu/pascep
Registration Process

Registration for PASCEP classes is completed through Temple University’s non-credit and continuing education system (DestinyOne). You can create a free account using your personal computer or you can call our offices (215-204-1993) and we will create a student account for you. Create a free account by entering your profile information into TU secured system and enjoy checkout and payments with credit cards electronically. PASCEP only accepts money order and credit card payments. All discounts are processed via money order only. PASCEP staff can assist you with payments during walk in registration.

- Once you receive a student number (ex. X01010) you will use the same account number to enroll in any non-credit courses offered at Temple. You must have an accessible email address prior to creating your account in DestinyOne. (Record your user name and password once created.)

- If you do not have an email address, you can create one using Google, AOL, Yahoo, Hotmail, etc. (Assistance is available during walk-in registration dates.)

- In order to apply for courses, revise your profile, request class changes, make inquiries and special requests, you must have access to your DestinyOne account.

In your browser type: noncredit.temple.edu/pascep.

Create a Temple University DestinyOne Account

NOTE: If you have previously taken a non-credit or continuing education course, you may already have an account. You can contact destyn1@temple.edu or call 215-204-4866 with questions. These steps guide you through the DestinyOne registration process:

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple University PASCEP page should appear.
2. Click the “Login” link in the upper right hand corner. Then, click “Student Login.”
3. New applicants will place their email address in the box labeled “I am a new DestinyOne user.” Follow the prompts as they appear and record user names and passwords.
   - You will be asked to provide your name, gender, email address, phone number, and mailing address.
   - You can also tell us a little bit more about your learning goals and select the specific program(s) in which you have interested.
4. Former students should login through the middle box labeled “DestinyOne Account Login. DO NOT remove the TU_.” You must have access to your email to retrieve forgotten passwords.
5. Follow the prompts on the screen. Once completed click the “Submit” button.
   - You will receive several emails providing your account information.

How to Enroll in a PASCEP Class

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple PASCEP page should appear.
2. Scroll down the page below the Course Guide until you reach the “Courses” section. Courses are arranged in alphabetical order or click the gray arrow to search by course number.
3. Click on the name or number of the course and another screen will appear with the course description and enrollment box.
4. Add the Course section to the cart (Click Add to Cart). You will be prompted to continue to shop (Keep Shopping) or Check out.
5. Checking out will bring you to view everything in the cart. You may keep the selections or remove them (If you make any changes remember to hit the Update button). Choose the checkout button again.
6. This will bring you to Log In or Create an Account screen. Follow the instructions above for creating an account (I am a new Destiny One user) or enter your DestinyOne Account Login.

7. After Log in, the payment screen will appear.

8. If paying by credit card hit the radio button for “Paying by credit card” or hit the button, “I would like to pay by another method” and the PASCEP office will receive your request.

9. The system holds your checkout selections to be processed when you come to walk in registration at the PASCEP office. If you close the checkout process prematurely, Destinyone@temple.edu will send you an email and you may resume your checkout process.

COURSE FEES

Payment Options:

Credit and Debit Cards

• Online registrants may pay via credit or debit card. “Bank Gift Cards” with the VISA logos accepted as credit card purchases. Hold the gift card until all classes are completed. Refunds are placed back on the gift card if a class is cancelled.

• Your personal computer/devices can be used to process your credit/debit/gift cards payments or payments are processed in the PASCEP’s office on a secured system during the open registration period.

Money Orders

• Available to walk-in applicants during open registration.

• All money orders are to be made payable to Temple University. Each money order must be completely filled out by the purchaser.

• The dollar amount ($) of each money order must match the course fees. Money orders will be refunded via Temple University checks.

WE REGRET THAT WE CANNOT ACCEPT CASH OR PERSONAL CHECKS

Senior Citizen Discount:

Seniors are eligible to attend one course per semester at $10.00 when taking 2 or more courses. A course fee of $10.00 will be applied to the lowest course fee. Regular fees apply for each additional class selected.

You may register online for classes however, DO NOT PAY FOR DISCOUNTED COURSES ONLINE. Seniors will only receive discounts at walk in registration with presentation of proof of age. Seniors cannot receive reimbursement for courses processed online. Acceptable forms of ID: Original State Issued Birth Certificate or Driver’s License. Eligibility: You must be age 65 or older at the time of registration.

Refunds:

Refunds of course fees are issued only if a class is cancelled. Students who choose to not attend classes cannot receive a refund. Discounted courses are not refunded unless processed through the PASCEP office. All refund requests must be submitted in writing.

Low Enrollment Class Cancellations:

Temple University reserves the right to cancel a course due to insufficient enrollment or other unforeseen circumstances. If a course is cancelled for any reason, you will be notified and your entire course fee will be refunded. You will have the option to enroll in another course. Financial adjustments will be made if there is a difference in the new course selection.
Wait List:
If registration for a class becomes full, DestinyOne will place you on a wait list. You will receive an email from the system about your “wait” status. If a space become available, you will receive another email to register for the class.

Drop/Add Courses:
In order to drop/add a course, you must come to the PASCEP office (room 220) during the designated drop/add dates and times. Request must be in writing.

Certificates of Participation:
Participants receive a Certificate of Participation who attend 80% of each class. Certificates are issued at the end of semester “Closing Ceremony” or in the first two weeks of the following semester.

*The views and opinions of instructors do not necessarily represent those of the Pan-African Studies Community Education Program of Temple University.*

**WHAT’S THE NEWS?/HABARI GANI**
**COMMUNITY THURSDAY WORKSHOPS**

<table>
<thead>
<tr>
<th>Event Description</th>
<th>Date</th>
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<tbody>
<tr>
<td>Reentry Resource Fair</td>
<td>June 14</td>
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<tr>
<td>Providing resources, services and connections for returning citizens</td>
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<tr>
<td>Pathways to Success—Adult education conference</td>
<td>June 21</td>
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<tr>
<td>Funding your Educational Future form GED to PhD</td>
<td>July 26</td>
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<tr>
<td>Learn about scholarships, grants and opportunities to finance continuing education.</td>
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<tr>
<td>Culture and Career: A Dialogue in Relationships</td>
<td>August 30</td>
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<tr>
<td>This workshop is an invitation to Temple University international students and PASCEP students, faculty and elders to network and dialogue pertaining to culture and community building.</td>
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<tr>
<td>Seniors and Older Adults: Lifelong Learning</td>
<td>September 20</td>
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<td>Learn about what you may not know about rules, laws and opportunity that affect Seniors healthcare, retirement funds, legacies and taxes</td>
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<tr>
<td>Mental Health First Aid Training Adults</td>
<td>October 3 – 4</td>
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<td>Mental Health First Aid Training Youth</td>
<td>October 11 &amp; 18</td>
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<td>Mental Health First Aid Training Veterans</td>
<td>December 12</td>
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<tr>
<td>Mental Health First Aid Training Older Adults</td>
<td>December 13</td>
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Workshops are Free to the Community!
Certificates awarded for Mental Health First Aid Training classes by the Department of Behavioral Health and Intellectual disAbilites Services. You must attend 8 hours for each training section. **Registration is required! Noncredit.temple.edu/pascep**
COMMUNITY RESOURCES at PASCEP

EDUCATIONAL AND INFORMATIONAL COURSES
• 3-10 week classes Fall and Spring
• Free Community Thursday Workshops
• Certificate programs (nominal fee)

REENTRY SERVICES
• Reentry Workshop every Tuesday, 9 a.m. – 12 p.m.
  (National Workforce Opportunity Network and reentry affiliates)
• Career coaching, and employment placement are available

WORKFORCE CONNECTION HUB
• Collaboration of PA CareerLink, Graduate Philadelphia, Office of Adult Education, and Temple University Human Resources.
• Access to assessment, employment skills, training opportunities, and advancement for post secondary education.
• Workshops are offered every Thursday by various partners.

KEYSPOT
• Free Internet access Monday – Thursday, 1 p.m. – 5 p.m. except during workshops.
• Computer basics classes and individual assistance available upon request.

REGISTER TODAY FOR INDIVIDUAL ASSISTANCE
Temple University–Office of Community Relations
PAN AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM (PASCEP)
1509 Cecil B. Moore Ave., 2nd. Floor
Philadelphia Pa 19121
215-204-1993, pascep@temple.edu
## Calendar of Courses

### MONDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Course</th>
<th>Duration</th>
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<tbody>
<tr>
<td>2:30 PM – 4:00 PM</td>
<td>NO CLASSES</td>
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<tr>
<td>4:00 PM – 5:30 PM</td>
<td>Exploring Entrepreneurship, 5 weeks</td>
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<td>15</td>
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<tr>
<td>5:30 PM – 7:00 PM</td>
<td>Academic Enrichment, 10 weeks, Introductory Arabic, 10 weeks</td>
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<td>10, 23</td>
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<tr>
<td>7:00 PM – 8:30 PM</td>
<td>Academic Enrichment, 10 weeks, Conversational Spanish, 10 weeks</td>
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<td>10, 22</td>
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<td>Finding Your Queen, 10 weeks</td>
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<td></td>
<td>How to Own Your Own Real Estate, (7:00 p.m. – 9:00 p.m.) 6 weeks</td>
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<td></td>
<td>Money Smart: Breaking Out of Your Mess, Sections 1 and 2, 5 weeks each</td>
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<td>10, 18</td>
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<td>Sick of Being Sick, 10 weeks</td>
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<td>Women’s Self Defense: Mshindi Vita Saana, 3 weeks</td>
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### TUESDAY

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<tr>
<th>Time</th>
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<tr>
<td>2:30 PM – 4:00 PM</td>
<td>NO CLASSES</td>
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<tr>
<td>4:00 PM – 5:30 PM</td>
<td>NO CLASSES</td>
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<tr>
<td>5:30 PM – 7:00 PM</td>
<td>Academic Enrichment, 10 weeks, Art of the Essay, 8 Weeks</td>
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<td>10, 24</td>
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<td>Basic Design/Sewing, Section 1, 8 weeks</td>
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<td>Discovering You—An Introduction to Acting, 5 weeks</td>
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<td>Financial Literacy, 5 weeks</td>
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<td>Free Your Mind: Change Your Life, 5 weeks</td>
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<td>Get Free: A Chakra Balancing Yoga Series, 8 weeks</td>
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<td>Introduction to Spanish, 10 weeks</td>
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<td>Professional Life Coaching, 4 weeks</td>
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<td>Tapping the Power, 8 weeks</td>
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<td>Transitional Math, 10 weeks</td>
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<tr>
<td>7:00 PM – 8:30 PM</td>
<td>Academic Enrichment, 10 weeks, American Sign Language, 10 weeks</td>
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<td>10, 22</td>
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<td></td>
<td>Basic Design/Sewing, Section 2, 8 weeks</td>
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<td>10, 24</td>
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<td>Crochet: Basic and Beyond, 10 weeks</td>
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<td>10, 24</td>
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<td>Developing Dynamic Databases: Microsoft Access, 10 weeks</td>
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<td>10, 28</td>
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<td>Hip Hop Therapy, 8 weeks</td>
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<td>10, 20</td>
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<td>Kwame Ture Speaks: From Black Power to Pan Africanism, 10 weeks</td>
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<td>Sick of Being Broke, 8 weeks</td>
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<td>Throw the Fish Back In: Dating and Domestic Violence Prevention/Awareness, 5 weeks</td>
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<td>10, 22</td>
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Register Online from Monday, July 16, 2018
<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>2:30 PM – 4:00 PM</td>
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<tr>
<td>4:00 PM – 5:30 PM</td>
<td>NO CLASSES</td>
</tr>
</tbody>
</table>
| 5:30 PM – 7:00 PM | Academic Enrichment, 10 weeks, page 10  
Alternative Workforce Development Skills, 5 weeks, page 13  
Grant Proposal Writing, 3 weeks, page 25  
Grant Writing Certificate Program, (5:30 p.m. – 8:30 p.m.) 6 weeks, page 26  
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I AM BIGGER, 5 weeks, page 20  
Introduction to Yoruba, 5 weeks, page 23  
Managing Solutions: GENTRIFICATION, 10 weeks, page 16  
Message in Our Music, 5 weeks, page 12  
Orange is the New Black: Inside Reentry, Sections 1 and 2, 5 weeks each, page 25  
Pan Africanism: From an African Perspective, 5 weeks, page 13  
Social Determinants of Health: Ecological Model Workshop, (5:30 p.m. – 8:30 p.m.) page 26  
Social Determinants of Health: Health Beliefs Workshop, (5:30 p.m. – 8:30 p.m.) page 26  
Social Studies and Economics, 10 weeks, page 11 |
| 7:00 PM – 8:30 PM | Academic Enrichment, 10 weeks, page 10  
Entrepreneurship: PhillyFirst—Innovations for Returning Citizens, 5 weeks, page 14  
Sahaja Meditation, 10 weeks, page 21  
STRIVE: The Psychology of Recovery, 8 weeks, page 21  
Tapestry Crocheting, 5 weeks, page 25 |

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<tr>
<th>Time</th>
<th>Course</th>
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<tbody>
<tr>
<td>2:30 PM – 4:00 PM</td>
<td>Estate Planning, Sections 1 and 2, 5 weeks each, page 24</td>
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</table>
| 4:00 PM – 5:30 PM | Herbs Really Work, Sections 1 and 2, 5 weeks each, page 19  
How to Publish Your Own Book, 8 weeks, page 24  
Mind Your Money Matters, 10 weeks, page 18 |
| 5:30 PM – 7:00 PM | Academic Enrichment, 10 weeks, page 10  
Addicted to White: The Oppressed in League with the Oppressor, 10 weeks, page 11  
Art and Creativity@The Colored Girls Museum, 5 weeks, page 22  
Credit Education, 3 weeks, page 17  
Discovering You—An Introduction to Acting, 5 weeks, page 18  
Don’t Get Stumped: Entrepreneurship Tools, Sections 1 and 2, 5 weeks each, page 14  
English 101, 10 weeks, page 10  
From Law 101 to Civic Empowerment, 5 weeks, page 24  
Introduction to Personal Computers Intermediate, 10 weeks, page 28  
Introduction to Hospitality and Tourism, 10 weeks, page 16  
Living Off the Land: Urban Farming: Growing Healthy, 4 weeks, page 20  
NGOMA Dance, 6 weeks, page 20  
Optimize Your Health with Plant-Based Foods, Sections 1 and 2, (6:00 p.m. – 7:30 p.m.) 5 weeks each, page 21  
REEL Black America, 10 weeks, page 13  
Walking Into the Rainbow, 10 weeks, page 22 |
| 7:00 PM – 8:30 PM | Academic Enrichment, 10 weeks, page 10  
Creating Professional Spreadsheets: Microsoft Excel, 10 weeks, page 28  
Empowerment Through Self Awareness, 10 weeks, page 19  
Self-Discovery, 10 weeks, page 21 |
ACADEMIC COURSES/IMANI

Academic Enrichment: Transition to Post-Secondary Education and Preparation for the Workforce—PASCEP0041
Course Fee: $50.00 (10 Weeks) Mondays – Thursdays 5:30 p.m. – 7:00 p.m. or 7:00 – 8:30 p.m.
Applicants with a GED or HS Diploma are encouraged to attend transitional subjects. PASCEP offers academic application courses to prepare you to transition to college, attend vocational school, or acquire employment. Transition courses focus on the subjects that affect your ability to pass entry exams, employer assessments and placement tests: Math 101, Transitional Math, English 101, Art of the Essay, Social Studies and Economics. These courses provide academic rigor to be successful in trade schools and college. Learn to read academic texts, write academic narratives and advance your Math levels. Social Studies and Economics provide critical thinking, graphs and maps for secondary school completion and college entry. Some textbooks provided. Applicants may take 3 courses in the academic enrichment section.

There are two requirements before a student can begin:
1) Schedule an academic coaching session to determine which classes to attend.
2) TABE Assessment for reading and math levels. Additional Resources will be provided after the academic interview and assessment. You must call 215-204-1993 or email pascep@temple.edu to schedule assessment prior to attending class.

Art of the Essay—PASCEP0042
Course Fee: $25.00 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m. October 2 – November 20
The Art of the Essay will examine the prose of writers like Frederick Douglass, Ida B. Wells-Barnett, W. E. B. Du Bois, and Anna Julia Cooper. Students will critically analyze excerpts from selected texts and work to compose a short research paper. With reading and writing at the center of the course, participants will use their own life and real world experiences to develop a thesis and explore essential ideas on paper.
Instructor: Stephanie Joy Tisdale is an educator who has experience as a teacher, curriculum writer and also as an associate editor for print/online publication. She is a graduate of Howard University, Lincoln University and Temple University. She loves to cook, sing, listen to music, and take nature walks.

English 101—PASCEP0040
Course Fee: $25.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course is an academic writing refresher. Students will learn to convey thoughts into written words in a clear and concise context using basic writing skills. A review of grammar and punctuation will also be covered.
Instructor: Carl Ivey III is a graduate of LaSalle University and a member of the Pennsylvania Society of Public Accountants. He is retired from the Air Force Reserve and has taught at PASCEP since 1998.

Etymology—PASCEP0009
Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
In this course, students will be taught how to increase their vocabulary by learning the meanings of prefixes, suffixes, and root words. Etymology is derived from the Greek words “etym” meaning history/origin and “log” meaning word. Further, this course will teach students how words acquire new meanings over a period of centuries. This course will also show students the importance of understanding the denotations and connotations of words. Moreover, students will learn how to study words in their original historical context.
Instructors: Abdullah El Talib Mosi Bey earned a Bachelor of Arts degree from Glassboro State College and a Master of Social Work degree from Rutgers University’s Graduate School of Social Work.
Robert S. Wilkins is a life-long PASCEP student and has served as a class assistant for several years. He has studied Etymology under Abdullah El Talib Mosi Bey since 2007 and has travelled the East Coast assisting with lectures, guest appearances, shows and research in the fields of Linguistics and Etymology.
Mathematics 101—PASCEP0101  
Course Fee: $25.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.  
This course is designed for the student who needs a refresher on the principles of mathematics. Students learn to read, write and interpret mathematical information; basic fractions, decimals and percent problems. Data, statistics, shapes, and measurements are included. The goal is for students to successfully build math skills for employment, high school equivalency acquisition and the transition to post-secondary education.  
Instructor: Edward Coleman is a graduate of Cornell University, where he earned a Masters of Arts degree. He has been a volunteer at PASCEP since 1998. He is also a member of the Association for the Study of Classical African Civilizations (ASCAC).

Social Studies and Economics—PASCEP0110  
Course Fee: $25.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.  
The course will cover the study of U.S. government and economics, geographical critical thinking and graphic literacy.  
Instructor: Fredia Banks is a graduate of Wilberforce University, where she earned a degree in sociology. She is currently a retired social worker from the City of Philadelphia.

Transitional Math—PASCEP0102  
Course Fee: $25.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.  
The purpose of this course is to prepare students for introductory college algebra courses. Students will gain self-confidence when attending credit bearing algebra courses in college. If you have completed your GED credential and plan to attend college or apply for apprenticeships, training, or employment, you will want to take this course to pass math assessments.  
Instructor: Akil Parker is a 13-year veteran high school mathematics teacher in the Philadelphia Public School system. He holds a BS in Finance from Morgan State University and MEd in Educational Leadership from Lincoln University. He currently teaches at Overbrook High School where his focus is geometry and statistics.

AFRICAN AMERICAN STUDIES/TAMBIKO

Addicted to White: The Oppressed in League with the Oppressor—PASCEP0203  
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.  
As hard as it may be to believe, all black people (regardless of age, gender, socioeconomic status, domicile, or religious and political affiliations) are “addicted” to a white value system disorder predicated on narcissism, greed, and violence, which is maintained by the historical shaming of Africans. In order to heal, Africans of “all stripes” must gather together, grounded in the self-help philosophy that nothing so much ensures immunity from active addiction as intensive work with fellow recovering addicts. This course will introduce students to a tested protocol for recovering from white-value “addiction” and all of its self-defeating behavioral consequences.  
Instructor: Dr. Jerome E. Fox, PhD, is a graduate of Cornell University and Temple University’s PhD clinical psychology program. Dr. Fox has over 20 years of experience in developing, administering, and analyzing addiction programs.

COMING SPRING 2019 Building Community: Building Promise—PASCEP0210  
Course Fee: $25.00  
Section 1: (5 Weeks)  
Section 2: (5 Weeks)  
A truly democratic society relies on its citizens to be informed and ready to act. This course addresses the part we all play in government and the knowledge needed to understand roles and responsibilities in civic government. Discussion ensues around the meaning of citizenship for the disenfranchised communities. Discussion addresses issues related to social and health disparities, policies and systems. Session 2 equips those who would like to actively participate in government with knowledge, resources and opportunities for community engagement. The course explores participation from various points of view including but not limited to: Black, LGQBT, Immigrant, female, etc.  
Instructor: Carl Anthony Daniels attended Lincoln University. He is a dedicated gladiator to the movement for social justice, community relations and civic engagement.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

Finding Your Queen: Rites of Passage for Women—PASCEP0200
Course Fee: $40.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
This course is for every woman who wants the opportunity to know herself culturally, confidently, and spiritually. The course is an African Centered Rite of Passage that addresses the issues of becoming one’s best self, the “Queen” self. No matter your ethnic background, there are womanly lessons that make you whole. The sessions are designed to promote sharing in a compassionate and sisterly way. Some of the topics covered are: What is a Queen?, Whose Sistah are You?, The Village Sistah, Health & Meditation and more. In order to participate in the symbolic ceremony, there are 9 core components that must be completed.
Instructor: Vernita “Nana Vee” Terry is known for working to keep culture on the surface of daily life. In 1999, she founded The Whole Village Rites of Passage Program. It has empowered more than 300 youth and 25 adult women while engaging them in cultural and historical events. Nana Vee trained to be a “Ritualistic Dunsini” with Dr. Kwabena Ashanti at North Carolina.

How to Develop an African Centered Rites of Passage Program—PASCEP0201
Course Fee: $40.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This course design equips individuals and organizations interested in building a strong Rites of Passage program for the community, church, family group, school or social group. The course includes components of mentoring that must be present to have successful outcomes. Key competencies reviewed include The Definition of Mentoring, From Mission to Mentoring, Types of Organizational Approach, Amount of time needed, Types and Purpose of activities, Outcomes and Assessments, Funding, and the Celebration Ceremony. You will learn how the experiences of The Whole Village Rites of Passage Program derived from authentic African Rituals.
Instructor: Vernita “Nana Vee” Terry is known for working to keep culture on the surface of daily life. In 1999, she founded The Whole Village Rites of Passage Program. It has empowered more than 300 youth and 25 adult women while engaging them in cultural and historical events. Nana Vee trained to be a “Ritualistic Dunsini” with Dr. Kwabena Ashanti at North Carolina.

Kwame Ture Speaks: From Black Power to Pan Africanism—PASCEP 0206
Course Fee $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m
This course will be a survey of speeches included in “Stokley Speaks: Black Power to Pan Africanism.” Participants will read the speeches (either portions or in entirety) to glean understanding and solutions to our contemporary problems in our communities. It is critical that we examine the work of our ancestors in order to gain much needed historical context when approaching issues. This will also provide us with insights into Kwame Ture, the person and human rights activist in order to better understand the Black Power Movement and examples of critical analysis put forth by people of African descent.
Instructor: Akil Parker has been a PASCEP GED Math instructor since 2011. He has also been a math and history teacher in the Philadelphia Public Schools System for the past 13 years. As a father of two and a North Philadelphia resident, he believes in the necessity of being a lifelong learner in order to solve community problems.

Course Fee: $30.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
November 7 – December 12
This course will cover how music of the 60s and 70s shaped civic engagement, political consciousness and social awareness. Environmental factors influence the music and the music shaped social, economic, and geographical reactions. Finally, the course will focus on how all factors help shape current events. What are lasting legacies of that time period? How do we learn from them?
Instructor: Coy Campbell is a native of Chicago, Illinois where he received a Bachelor in Psychology and Masters in Rehabilitation Administration. Mr. Campbell taught in the Indiana public school system and has taught this course at the University of Wisconsin. He is also an accomplished DJ of more than 20 years.
Pan Africanism Thought: From an African Perspective—PASCEP0211
Course Fee: $30.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
October 3 – October 31
This course traces the history of Pan-African thought. The course intends to provide students with an understanding of the historical and contemporary significance of Pan African thought throughout the Diaspora. Opportunity for dialogue and discussion are essential to assimilation of intended lessons.
Instructor: Abayomi Oladeinde is an adjunct professor in the Temple University Africology department. For 25 years he was an educator in Nigeria. Mr. Oladeinde is a PhD candidate in Educational Leadership and Behavioral Health, Grand Canyon University, 2018

REEL Black America: Perspectives Through Movies—PASCEP0205
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This is an engaging film-based course that investigates what it really means to be Black in contemporary America. Black progress, comedy, class divisions, education, and Black criminalization are but a few of the topics presented as the course examines the phenomena of “Living While Black” in America.
Instructor: Dr. Sharron “Shah” Scott is the founder of REEL Education, a consulting firm that “Teaches through Technology.” Dr. Scott is a veteran K-12 educator, author, and graduate of Temple University where she teaches in the College of Education.

Women’s Self Defense: Mshindi Vita Saana—PASCEP 0209
Course Fee: $20.00 (3 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
October 1 – October 15
Mshindi Vita Saana is an African System of Self-Defense. The MVS women’s workshops use rhythm, strategy, coordination and agility to highlight traditional and contemporary movements. At its core Mshindi Vita Saana reflects the graceful polyrhythms found in African dance and music. Participants will learn through lecture, hands on illustrations and participation. This informative workshop provides a realistic approach to safety and defense that is appropriate for women of all ages regardless of physical condition. Workout sweats suggested/uni00A0attire. /uni00A0
Instructor: Mr. Obadiah Mshindi is CEO of MPACA, Inc. He achieved his expert status of black belt level at the age of 11, and was born into the Mshindi Vita Saana martial art form. Mr. Mshindi is a graduate of Philadelphia University. He is active in the Pan African cultural community. He still vehemently enjoys instructing students, and still occasionally judges and competes at martial arts tournaments winning Grand Champion honors.

BUSINESS AND PROFESSIONAL DEVELOPMENT/ UJAMAA

Alternative Workforce Development Skills—PASCEP0408
Course Fee: $30.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
October 3 – October 31
The course guides you through the process of working in alternative markets such as Work from Home, Consulting and Entrepreneurship. By the end of the course, you will be versed in the dynamics surrounding alternative markets as well as preparing to be successful as an employee. The course introduces you to the opportunity to work from home in a structured supervised business venture.
Instructor: L. A. Gaskins is a licensed Realtor® at BHHS Fox & Roach Realtors. She is also a tech trainer, motivational speaker and owner of One Heartbeat Services LLC; a company that offers alternative workforce employment across the country. She graduated from Temple University with a BA in Psychology and continued at Villanova University in Project Management.
BUSINESS AND PROFESSIONAL DEVELOPMENT / UJAMAA, continued

COMING SPRING 2019 Brand Me: Social Media and E-business — PASCEP0406
Course Fee: $30.00 (5 Weeks)
This course enables students to use marketing communication strategies for self-marketing, planning and strategic personal branding. Students integrate social networking into career branding processes. The course provides instruction in the development and implementation of an effective instrument for displaying your artifacts and monitoring marketing communications strategies (“The Showcaser”) and a realistic performance metric for evaluating your career brand building activities.
Instructor: Jermaine Millhouse graduated with a Bachelor’s and Master Degree in Marketing and Business. He has developed marketing campaigns for top celebrities Sean P. Combs, Will Smith, Russell Simmons and more.

Don’t Get Stumped: Entrepreneurship Tools — PASCEP0401
Course Fee: $25.00
Section 1: Basic (5 Weeks)
Thursdays, October 4 – November 1, 5:30 p.m. – 7:00 p.m.
Course Fee: $25.00
Section 2: Intermediate (5 Weeks)
Thursdays, November 8 – December 13, 5:30 p.m. – 7:00 p.m.
This interactive course will teach you how to ensure your business foundation is solid. If you are new to business, you will learn how to create strategic procedures for your business financial health. Established businesses will learn of the new rules and regulations that govern small business development and sustainability. You will learn to create income, become audit proof, making sure you are compliant with the Federal, state, and city requirements. Your business will attract investors whether you are a profit or non-profit entity.
Instructor: Aletta Parris-Oday is the CEO of AOK Business Services, LLC.

Entrepreneurship: PhillyFirst—Innovations for Returning Citizens — PASCEP0410
Course Fee: $30.00 (5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
October 3 – October 31
This course focuses on developing the networking and organizational skills that are necessary for entrepreneurs to gain financing and marketing support for their intended projects/designs/ideas. We’ll discuss the important aspects of writing a comprehensive business plan, and an executive summary to present to potential investors. We’ll also explore the benefits of positive affirmation behaviors and coping skills for success in the business arena.
Instructor: Vincent Gori is the President of GRSI, LLC, a technology development company. In collaboration with Temple University School of Engineering and Fox School of Business, GRSI, LLC is developing new technology opportunities. Vincent is a returning citizen with 10 years in Federal prison. He desires to prepare returning citizens to start creative and disruptive thinking businesses for economic stability.
Entrepreneurship: Pitch Your Business to Financial Investors—PASCEP0409
Course Fee $30.00 (6 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
November 5 – December 10
Building your business strategies require disruptive thinking and technology skills. PASCEP Accelerator is a new model to fund and invest in startups in the African American community. PASCEP Accelerator hosts a community of entrepreneurs every year to learn how to communicate their business aspirations. The cohort then competes for startup funds in a pitch competition that engages the entire community. PASCEP works with startups beyond the competition, leveraging their community to help entrepreneurship startup.

Instructor: Yahya John is a social entrepreneur committed to creating institutions that address social economic disparities and improve community life. Yahya John graduated from Morgan State University obtaining a Bachelors of Science in Community Health and a Master of Public Health from Drexel University. John turned to social entrepreneurship and he created Uni-Five. A pitch competition management tool that works with colleges and universities to help entrepreneurs create wealth and opportunity for their communities.

Exploring Entrepreneurship: Changing Your Hobby into a Business—PASCEP0405
Course Fee: $30.00 (5 Weeks) Mondays, 4:00 p.m. – 5:30 p.m.
October 1 – October 29
Have you ever had a great business idea, but never followed through with it? Well, this 5 week course is designed to help budding entrepreneurs assess their acquired skills, business ideas and passions to create a vision and framework to start their own business. Exploring Entrepreneurship has an interactive course format that consists of class lectures, case studies, videos, guest speakers and homework.

Instructor: Renee Kirby has been an entrepreneur for over 20 years and owner of Westside Studio a business to business company that provides artwork, picture framing, screen printing and embroidery services to public private, commercial and government industries. Ms. Kirby is the former Associate Director of Disability Resources at Temple University.

How to Own Your Own Real Estate—PASCEP0045
Course Fee: $35.00 (6 Weeks) Mondays, 7:00 p.m. – 9:00 p.m.
October 1 – November 5
This course is perfect for the person who wants to purchase a home or invest in real estate. The course covers how to properly prepare and look for your future home or investment property. In this class, you will learn how to buy fixer-uppers, HUD, Fannie Mae and Freddie Mac houses.

Instructor: Annette C. Collier is a licensed real estate broker in Pennsylvania, New Jersey and Delaware.

COMING SPRING 2019 Introduction to Marketing—PASCEP0404
Course Fee: $30.00 (5 Weeks)
Learn the basic marketing concepts taught in college level courses in just a short time, including marketing strategy and the “5 P’s”—Product, Promotion, Price, Place, and Positioning. Create a comprehensive marketing plan for a business that encompasses a creative plan and a positioning plan, the essentials of any food marketing strategy. Apply effective marketing techniques to your own personal experiences.

Instructor: Maia McCoy is a successful marketing professional with 15 years of experience in many different industries including financial services and insurance. She has broad expertise in the following areas: creating and disturbing marketing plans leading multi channels marketing efforts, digital marketing and social media marketing.

SAVE THE DATE • 2019
Celebrating 40 years of PASCEP at Temple University
Introduction to Hospitality and Tourism—PASCEP0411
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course is an introduction and overview of the field of hospitality and tourism. Review of the basic components that comprise the industry include: Lodging, Restaurant, Food and Beverage, Tourism, and Management. The course will: 1) Discuss and analyze growth and development of the industry, and 2) Describe current trends that affect workforce development in the industry.
Instructor: Victor Michael is a veteran PASCEP instructor. He was born in the Caribbean—St. Lucia—and has lived in Philadelphia for the past 35 years. An alumnus of Community College of Philadelphia and Cheyney University, Mr. Michael holds BS degrees in Business Administration and Hotel Restaurant Management. He has worked in various management positions for 15 years through major companies including the Marriott Hotels and Interstate Hotel corporations.

Introduction to Non-Profit Management—PASCEP0407
Course Fee: $40.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The goal of this course is to introduce those interested in nonprofit leadership and/or management to key terms and topics involved. It is paramount that our incoming leaders realize the business acumen needed to successfully manage 21st-century nonprofits. The course is tailored for students guided by their hearts and passions to improve the quality of our communities locally as well as globally. Emotional intelligence, ample business knowledge and tact are needed in order to effectively compete in neighborhoods and in the Board rooms.
Instructor: Ceciley Bradford-Jones, MS, MBA, is widely recognized non-profit executive who has a distinguished career in mental and behavioral health, criminal justice and business. Ms. Bradford-Jones has recently been appointed to serve as the Executive Director of the Mayor’s Office of Reintegration Services (R.I.S.E).

Managing Solutions: GENTRIFICATION: Changing Neighborhoods—PASCEP0412
Course Fee: $35.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
Gentrification is not some mysterious thing that just happens. In this course we will explore the agencies: the decision makers: the policies, that create the environment for land use and reinvestment. We will also explore management strategies for long term homeowners/residents to make the best choices for their families in this changing environment.
Instructor: Judith Robinson is an Associate Broker with Hardy Real Estate, LLC, licensed in the state of Pennsylvania. For over 20 years she has been an expert community advocate, testifying at public hearings of most governmental agencies. She is also an historic researcher and docent at the Historic Church of the Advocate.

Professional Life Coaching: Time is Money—PASCEP0601
Course Fee: $20.00 (4 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m. October 2 – October 23
Time is a non-renewable resource. As a professional, it is imperative to maximize your time and enhance your productivity. You can use it or lose it. You have all the time you need to get your priorities accomplished. It is just a matter of changing your perspective and acting more effectively. Learn to see time in several different ways so you can design a system that works for you daily, weekly, monthly or in a time crunch. Claim your time! This course promotes professional and personal growth.
Instructor: Yvonne B. McCoy, MBA, is the founder of ADEPT Coach & Consultant, a professional coaching company.
FINANCIAL EDUCATION/ UJIMA

Credit Education—PASCEP 0022
Course Fee: $20.00
(3 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
October 11 – October 25;
(Facilitated Webinar at PASCEP classroom)

The “Personal Credit Diary” aids in establishing and fortifying credit worthiness through a simple straightforward, step by step program. This course will be instrumental in educating, correcting, improving, and stabilizing one’s credit history. In addition, the class will help consumers establish, manage, and maintain their credit. Consumers! How many times have you heard “declined” due to bad credit? The goal of this course is to help individuals get back on the right track.

Instructor: Ella Butcher is the founder/president of Butcher Investors, LLC, and Peaches and Cream Foundation, Inc., a mentoring/dance program for girls 11–17 years of age. Her experience includes assisting individuals with credit issues, to help them qualify for mortgages and other types of loans. She is also the author of Credit Diary.

Financial Literacy: Project Based Instruction—PASCEP 0509
Course Fee: $25.00
(5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
November 6 – December 4

Using project based instruction and real-world situations this course will give students the knowledge and general understanding of all key aspects of personal finances necessary to be successful now and throughout their adult lives. The structure of this class will reflect real-world situations as closely as possible.

Instructor: Nisiar Smith is the founder and CEO of the People’s Innovation Movement and a Black Congressional Associate. Born and raised in Philadelphia, Nisiar is a member of Philadelphia Youth Commission. He attends Penn State University and majors in Finance.

COMING SPRING 2019 Living on Fragments: Access Resources to Stretch Your Budget—PASCEP 0506
Course Fee: $25.00
(5 Weeks)

Making the Most of Your Money—PASCEP 0508
Course Fee: $25.00
(5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
November 5 – December 3

Money Matters is a basic course focusing on personal finance. This course will cover a basic overview of vocabulary terms and the events (e.g. new job, retirement, inheritance, etc.) that have an effect on individuals lives. Famous last words: “If I had the chance to do it all over again.” The focus will be placed on strategies to address personal finance and life changing events.

Instructor: Patricia Grattis is a St. Joseph University graduate with a degree in Management and Information Systems. She has worked for 30 years in both the public and private sectors, including banking, insurance, government, railroad and most recently in education. Most of her work experience is primarily in the areas of finance and budgets.
FINANCIAL EDUCATION/ UJIMA, continued

Mind Your Money Matters—PASCEP0505
Course Fee: $40.00 (10 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.
You will learn the basics of financial literacy and banking in this course. Topics covered include: non-traditional financial services; being an informed consumer; buying stocks and mutual funds; investing in education, reviewing taxes and tax planning; purchasing life insurance options, health insurance, and property insurance; estate planning. Learn the history of financial institutions from Africa to China.
Instructor: Alletta Parris-Oday is the CEO of AOK Business Services, LLC. whose mission is to provide small businesses with tools for profit or nonprofit development.

Money Smart: How to Get Out of Your Mess—A Kingdom Perspective—PASCEP0507
Course Fee: $25.00 Section 1: Basics (5 Weeks) Mondays, October 1 – October 29, 7:00 p.m. – 8:30 p.m.
Course Fee: $25.00 Section 2: Intermediate (5 Weeks) Mondays, November 5 – December 3, 7:00 pm – 8:30 p.m.
The purpose of these classes are to prepare you to prosper and do better in your life not just barely make it financially. Learn the errors in your day to day practices that keep you in debt or lack in your finances and possessions. Concepts and principles will help you discipline your life everyday in preparation for your future. Remember, you must plan for your future and not just live for today. WALK AWAY EQUIPPED TO CONTROL YOUR FINANCES. Curriculum workbooks are provided.
Instructor: Louise Anntoinette McDougal is a professional financial consultant, entrepreneur and minister. She uses her business abilities to enhance other’s practical and spiritual foundation. Ms. McDougal is a debt destroyer who believes we should NOT be broke.

Sick of Being Broke: Investment 101 for Beginners—PASCEP0044
Course Fee: $30.00 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course is designed to share basic investing strategies and ways to create wealth without being rich. Basically, It’s an “Investment 101” course for beginners. As a former Wall Street broker, my objective is to bring that experience to you where I’ll show and teach you how Wall Street works and how to benefit financially. Some subjects we’ll be covering are: understanding how to buy stocks, bonds, mutual funds, and gold. You will also learn about retirement planning strategies. Rich Dad Poor Dad concepts, and how to build your 401(K) at work.
Instructor: James R. Veal is founder and managing member of JRV Wealth Management Group, LLC. He was born and raised in a North Philadelphia housing project where he personally witnessed the financial struggles in his community and in his home. As a financial advisor since 1977, James’s mission is to educate those—especially in the African American community—about the power of money and how to build wealth.

HEALTH AND WELLNESS/ NIA

Discovering You—An Introduction to Acting—PASCEP0020
Course Fee: $40.00 (5 Weeks) Tuesdays and Thursdays, 5:30 p.m. – 7:00 p.m. October 2 – November 1
This course introduces the art performance through theater games, breathing and sound exercises. The course meets twice per week for five weeks. Movement assigned monologues will encourage students to read and explore emotions. This is done through comedic and dramatic situations. Students will be encouraged to start scenes thru improvisation as well as writings. All facts and performances will be explored including being good audiences. Day one: Tuesdays, will give you concepts and context. Day two: Thursday, provides practice and creativity. The class will culminate in a 30 minute performance at the PASCEP Closing Ceremony.
Instructor: Joyce Ojo-Allen married the late John E. Allen Jr. who along with Robert E. Leslie founded Freedom Theatre. Mrs. Allen graduated from Cheyney University. She is a master instructor for the drama ministry at St. John Baptist Church in Camden N.J.
Empowerment Through Self Awareness—PASCEP0306
Course Fee: $35.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course is based on the premise that there are universal laws that govern human thinking, feeling, and behavior and it is with this understanding that all individuals can and must be empowered. It is important for people to know who they are, why they are here on the planet and the role they play in the divine order of their lives. This course assists participants to tap into the power within through understanding and application of Empowerment principles. The course is interactive and requires self-analysis and introspection.

Instructor: Bernard Weeks is the creator and facilitator of the Empowerment Through Self-Awareness Seminar. He is a graduate of Springfield College and the University of Metaphysics. Mr. Weeks was an assistant facilitator of Iyanla Vanzant, Philadelphia, PA Transformation Station and a veteran Temple University PASCEP instructor.

Free Your Mind, Change Your Life: The (5) Keys to Your Destiny—PASCEP0608
Course Fee: $20.00 (5 Weeks) Tuesdays, 5:30 p.m.– 7:00 p.m.
November 13 – December 11
This workshop is designed to give key life-sustaining principles to encourage, inspire, and transform the lives of men and women who are trying to reestablish themselves. Our objective is to ensure that each person in attendance leaves with an understanding that in spite of their past, they have great value to offer their communities and society as a whole. We will discuss five (5) powerful keywords: 1) How to discover your Purpose, 2) Identify your Potential, 3) Unleash your Passion, 4) Change your Perspective, and 5) Plan to Prosper.

Instructors: Curtis and Falesha McGhee, co-founders of Uncuffed Potential are gifted speakers and mentors with more than three decades of law enforcement experience within the fourth largest police department in the nation. Curtis and Falesha understand that the only way to change someone’s behavior is by changing that person’s mindset. Therefore, they are inspired to encourage as many people as they meet to keep out of the prison system by discovering their purpose in life and embarking on the path to their destiny.

Get Free: A Chakra Balancing Yoga Series—PASCEP0308
Course Fee: $30.00 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Chakra is a Sanskrit word that means wheel. There are seven Chakra in the body, each represents a different aspect of our spiritual, emotional and mental health. When our Chakra points are imbalanced or blocked we experience illness, instability and other negative side effects. The practice of yoga helps keep Chakra energy flowing freely. During this workshop we will cultivate balance through chakra focused yoga and meditation sequences. This is a perfect class for those who are just beginning their yoga practice and those who want to learn more about the dynamics of the Chakra centers. Students should bring yoga mats.

Instructor: Jazmyn “Yeye Yogini” Burton is a certified yoga instructor, a wellness writer and the co-founder of Philadelphia’s Get Free Fest, an annual yoga and wellness gathering for people of color. Her classes are crafted for all levels and provide a welcoming space for students to develop their personal health goals.

Herbs Really Work—PASCEP0305
Course Fee: $25.00

Section 1: Basics (5 Weeks) Thursdays,
October 4 – November 1, 4:00 p.m. – 5:30 p.m.

Section 2: Intermediate (5 Weeks) Thursdays,
November 8 – December 13, 4:00 p.m. – 5:30 p.m.

This course (Basic) will inform students about the value of herbs and their health. Students will learn about the body systems and effects of herbs on the immune, digestive and respiratory systems. The relationship of herbs and the earth to the body will be explored. (Intermediate) Provides more in depth looks at plants and the body, understanding how to grow or buy herbs, and developing urban home-based gardens.

Prerequisite for Section 2: One of the following: Section 1, Living off the Land, or Sick of Being Sick

Instructor: Robert Black is a veteran PASCEP instructor. He has used herbs to treat and heal his personal health issues.
HEALTH AND WELLNESS/NIA, continued

**Hip Hop Therapy—PASCEP0307**

Course Fee: $30.00  
(8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.  
October 3 – November 21

Can rap music be therapeutic? In Hip Hop Therapy, rap music and Hip-Hop culture will be examined. Members of Hip Hop culture can explore how issues such as violence, mass incarceration, and drug use impact the emotional wellness of their families and communities. Students will learn cultural sensitivity/competence, therapeutic interventions and Hip Hop as a tool.

**Instructor:** Ronald Crawford holds a Master in Human Service degree and has worked as a drug and alcohol therapist in Philadelphia for more than 10 years. Ronald sits on the Community Action Board a research team of community stakeholders and data collection analyst.

**I AM BIGGER—PASCEP0302**

Course Fee: $25.00  
(5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.  
October 3 – October 31

“I AM BIGGER” is a five-week Higher-Self Development Course is the ultimate self-development experience that is structured around using life experiences, sensory glands, testimonies, discussions, reasoning, activities, verbal expressions, videos, spiritual knowledge, etc., to help culminate a high performance LIFE PLATFORM. The platform then allows the individual to grow and develop into a greater or higher SELF, which then aids toward making BIGGER and BETTER personal life choices. This in return helps the individual to create a new social well-being, improve their social interaction and cognitively develop their thinking process.

**Instructor:** Cleous “GloWry” Young, BSHS, is a Social Entrepreneur and founder of the “I AM BiGinner Social Cause.” He is also the children’s author of several books, playwright, life-coach, film-maker, community-organizer, and has a deep intention of helping those who are underserved or socially challenged by society’s rigid ideologies.

**Living Off the Land: Urban Farming: Growing Healthy—PASCEP0303**

Course Fee: $20.00  
(4 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.  
October 4 – October 25

This course will introduce you to techniques to create urban farms and grow your own organic food. Learn about the detriments of GMO’s and the benefits of making and using compost to produce nutritious fruits and vegetables.

**Instructor Nefertari Muhammad** is the owner of Supreme Compost. She is certified in GMO and Compost Education. Ms. Muhammed is also a community gardener and farmer, herbalist and activist.

**NGOMA: Line Dance Movement of the Heart—PASCEP0700**

Course Fee: $30.00  
(6 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.  
November 8 – December 13

The purpose of this course is to promote fitness through DANCE. Dancing makes everyone feel better, enhances health and communicate better. Adults may register with two children for the same price or you may attend the class without a child. All are welcome. Classes are held at Berean Presbyterian Church at Broad and Diamond Streets. Pump up your Health while having Fun.

**Instructor Ulise Monroe** is a former student of Freedom Theatre, Elyon dance troupe, and a graduate of the Franklin Learning Center Dance program. She is also a line dance enthusiast.
Optimize Your Health with Plant-Based Foods—PASCEP0304

Course Fee: $25.00
Section 1: Basics (5 Weeks) Thursdays, October 4 – November 1, 6:00 p.m. – 7:30 p.m.

This hands-on learning experience will teach students healthy eating options for sustainable good health and disease prevention. By the end of the session, students will be able to identify and use fresh herbs for seasoning and medicinal use. Recipes will be provided at the end of each session. Taste tests are provided.

Instructor: James Mitchell has been a vegetarian since 1983. He opened several vegetarian venues including Cafe Mills Vegetarian, Vegan and Heart Healthy Foods, Cafe Mills Your Point Destination, and V spot on Main Street in Manayunk.

COMING SPRING 2019 Sahaja Meditation—PASCEP0024

Course Fee: $35.00 (10 Weeks), 7:00 p.m. – 8:30 p.m.

Instructor: Dorothy Logan is a student of Shri Mataji Nirmala Devi and has practiced Sahaja Meditation for fifteen years. Sharing this unique and simple way of meditation with mankind is her way of saying thanks to the universe.

Self-Discovery—PASCEP0035

Course Fee: $35.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.

Instructors: Shema’yah Bey is a screenwriter, author, and Bio Acoustic researcher. He is the former co-host of Astrologically Speaking on WURD. Vonda Kline is the owner of Relics and Rituals, a Spiritual Supply Company. Vonda has trained and studies spiritual development under the tutelage of Richard Whiten, world renowned astrologer, Roy Masters from the Foundation for Human Understanding and Grand Master Dr. Clifford E. Hazel Internationally acclaimed Holistic and Esoteric Master form England.

Sick of Being Sick?—PASCEP0012

Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.

Most doctors agree that chronic degenerative diseases, such as diabetes cannot be cured with prescription drugs. That is because they are caused by the nutritional deficiencies of the standard American diet. This course will show you how to treat your chronic disease with the biblical cure: fruits, vegetables, and water.

Instructor: Bill Young is a certified holistic nutritionist, a member of the American Association of Diabetic Educators and a certified reiki practitioner.

STRIVE: The Psychology of Recovery—PASCEP0050

Course Fee: $35.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.

This course uses a combination of philosophy and metaphysics as an approach to address psychological disharmonies that are experienced daily by people of all lifestyles. The process of recovery is defined and examined. Several principle wellness action plans and approaches are used as educational tools such as the STRIVE Motivational Recovery Model, color therapy and laugh therapy.

Instructor: Fatima Abdul Johnson, DM, RM, PhD, is the CEO and founder of S.T.R.I.V.E. Motivation, Inc., a nonprofit organization providing recovery support, counseling and advocacy for individuals in recovery from mental illness and substance abuse.
HEALTH AND WELLNESS / NIA, continued

Tapping the Power Within—PASCEP0501
Course Fee: $35.00 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This is a Group-Coaching experiential course that will require you to look deeply at your life to discover why it is the way it is and what you can do about it! This course will focus on practical tools and techniques that will enable you to live a more fulfilling and flourishing life. Based on empirical evidence, you will learn proven strategies and step-by-step formulas to achieve more success in your career and personal life. You will develop a road map for putting your dreams to the test by applying universal laws and time-tested success principles.
Instructor: Adesanya Karade is a Results and Life Coach specializing in Transition and Transformation. As a member of the International Coach Federation, Adesanya received Coach Training at the University of Pennsylvania, Coach University and Coach Training Institute. Adesanya has worked internationally and conducted trainings in Zimbabwe, South Africa, Kenya, Tanzania, Ethiopia, and South America. She has been a PASCEP instructor since 1995.

Throw the Fish Back In: Dating and Domestic Violence, Prevention/Awareness—PASCEP0606
Course Fee: $25.00 (5 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
November 6 – December 4
Are you tired of being involved in long term dead end, often times verbally, emotionally, physically, and sexually abusive relationships? If your life or your mate were a fish, sometimes you just...sometimes you must...“Throw the fish back in.” The Community Empowerment Group presents this course on dating and domestic violence prevention/awareness. This course is intended to provide individuals with skill sets to help them achieve their infinite possibilities and increase their chances of having healthy intimate dating relationships.
Instructor: Gwendolyn M. West-Sutton grew up in the Temple University area. She has an Associate’s degree from Community College of Philadelphia and Bachelor’s degree from Temple University. Mrs. West-Sutton is a 20-year veteran employee of the Pennsylvania Department of Human Services and the Executive Director of the Community Empowerment Group, a nonprofit community service corporation, which she founded in 2012.

Walking Into the Rainbow: The Path to Spiritual Development—PASCEP0054
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
If you are curious about spiritual development, yet have no prior knowledge or experience, then this class is for you. This class will present ancient sources for spirituality, such as auras, chakras, and spiritual communication, in a slow, practical, and safe step-by-step workshop. The class adopts information from many religions, spiritual philosophies, and sciences in order to demonstrate the spiritual exploration and examination taken up by initiated practitioners and priests/priestesses. This course will also explore the historical dynamics of dance, music, and art in spiritual development.
Instructor: Betty Alridge is a Yoruba priestess of Shango and Egun for more than 40 years, a professional dancer, teacher, and choreographer for 30 years in Philadelphia. Betty received her Bachelor of Fine Arts degree in dance from Temple University and has taught both in the University and with PASCEP.

LANGUAGE STUDIES / KUUMBA

American Sign Language—PASCEP0014
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This ten-week course is designed for students who have no previous knowledge of American Sign Language (ASL).
Instructor: Baron Roane attended the Philadelphia School for the Deaf and was an outstanding student in the Pan-African Studies Community Education Program’s American Sign Language course.
Introductory Arabic—PASCEP0001
Course Fee: $40.00  (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This introductory course covers grammar, writing and conversational Arabic. The instructor will provide information about the different forms of Arabic letters and the vocalization of each letter, along with an introduction of the Arabic alphabet, the Short Vowels and an introduction of naughty letters.
Instructor: Hajji MuMin Abdullahjihad attended Muslim Teachers College, Randolph, Va. He has taught Introductory Arabic for two decades (Montgomery and Philadelphia Masajid) and provided assistant instruction with Yahya Abdul-Malik at PASCEP since 2014.

Conversational Spanish—PASCEP0055
Course Fee: $40.00  (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
This course is for students who have a basic knowledge of Spanish and desire to engage in normal, everyday conversations with Spanish speakers. The course will provide language practice and exposure to Hispanic culture as well.
Instructor: Janice Smith holds a Bachelor’s degree from the Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.

Introduction to Spanish—PASCEP0006
Course Fee: $40.00  (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course is for students who wish to acquire a basic knowledge of Spanish and to be able to engage in normal, everyday conversations with Spanish speakers. The course will provide some exposure to Hispanic culture as well.
Instructor: Janice Smith holds a Bachelor’s degree from The Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.

Introduction to Yoruba—PASCEP0056
Course Fee: $30.00  (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
November 7 – December 12
This is an elementary course in the Yoruba language. Yoruba belongs to the family of the West African: Niger-Congo linguistic grouping. This class will provide each student the chance to discover the linguistic components: the phonetics, morphology, syntax and semantics of Ebonics or its forms. The Yoruba is unique and alive in the epic memories of the Africans in the Americas as seen in Brazil, Cuba, the Caribbean and the United States. This Yoruba class introduces the student to the basic factors of Yoruba linguistics and more.
Instructor: Abayomi Oladeinde holds a Bachelor’s degree in education, Master of Social Work degree from Temple University and is a doctoral candidate in educational leadership and behavioral health at Grand Canyon University.

PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA

Art and Creativity@The Colored Girls Museum—PASCEP0602
Course Fee: $30.00  (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
October 4 – November 1
Explore your creativity at The Colored Girls Museum (TCGM); a house museum in historic Germantown, dedicated to the celebration of the ordinary/extraordinary colored girl. Paint and draw from the museum artifacts. View and discuss artist work. Students should bring basic art supplies (a list will be provided). This class is for anyone interested in exploring the arts and their own creativity. In addition to TCGM we will also visit the Barnes Foundation. No previous experience required. TCGM Link: http://www.thecoloredgirlsmuseum.com/
Instructor: Michael Clemmons is a visual artist/curator (The Colored Girls Museum) and the Associate Director (Workforce Development) of Temple University’s Center for Social Policy and Community Development; with 30 years’ experience in community engagement and the arts.
PROFESSIONAL DEVELOPMENT/UJAMAA, continued

Basic Design/Sewing—PASCEP0037
Course Fee: $40.00  Section 1 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Course Fee: $40.00  Section 2 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course will teach zipper setting, button hole making, seaming and hemming using the sewing machine. Students will also learn how to pick fabric, patterns and notions. Students will have fun creating their own fashion statement, whether in a garment, tote bag and other items. Tips on entrepreneurship will be included. Bring your own fabric and projects.

Requirement: Students should bring a portable sewing machine to class.

Instructor: Rebecca Gaskin is a retired professional freelance fashion designer. For more than 30 years, she has coordinated fashion shows and has consulted for weddings and churches.

Crochet: Basic and Beyond—PASCEP0047
Course Fee: $35.00  (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course is for beginner/intermediate hookers. Students will learn terminology and techniques. They will also read and follow patterns to help them make anything including dolls, table runners, garments and afghans. Students are required to bring a size G/4.5mm crochet hook or larger and a skein of 4 ply worsted weight yarn of solid light or medium colors. (No black or multicolored yarns).

Instructor: Cora Williams is a master crochet artist who has over 30 years of experience in the art. She also specializes in crocheted jewelry and dolls.

Estate Planning—PASCEP0402
Course Fee: $25.00  Session 1: (5 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m. October 4 – November 1
Course Fee: $25.00  Session 2: (5 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m. November 8 – December 13
Many people spend more time planning their vacations than planning their estates. Estate planning is much more important. It is not just planning for what happens to your property, it is about what happens to you in the event of an untimely accident or death. You will learn the purpose of an estate plan.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in Public Administration. She is also the founder of Footprints to Success.

From Law 101 to Civic Empowerment—PASCEP0604
Course Fee: $35.00  (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m. October 4 – November 1
This course will give you a basic understanding of our legal system and laws that affect us every day like contracts, landlord-tenant, criminal, employment, etc. while helping you explore the role you play in it. Learn legal infrastructure and fundamentals for developing a strategy to address social ills. The course includes learning substantive areas of the law such as criminal, custody, contracts, and constitutional law examining one’s own life and social map to create a plan. You will be provided with tools and resources to navigate our legal and political systems.

Instructor: Karla L. Cruel Esq. is a graduate of Drexel University, St. Joseph’s University, and Drexel’s Thomas Kline School of Law. A former high school math teacher, now turned attorney, she focuses her work on empowerment through legal education.

How to Publish Your Own Book—PASCEP0036
Course Fee: $35.00  (8 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.
Publishing requires diligence, focus and the ability to see the book as the final product. Each week there will be lessons and assignments that will assist in the process. In the end, the students will understand how to self-publish and create and market their books. Students should have begun to write their manuscripts to receive full benefit from this class.

Instructor: Ann P. Martin received a Master in Social Work from the University of Pennsylvania. She is a retired program analyst and social worker with the City of Philadelphia. She is an author and publisher.
Orange is the New Black: An Inside Look at Reentry for Returning Citizens & Communities—PASCEP0605
Course Fee: $20.00
Section 1: (5 Weeks) Wednesdays, October 3 – October 31, 5:30 p.m. – 7:00 p.m.
Section 2: (5 Weeks) Wednesdays, November 7 – December 12, 5:30 p.m. – 7:00 p.m.
This course shall provide an inside look into reentry and help returning citizens, people with criminal backgrounds, and the general public. The course purpose is to teach participants how to understand and navigate our criminal justice system. It will also provide effective dialogue and frank and open discussion regarding relevant topics to address participant’s challenges.
Instructor: Jeffrey Abramowitz was a civil trial lawyer in Philadelphia for over 20 years when several poor choices led to a federal indictment and a sentence of five years in the custody of the Federal Bureau of Prisons. Jeffrey is a director of adult education and has been instrumental in blending adult education and workforce development programs through an upskilling clinic at PA CareerLink. Jeff also co-facilitates the Temple University New Opportunities workshops.

Tapestry Crocheting—PASCEP0607
Course Fee: $30.00
(5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
October 3 – October 31
What do you know about Tapestry Crochet? Have you produced? You probably have, you just didn’t know it. It is turning a single crochet into a picture. This course is for the intermediate/advanced crochet artist. Learn to create your own designs from sketch to graph. The instructor will walk you through the process from conception to creation. Techniques to add designs such as, chevrons, hearts, and monograms are taught. Each session is divided into two components: 1) concepts and 2) practice. Bring your crochet starter kits, pencils, 2 contrasting solid color yarns, graphing paper and a plain sketchbook. Most Items are available at Dollar Tree.
Instructor: Jimella Monroe is a crochet artisan with more than 20 years ‘ experience. She is also the CEO/Chief Creative Designer for Jimise4U, LLC. Ms. Monroe has developed a line of cultural sensitive crocheted dolls, “Brown Girl Dolls” that are customized to resemble the recipient of this beautiful handcrafted gift.

Grant Proposal Writing–PASCEP0013
Course Fee: $40.00
(3 Weeks) Wednesday, 5:30 p.m. – 7:00 p.m.
October 3 – October 17
The Grant and Proposal Writing course is designed to help community-based nonprofit organizations to plan, organize, write and submit applications for funding of their programs and services. Students will learn how to find the right funding sources that best match their organization’s mission and public policy goals. This course is not suitable for students interested in securing resources for small businesses.
Instructors: Shirley Moy, BSW, MSW, is Executive Director of Temple University North Philadelphia Workforce Initiative. She has extensive experience in proposal writing and has been successful in obtaining grants from foundations, contracts from multiple local and state government agencies, and awards from various federal agencies Link Martin, MSW, has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has an extensive background in the development of nonprofits, human service management and fund development.

WORKFORCE CONNECTIONS HUB
Temple’s Office of Community Relations, the Pan-African Community Education Program and PA CareerLink have teamed up to offer employment preparation and online job-search tools to local residents. See page 7. The WORKFORCE CONNECTIONS HUB is available Monday through Thursday, 1 p.m.–5 p.m. Services include:
• daily access to computer basics and internet services;
• assessment for secondary and postsecondary education;
• assistance with online job search, job readiness and training tools; and
• Community Thursday Workshops with PA CareerLink, Graduate! Philadelphia, Temple HR and other organizations.
PROFESSIONAL DEVELOPMENT/ UJAMAA, continued

Grant Writing Certificate Program—PASCEP 0415
Course Fee: $350.00 (6 Weeks) Wednesdays, 5:30 p.m. – 8:30 p.m.
October 24 – December 5

This flexible certificate program provides supervisors, managers, directors and emerging leaders with an opportunity to learn and practice skills in developing successful proposals to obtain external funding. The Grant Writing Certificate Program will cover the basics of grant seeking and writing, enabling anyone with an interest in the topic to get started on the grant writing process. After completing the modules, participants will be familiar with steps of the grant writing process, and have basic knowledge about the types of grants available and how to look for them. This certificate program is beneficial for anyone who is interested in grant writing but is not sure how to get started. It will also help experienced academic researchers, non-profit organizations and freelance writers to write grants more confidently and improve their grant writing game.

This program has been approved for 15 social work continuing education hours and 1.5 CEUs

Each module within the certificate program has been approved for 2.5 continuing education hours through Temple University Harrisburg, a PA State Board of Social Workers, Marriage and Family Therapists, and Professional Counselor pre-approved provider of continuing education. These credit hours satisfy requirements for LSW/LCSW/LMFT/LPC biennial license renewal.

**Instructors:**
Shirley Moy, BSW, MSW, is Executive Director of the Temple University North Philadelphia Workforce Initiative. She has extensive experience in proposal writing and has been successful in obtaining grants from foundations, contracts from multiple local and state government agencies, and awards from various federal agencies.

Link Martin, MSW, has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has extensive background in development of nonprofits, human service management and fund development.

Community Health Workers Certificate Standalone Sessions:
Continuing Education Units awarded

Social Determinants of Health: Ecological Model Workshop—PASCEP0450
Workshop Fee: $50.00 Section 1: Wednesday, November 7, 5:30 p.m. – 8:30 p.m.
This workshop will prepare participants to list examples of social determinants of health; explain how ecological factors influence health behavior and apply the ecological model to analyze individual, family, community and societal factors that influence health behavior and behavioral change.

Social Determinants of Health: Health Beliefs Workshop—PASCEP0450
Workshop Fee: $50.00 Section 1: Wednesday, November 14, 5:30 p.m. – 8:30 p.m.
This workshop will prepare participants to recognize preconceived notions/biases about illness, lifestyles and appearance and analyze how personal health beliefs and culture influence health behaviors.

**Instructor:**
Susan Washinger has been engaged in the field of adolescent sexual health for twenty years as an educator and a program administrator. Susan has worked on federal, state and local initiatives to support ASH. Under a project funded by the Center for Disease Control, Susan was involved in the first efforts to promote rigorous evidence-based approaches to teen pregnancy prevention. Susan also has experience working with diverse communities across the Commonwealth, providing STD and HIV/AIDS education, contraceptive education, youth leadership development, and technical assistance on program development.

Susan obtained her Master of Health Education from Penn State University. Currently, Susan is the Director of Temple University Harrisburg Institute on Adolescent Sexual Health.
Temple University Harrisburg in collaboration with PASCEP is now offering the following Professional Development programs:

- Introduction to Grant Writing
- Grant Writing Certificate
- ONLINE Certificate in working with Veterans and their families (self-paced)
- Social Determinants of Health: Health Beliefs
- Social Determinants of Health: Ecological Model

*CE credit hours awarded for each course

For more information about Temple Harrisburg
visit: harrisburg.temple.edu
TECHNOLOGY/TEKNOLOJIA

Creating Professional Spreadsheets: Microsoft Excel—PASCEP0003
Course Fee: $40.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course focuses on the fundamental concepts of how to create stunning and effective spreadsheets using Excel. All of the basic terminology, concepts and techniques are learned as students create workbooks.

Instructor: Maurice E. Kennedy Jr., is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

Developing Dynamic Databases: Microsoft Access—PASCEP0048
Course Fee: $40.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
Students will learn the methodology to create and support Access database end-user applications that are menu-driven, fully-functional, intuitive, effective and efficient.

Prerequisites: An administrator desktop or notebook PC account. A complete installation of Microsoft Office 2010.

Instructor: Maurice E. Kennedy Jr., is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

COMING FALL 2019 How Do I Use This Phone: Android and iPhones—PASCEP0060
Course Fee: $35.00 (5 Weeks)
Students will learn how to use androids and iPhones. Instructions for downloading apps for health, finance tracking or personal entertainment will be demonstrated. Learning about cell phones and their features are essentially important when purchasing and determining the cost of plans and services.

Instructor: Jermaine Millhouse graduated with a Bachelors and Master Degree in Marketing and Business. He has developed marketing campaigns for top celebrities Sean P. Combs, Will Smith, Russell Simmons, and more.

Introduction to Personal Computers Intermediate—PASCEP0018
Course Fee: $40.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Take this hands-on, intermediate course to strengthen your computer skills. Students will review the basics and background of personal and work computers. Windows 10 operating system is the current system used for employment. Learn how to efficiently use your computers for organizing your work or home tasks, cleaning your computer for productivity and maximizing your effectiveness when performing technology tasks at work.

Instructor: Olayinka Olabinjo is a senior technical support specialist for Temple University. He has more than 7 years of experience in computer science and information technology. Among his degrees are a PhD in bioinformatics from Temple University and a BA degree from Drexel University in computer science.

Do You Know a Young Person Ages 18 to 24 Who Needs Job Skills & GED Test Prep?
JEVS Human Services is Recruiting NOW for July 2018 Project WOW!
Program is FREE and offers Building Trades & IT Training
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FALL 2018
COMMUNITY THURSDAY WORKSHOPS

Mental Health First Aid—PASCEP0900

Course Fee: Free  
Section 1: Adult  
Thursday, October 3 – October 4, 5:00 p.m. – 9:00 p.m.

Course Fee: Free  
Section 2: Youth  
Thursday, October 11 & October 18, 5:00 p.m. – 9:00 p.m.

Course Fee: Free  
Section 3: Veterans  
Wednesday, December 12, 5:00 p.m. – 9:00 p.m.

Course Fee: Free  
Section 4: Older Adults  
Thursday, December 13, 5:00 p.m. – 9:00 p.m.

Mental Health First Aid is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses. A certificate is awarded to successful completers.

Instructor: City of Philadelphia Department of Behavioral Health and Intellectual DisAbility Services

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