PASCEP
PAN-AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM

SPRING 2019 NON-CREDIT COURSE GUIDE

KEEPING THE COMMUNITY INFORMED

PASCEP is sponsored by the Temple University Office of Community Relations

The late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community.
Message from the Director

Welcome to another exciting semester at the Pan African Studies Community Education Program. It is an honor to provide administrative leadership in a program that has provided such rich and relevant resources to the community. As I perused through the history of this program, my heart was overwhelmed with the spirit, culture and compassion of the founders and past administrations. I am humbled that the elders and ancestors of this program have entrusted me with this “Diamond” of Temple University.

My vision is to “Embrace the Past to Shape the Future.” We will provide 21st century, relevant, cultural, spiritual, intergenerational, and personal programming to enhance, advance, motivate and exhilarate every individual who attends. The foundation of health, wealth and knowledge will be preserved.

Ulicia Lawrence-Oladeinde

The Pan African Studies Community Education Program

Program Motto: Keeping the Community Informed.

Program Mission: To strengthen the knowledge of the community through low cost non-credit continuing and basic adult education courses facilitated in collaboration with Temple University faculty, business experts and community volunteers.

Program Vision: To “Embrace the Past to Shape the Future” through information and education of adults and families across the city of Philadelphia.

Brief Program History

The Pan-African Studies Community Education Program (PASCEP) is a unique and multi-faceted program founded in 1975 by the late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community. TU staff, volunteers and students enrich the learning experience making for a more informed community with the commitment to develop self, others and bring positive change in the community, society and the world.

Prior to coming to Temple in 1979, the Community Education Program was held in neighborhood schools, churches and centers. University faculty volunteered time to teach classes. Ms. Hyman later obtained the support of Dr. Odeyo Ayaga, who was then the Pan-African Studies Department Chair, to seek Temple University’s sponsorship of the program. In the Spring of 1979, the University incorporated the program with PASCEP becoming the community outreach component of the Temple University, Pan-African Studies Department, subsequently re-named the African American Studies Department.

Many faculty members of Pan-African Studies and other departments continued to volunteer and provide quality administration to PASCEP: Muriel Feelings; Yumi Odom; Maisha Sullivan-Ongoza; Dr. Molefi K. Asante; Willie Rogers; Dr. Rita Smith; Dr. Tran Van Dinh; Professor Sonia Sanchez; Professor Jacqueline Mungai; Dr. Barbara Hampton, of Pan-African Studies; Dr. Audrey Pittman; Dr. Thaddeus Mathis; Dr. Wilbert Roget, Afro musicologist; Harrison Ridley Jr. of WRTI-FM; and a host of others. Much gratitude is given to these elders for setting a firm foundation of transformational and servant leadership.

PASCEP continues to garner the knowledge and talents of volunteers who come from myriad professions and all walks of life. Since 1975, more than 424 courses, 275 lectures/seminars and over 88 workshops have continued to be taught by volunteer professionals whose purpose is to educate the community at large and give back to others what they have received in knowledge, skills, and inspiration.
PAN-AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM

SPRING 2019 SEMESTER CALENDAR

ONLINE REGISTRATION: Monday, November 5, 2018

WALK IN REGISTRATION: Tuesdays, Wednesdays, and Thursdays, January 8, 2019 – January 31, 2019
Hours: 1:00 p.m. to 6:30 p.m.

LATE REGISTRATION (Walk-in Only): Monday – Thursday, February 4, – February 7, 2019
Hours: 1:00 p.m. to 6:30 p.m.

DROP/ADD (Walk-in Only): Submit written request via email to pascep@temple.edu.
No request can be honored after the first week of class.
You may also bring written request to the PASCEP administrative offices.

Academic Class Assessments: (Test of Adult Basic Education) By Appointment Tuesdays and Wednesdays,
January 8 – January 30, 2019
Assessment is mandatory for all academic classes

PASCEP Spring Semester Begins: Monday, January 28, 2019

PASCEP 5-Week Classes, Section 1: Monday, January 28 – Thursday, February 28, 2019

PASCEP 5-Week Classes, Section 2: Monday, March 11 – Thursday, April 11, 2019

Spring Break: Monday, March 4 – Thursday, March 7, 2019
Check with the instructor for any changes

PASCEP 8-Week Classes: Monday, January 28 – March 21, 2019

PASCEP Spring Semester Ends: Thursday, April 11, 2019

Closing Ceremony: Friday, April 12, 2019

You must be 18 years or older to enroll in PASCEP (except Intergenerational Activities).

PASCEP Office Location: Entertainment and Community Education Center
2nd Floor, Room 220
1509 Cecil B. Moore Avenue
Philadelphia, PA 19121

(PHONE) 215-204-1993 • (FAX) 215-204-8171
Website: http://noncredit.temple.edu/pascep
Email: pascep@temple.edu

PASCEP Information Line: 215-204-1993
KYW Radio’s Snow Emergency Information: Listen for Call Number 2120
Visit the PASCEP Website: http://noncredit.temple.edu/pascep
Registration Process

Registration for PASCEP classes is completed through Temple University’s non-credit and continuing education system (DestinyOne). You can create a free account using your personal computer or you can call our offices (215-204-1993) and we will create a student account for you. Create a free account by entering your profile information into the TU secured system and enjoy checkout and payments with credit cards electronically. PASCEP only accepts money order and credit card payments. All discounts are processed via money order only. PASCEP staff can assist you with payments during walk in registration.

• Once you receive a student number (ex. X01010) you will use the same account number to enroll in any non-credit courses offered at Temple. You must have an accessible email address prior to creating your account in DestinyOne. (Record your user name and password once created.)

• If you do not have an email address, you can create one using Google, AOL, Yahoo, Hotmail, etc. (Assistance is available during walk-in registration dates.)

• In order to apply for courses, revise your profile, request class changes, make inquiries and special requests, you must have access to your DestinyOne account.

In your browser type: noncredit.temple.edu/pascep.

Create a Temple University DestinyOne Account

NOTE: If you have previously taken a non-credit or continuing education course, you may already have an account. You can contact destyn1@temple.edu or call 215-204-4866 with questions. These steps guide you through the DestinyOne registration process:

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple University PASCEP page should appear.
2. Click the “Login” link in the upper right hand corner. Then, click “Student Login.”
3. New applicants will place their email address in the box labeled “I am a new DestinyOne user.” Follow the prompts as they appear and record user names and passwords.
   • You will be asked to provide your name, gender, email address, phone number, and mailing address.
   • You can also tell us a little bit more about your learning goals and select the specific program(s) in which you have interest.
4. Former students should login through the middle box labeled “DestinyOne Account Login. DO NOT remove the TU_. You must have access to your email to retrieve forgotten passwords.
5. Follow the prompts on the screen. Once completed click the “Submit” button.
   • You will receive several emails providing your account information.

How to Enroll in a PASCEP Class

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple PASCEP page should appear.
2. Scroll down the page below the Course Guide until you reach the “Courses” section. Courses are arranged in alphabetical order or click the gray arrow to search by course number.
3. Click on the name or number of the course and another screen will appear with the course description and enrollment box.
4. Add the Course section to the cart (Click Add to Cart). You will be prompted to continue to shop (Keep Shopping) or Check out.
5. Checking out will bring you to view everything in the cart. You may keep the selections or remove them (If you make any changes remember to hit the Update button). Choose the checkout button again.
6. This will bring you to Log In or Create an Account screen. Follow the instructions above for creating an account (I am a new Destiny One user) or enter your DestinyOne Account Login.

7. After Log in, the payment screen will appear.

8. If paying by credit card hit the radio button for “Paying by credit card” or hit the button, “I would like to pay by another method” and the PASCEP office will receive your request.

9. The system holds your checkout selections to be processed when you come to walk in registration at the PASCEP office. If you close the checkout process prematurely, Destinyone@temple.edu will send you an email and you may resume your checkout process.

ID CARDS WILL BE ISSUED TO THOSE WHO REGISTER BEFORE THE FIRST WEEK OF THE SEMESTER (JANUARY 25)

COURSE FEES

Payment Options:

Credit and Debit Cards
- Online registrants may pay via credit or debit card. “Bank Gift Cards” with the VISA logos are accepted for credit card purchases. Hold the gift card until all classes are completed. Refunds are placed back on the gift card if a class is cancelled.
- Your personal computer/devices can be used to process your credit/debit/gift cards payments or payments are processed in the PASCEP office on a secured system during the open registration period.

Money Orders
- Available to walk-in applicants during open registration.
- All money orders are to be made payable to Temple University. Each money order must be completely filled out by the purchaser.
- The dollar amount ($) of each money order must match the course fees. Money orders will be refunded via Temple University checks.

WE REGRET THAT WE CANNOT ACCEPT CASH OR PERSONAL CHECKS

Senior Citizen Discount:

Seniors are eligible to attend one course per semester at $10.00 when taking 2 or more courses. A course fee of $10.00 will be applied to the lowest course fee. Regular fees apply for each additional class selected.

You may register online for classes however, DO NOT PAY FOR DISCOUNTED COURSES ONLINE. Seniors will only receive discounts at walk in registration with presentation of proof of age. Seniors cannot receive reimbursement for courses processed online. Acceptable forms of ID: Original State Issued Birth Certificate or Driver’s License. Eligibility: You must be age 65 or older at the time of registration. (Example: you complete registration for one class online at full price. The second course should be paid at the PASCEP office during walk in hours. Inform the registrar that one class has been paid and you would like to enroll in the discount course. Once the first class is confirmed you may pay with a credit card or money order for the discounted course.)

Refunds:

Refunds of course fees are issued only if a class is cancelled. Students who choose to not attend classes cannot receive a refund. Discounted courses are not refunded unless processed through the PASCEP office. All refund requests must be submitted in writing.
Low Enrollment Class Cancellations:
Temple University reserves the right to cancel a course due to insufficient enrollment or other unforeseen circumstances. If a course is cancelled for any reason, you will be notified and your entire course fee will be refunded. You will have the option to enroll in another course. Financial adjustments will be made if there is a difference in the new course selection.

Wait List:
If registration for a class becomes full, DestinyOne will place you on a wait list. You will receive an email from the system about your “wait” status. If a space become available, you will receive another email to register for the class.

Drop/Add Courses:
In order to drop/add a course, you must come to the PASCEP office (room 220) during the designated drop/add dates and times. Drop/Add occurs during the first week of classes (five or ten week courses). Request must be in writing or via email.

Certificates of Participation:
Participants receive a Certificate of Participation who attend 80% of each course (Example: 80% of 10 week course is 8 sessions of 10, 80% of 5 week course is 4 sessions of 5). Certificates are issued at the end of course, if your instructor has completed their attendance. If not, certificates will be issued at the “Closing Ceremony” or in the first two weeks of the following semester. Certificates are only held for two semester (one year). After one year, we can print your transcript from Destiny One for courses completed but certificates will no longer be available.

WHAT’S THE NEWS?/HABARI GANI
COMMUNITY THURSDAY WORKSHOPS

PASCEP Council of Elders —Forum:
Veteran member and elder attendees of PASCEP will discuss the History of PASCEP—Past, Present, Future. Guest professors and former administration of PASCEP will provide insight, overview and forecasting for the sustainability of the program.

Thursday, February 21

Community and Culture: A Dialogue in Relationships
PASCEP will host effective dialogue between PASCEP instructors, students and interested neighbors. All are welcome

Thursday, March 14

Adult Civic Education Summer School
We will explore the civil rights movement and its effect on present academic, economic and social conditions.

Monday, June 3–Thursday, July 11

Mental Health First Aid Training Adults

Wednesday, February 20–Thursday, February 21

Mental Health First Aid Training Youth

Wednesday, March 20–Thursday, March 21

Mental Health First Aid Training Higher Education

Wednesday, April 3–Thursday, April 4

Workshops are Free to the Community!
Certificates awarded for Mental Health First Aid Training classes by the Department of Behavioral Health and Intellectual disAbilites Services. You must attend 8 hours for each training section. Registration is required! Noncredit.temple.edu/pascep
EDUCATIONAL AND INFORMATIONAL COURSES
• 3-10 week classes Fall and Spring
• Free Community Thursday Workshops
• Certificate programs (nominal fee)

REENTRY SERVICES
• Reentry Workshop every Tuesday, 9 a.m. – 12 p.m. (National Workforce Opportunity Network and reentry affiliates)
• Career coaching, and employment placement are available

KEYSPOT
• Free Internet access Monday – Thursday, 1 p.m. – 5 p.m. except during workshops.
• Computer basics classes and individual assistance available upon request.

WORKFORCE CONNECTION HUB
• Collaboration of PA CareerLink, Graduate Philadelphia, Office of Adult Education, and Temple University Human Resources.
• Access to assessment, employment skills, training opportunities, and advancement for post secondary education.
• Workshops are offered every Thursday by various partners.

REGISTER TODAY FOR INDIVIDUAL ASSISTANCE
Temple University– Office of Community Relations
PAN AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM (PASCEP)
1509 Cecil B. Moore Ave., 2nd. Floor
Philadelphia Pa 19121
215-204-1993, pascep@temple.edu

COMMUNITY FORGIVENESS AND RESTORATION
Faith Based Re-Entry Program
(A Support System For Our Returning Citizens)

The Community Forgiveness and Restoration Initiative is an assembly of clergy, community leaders and members, and rehabilitated and transformed incarcerated citizens, working together to educate and effectuate faith based solutions to crime prevention, public safety, criminal justice and prison reform, and effective behavior and mental health examination and treatment for our confined citizens. We propose to do so by meeting the spiritual, psychological, emotional and physical needs of our community, through forgiveness and restoration of our rehabilitated incarcerated citizens.

2949 W. Clearfield Street • Philadelphia, PA 19132 • 484-368-6289
email: community.forgive.restore@gmail.com
https://www.facebook.com/Community-Forgiveness-Restoration-Initiative
Website: communityforgivenessandrestoration.org
## Calendar of Courses

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<tr>
<td>Automating Your Business To Increase Your Revenue, 3 weeks, page 16</td>
<td>Brand Me: Social Media and E-business, 5 weeks, page 16</td>
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<td>Exploring Entrepreneurship, 5 weeks, page 17</td>
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<td><strong>5:30 PM – 7:00 PM</strong></td>
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<td>Academic Enrichment, 10 weeks, page 11</td>
<td>Academic Enrichment, 10 weeks, page 11</td>
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<td>The Authentic Love Experience: In Sickness and in Health on All 6 Dimensions, 6 weeks, page 23</td>
<td>Basic Design/Sewing, Section 1, 8 weeks, page 25</td>
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<td>Introductory Arabic, 10 weeks, page 24</td>
<td>Discovering You—An Introduction to Acting, 5 weeks, page 20</td>
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<td>How to Develop an African Centered Rites of Passage Program, 10 Weeks, page 13</td>
<td>Our Music—Does It Still Matter, 10 weeks, page 14</td>
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<td>Making the Most of Your Money, 5 weeks, page 17</td>
<td>Financial Literacy, 5 weeks, page 18</td>
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<td>Mathematics 101, 10 weeks, page 11</td>
<td>Free Your Mind: Change Your Life, 5 weeks, page 20</td>
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<td><strong>7:00 PM – 8:30 PM</strong></td>
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<td>Academic Enrichment, 10 weeks, page 11</td>
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<td>Conversational Spanish, 10 weeks, page 24</td>
<td>American Sign Language, 10 weeks, page 24</td>
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<td>Finding Your Queen, 10 weeks, page 13</td>
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<tr>
<td>How to Own Your Own Real Estate, (7:00 p.m. – 9:00 p.m.) 6 weeks, page 17</td>
<td>Crochet: Basic and Beyond, 10 weeks, page 25</td>
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<td>Moors History and Etymology, 10 weeks, page 14</td>
<td>Developing Dynamic Databases: Microsoft Access, 10 weeks, page 29</td>
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<td>Money Smart: Breaking Out of Your Mess, Sections 1 and 2, 5 weeks each, page 19</td>
<td>Hip Hop Therapy, 8 weeks, page 21</td>
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<td>Women's Self Defense: Mshindi Vita Saana, 3 weeks, page 15</td>
<td>Kwame Ture Speaks: From Black Power to Pan Africanism, 10 weeks, page 13</td>
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<td>Learn to Apply Disruptive Technology, Strategy &amp; Leadership to Change Circumstances (7:00 – 9:00 p.m.), 10 weeks, page 30</td>
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<td>Sick of Being Broke, Section 1, (7:00 p.m. – 9:00 p.m.) 8 weeks; Section 2, (9:30 a.m. – 12:00 p.m. Saturdays) 4 weeks; page 19</td>
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<td>Throw the Fish Back In: Dating and Domestic Violence Prevention/Awareness, 5 weeks, page 23</td>
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**WEDNESDAY**

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<td>5:30 PM – 7:00 PM</td>
<td>Academic Enrichment, 10 weeks, page 11</td>
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<td>Alternative Workforce Development Skills, 5 weeks, page 15</td>
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<td>Art of the Essay, 8 Weeks, page 11</td>
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<td>Grant Writing Certificate Program, (5:30 p.m. – 8:30 p.m.) 6 weeks, page 27</td>
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<td>Introduction to Non-Profit Management, 10 weeks, page 18</td>
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<td>I AM BIGGER, 5 weeks, page 21</td>
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<td>Introduction to Yoruba, 5 weeks, page 25</td>
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<td>Message in Our Music, 5 weeks, page 14</td>
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<td>Orange is the New Black: Inside Reentry, Sections 1 and 2, 5 weeks each, page 26</td>
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<td>Pan Africanism: From an African Perspective, 5 weeks, page 14</td>
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<td>Social Studies and Economics, 10 weeks, page 11</td>
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<td>Universal S.T.E.M., 5 weeks, page 12</td>
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<td>7:00 PM – 8:30 PM</td>
<td>Academic Enrichment, 10 weeks, page 11</td>
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<td>Entrepreneurship: PhillyFirst—Innovations for Returning Citizens, 5 weeks, page 16</td>
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<td>Living on Fragments: Access Resources to Stretch Your Budget, 10 weeks, page 19</td>
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<td>The Making of History: Global Africans—The African American Journey, 8 weeks, page 15</td>
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<td>Sahaja Meditation, 10 weeks, page 22</td>
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<td>STRIVE: The Psychology of Recovery, 8 weeks, page 23</td>
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<td>Tapestry Crocheting, 5 weeks, page 27</td>
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**THURSDAY**

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<td>4:00 PM – 5:30 PM</td>
<td>Building Communities, Building Promise, Section 1 and 2, 5 weeks each, page 13</td>
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<td>How to Publish Your Own Book, 8 weeks, page 26</td>
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<td>5:30 PM – 7:00 PM</td>
<td>Academic Enrichment, 10 weeks, page 11</td>
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<td>Addicted to White: The Oppressed in League with the Oppressor, 10 weeks, page 12</td>
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<td>Art and Creativity@The Colored Girls Museum, 5 weeks, page 25</td>
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<td>Discovering You—An Introduction to Acting, 5 weeks, page 20</td>
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<td>Don’t Get Stumped: Entrepreneurship Tools, Sections 1 and 2, 5 weeks each, page 16</td>
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<td>English 101, 10 weeks, page 11</td>
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<td>Introduction to Personal Computers Intermediate, 10 weeks, page 30</td>
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<td>Introduction to Hospitality and Tourism, 10 weeks, page 17</td>
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<td>NGOMA Dance, 6 weeks, page 22</td>
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<td>Optimize Your Health with Plant-Based Foods, Sections 1 and 2, (6:00 p.m. – 7:30 p.m.) 5 weeks each, page 22</td>
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<td>REEL Black America, 10 weeks, page 14</td>
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<td>Walking Into the Rainbow, 10 weeks, page 24</td>
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<td>Creating Professional Spreadsheets: Microsoft Excel, 10 weeks, page 29</td>
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<td>Herbs Really Work, Sections 1 and 2, 5 weeks each, page 21</td>
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<td>Self-Discovery, 10 weeks, page 22</td>
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Register Online Monday, November 5, 2018
We remember Emily H. Rollins, second from left, who was the last of the three women who collaborated on the Community Education Program with Mrs. Annie D. Hyman.
ACADEMIC COURSES / IMANI

Academic Enrichment: Transition to Post-Secondary Education and Preparation for the Workforce—PASCEP0041
Course Fee: $50.00 (10 Weeks) Mondays – Thursdays  
5:30 p.m. – 7:00 p.m. or 7:00 – 8:30 p.m.
Applicants with a GED or HS Diploma are encouraged to attend transitional subjects. PASCEP offers academic application courses to prepare you to transition to college, attend vocational school, or acquire employment. Transition courses focus on the subjects that affect your ability to pass entry exams, employer assessments and placement tests: Math 101, Transitional Math, English 101, Art of the Essay, Social Studies and Economics. These courses provide academic rigor to be successful in trade schools and college. Learn to read academic texts, write academic narratives and advance your Math levels. Social Studies and Economics provide critical thinking, graphs and maps for secondary school completion and college entry. Some textbooks provided. Applicants may take 3 courses in the academic enrichment section.

There are two requirements before a student can begin:
1) Schedule an academic coaching session to determine which classes to attend.
2) TABE Assessment for reading and math levels. Additional Resources will be provided after the academic interview and assessment. You must call 215-204-1993 or email pascep@temple.edu to schedule assessment prior to attending class.

Art of the Essay—PASCEP0042
Course Fee: $25.00 (8 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.  
January 30 – March 22
The Art of the Essay will examine the prose of writers like Frederick Douglass, Ida B. Wells-Barnett, W. E. B. Du Bois, and Anna Julia Cooper. Students will critically analyze excerpts from selected texts and work to compose a short research paper. With reading and writing at the center of the course, participants will use their own life and real world experiences to develop a thesis and explore essential ideas on paper.
Instructor: Stephanie Joy Tisdale is an educator who has experience as a teacher, curriculum writer and also as an associate editor for print/online publication. She is a graduate of Howard University, Lincoln University and Temple University. She loves to cook, sing, listen to music, and take nature walks.

English 101—PASCEP0040
Course Fee: $25.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course is an academic writing refresher. Students will learn to convey thoughts into written words in a clear and concise context using basic writing skills. A review of grammar and punctuation will also be covered.
Instructor: Carl Ivey III is a graduate of LaSalle University and a member of the Pennsylvania Society of Public Accountants. He is retired from the Air Force Reserve and has taught at PASCEP since 1998.

Mathematics 101—PASCEP0101
Course Fee: $25.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This course is designed for the student who needs a refresher on the principles of mathematics. Students learn to read, write and interpret mathematical information; basic fractions, decimals and percent problems. Data, statistics, shapes, and measurements are included. The goal is for students to successfully build math skills for employment, high school equivalency acquisition and the transition to post-secondary education.
Instructor: Edward Coleman is a graduate of Cornell University, where he earned a Masters of Arts degree. He has been a volunteer at PASCEP since 1998. He is also a member of the Association for the Study of Classical African Civilizations (ASCAC).

Social Studies and Economics—PASCEP0110
Course Fee: $25.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The course will cover the study of U.S. government and economics, geographical critical thinking and graphic literacy.
Instructor: Fredia Banks is a graduate of Wilberforce University, where she earned a degree in sociology. She is currently a retired social worker from the City of Philadelphia.
ACADEMIC COURSES/IMANI, continued

Transitional Math—PASCEP0102
Course Fee: $25.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
The purpose of this course is to prepare students for introductory college algebra courses. Students will gain self-confidence when attending credit bearing algebra courses in college. If you have completed your GED credential and plan to attend college or apply for apprenticeships, training, or employment, you will want to take this course to pass math assessments.
Instructor: Akil Parker is a 13-year veteran high school mathematics teacher in the Philadelphia Public School system. He holds a BS in finance from Morgan State University and MEd in Educational Leadership from Lincoln University. He currently teaches at Overbrook High School where his focus is geometry and statistics.

Universal S.T.E.M.—PASCEP0105
Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m.– 7:00 p.m.
January 30 – February 27
This course is an introduction to math, chemistry, physical science and earth science and how it relates to everyday life. Exciting interactions with the environment that prepares you for 21st Century skills and learning. Use what you learn to gain access to new innovative employment opportunities, certification programs and postsecondary education. Educators are invited to use pedagogy/andragogy and learn the psychology of Teaching STEM.
Instructor: Professor Eldred (Jay) Bagley is certified to teach chemistry in Pennsylvania, STEM, 5 years with Temple U. Department of Physics, 5 years with Rowan Department of Math and (Physics) STEM, 25 years with the Philadelphia Board of Education Secondary Education.

AFRICAN AMERICAN STUDIES/TAMBIKO

Addicted to White: The Oppressed in League with the Oppressor—PASCEP0203
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
As hard as it may be to believe, all black people (regardless of age, gender, socioeconomic status, domicile, or religious and political affiliations) are “addicted” to a white value system disorder predicated on narcissism, greed, and violence, which is maintained by the historical shaming of Africans. In order to heal, Africans of “all stripes” must gather together, grounded in the self-help philosophy that nothing so much ensures immunity from active addiction as intensive work with fellow recovering addicts. This course will introduce students to a tested protocol for recovering from white-value “addiction” and all of its self-defeating behavioral consequences.
Instructor: Dr. Jerome E. Fox, PhD, is a graduate of Cornell University and Temple University’s PhD clinical psychology program. Dr. Fox has over 20 years of experience in developing, administering, and analyzing addiction programs.
Building Community: Building Promise—PASCEP0210  
Course Fee: $25.00  
Section 1: (5 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.  
January 31 – February 28  
Course Fee: $25.00  
Section 2: (5 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.  
March 14 – April 11

A truly democratic society relies on its citizens to be informed and ready to act. This course addresses the part we all play in government and the knowledge needed to understand roles and responsibilities in civic government. Discussion ensues around the meaning of citizenship for the disenfranchised communities. Discussion addresses issues related to social and health disparities, policies and systems. Session 2 equips those who would like to actively participate in government with knowledge, resources and opportunities for community engagement. The course explores participation from various points of view including but not limited to: Black, LGBQT, Immigrant, female, etc.

_Instructor:_ Alletta Parris-Olday, is a graduate of Strayer University with a MBA in Public Administration. She is also the founder of Footprints to Financial Success and author of "So you want to be in Business: Know before you go." Her specialty is compliance, taxation and quality assurance. The mission is to create a legacy and develop a path to generational wealth.

Finding Your Queen: Rites of Passage for Women—PASCEP0200  
Course Fee: $30.00  
(10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.

This course is for every woman who wants the opportunity to know herself culturally, confidently, and spiritually. The course is an African Centered Rite of Passage that addresses the issues of becoming one’s best self, the “Queen” self. No matter your ethnic background, there are womanly lessons that make you whole. The sessions are designed to promote sharing in a compassionate and sisterly way. Some of the topics covered are: What is a Queen?, Whose Sistah are You?, The Village Sistah, Health & Meditation and more. In order to participate in the symbolic ceremony, there are 9 core components that must be completed. The course is appropriate for teens and women (aged 16 and above).

_Instructor:_ Vernita “Nana Vee” Terry is known for working to keep culture on the surface of daily life. In 1999, she founded The Whole Village Rites of Passage Program. It has empowered more than 300 youth and 25 adult women while engaging them in cultural and historical events. Nana Vee trained to be a “Ritualistic Dunsini” with Dr. Kwabena Ashanti at North Carolina.

How to Develop an African Centered Rites of Passage Program—PASCEP0201  
Course Fee:$30.00  
(10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.

This course design equips individuals and organizations interested in building a strong Rites of Passage program for the community, church, family group, school or social group. The course includes components of mentoring that must be present to have successful outcomes. Key competencies reviewed include The Definition of Mentoring, From Mission to Mentoring, Types of Organizational Approach, Amount of time needed, Types and Purpose of activities, Outcomes and Assessments, Funding, and the Celebration Ceremony. You will learn how the experiences of The Whole Village Rites of Passage Program derived from authentic African Rituals.

_Instructor:_ Vernita “Nana Vee” Terry is known for working to keep culture on the surface of daily life. In 1999, she founded The Whole Village Rites of Passage Program. It has empowered more than 300 youth and 25 adult women while engaging them in cultural and historical events. Nana Vee trained to be a “Ritualistic Dunsini” with Dr. Kwabena Ashanti at North Carolina.

Kwame Ture Speaks: From Black Power to Pan Africanism—PASCEP 0206  
Course Fee $35.00  
(10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.

This course will be a survey of speeches included in “Stokley Speaks: Black Power to Pan Africanism.” Participants will read the speeches (either portions or in entirety) to glean understanding and solutions to our contemporary problems in our communities. It is critical that we examine the work of our ancestors in order to gain much needed historical context when approaching issues. This will also provide us with insights into Kwame Ture, the person and human rights activist in order to better understand the Black Power Movement and examples of critical analysis put forth by people of African descent.

_Instructor:_ Akil Parker has been a PASCEP GED Math instructor since 2011. He has also been a math and history teacher in the Philadelphia Public Schools System for the past 13 years. As a father of two and a North Philadelphia resident, he believes in the necessity of being a lifelong learner in order to solve community problems.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

Course Fee: $25.00  (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
March 13 – April 10
This course will cover how music of the 60s and 70s shaped civic engagement, political consciousness and social awareness. Environmental factors influence the music and the music shaped social, economic, and geographical reactions. Finally, the course will focus on how all factors help shape current events. What are lasting legacies of that time period? How do we learn from them?
Instructor: Coy Campbell is a native of Chicago, Illinois where he received a Bachelor in Psychology and Masters in Rehabilitation Administration. Mr. Campbell taught in the Indiana public school system and has taught this course at the University of Wisconsin. He is also an accomplished DJ of more than 20 years.

Moors History and Etymology—PASCEP0009
Course Fee: $35.00  (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
In this course students will learn the history of the Moorish Empire in Europe. Students will also be taught that the Moors controlled the spice trade between the 700s and 1300s. Finally, students will learn that the Europeans came to world power by defeating the Moors.
Instructors: Abdullah El Talib Mosi Bey earned a Bachelor of Arts degree from Glassboro State College and a Master of Social Work degree from Rutgers University’s Graduate School of Social Work.
Robert S. Wilkins is a life-long PASCEP student and has served as a class assistant for several years. He has studied Etymology under Abdullah El Talib Mosi Bey since 2007 and has travelled the East Coast assisting with lectures, guest appearances, shows and research in the fields of Linguistics and Etymology.

Our Music—Does It Still Matter—PASCEP0212
Course Fee: $35.00  (10 Weeks) Tuesdays, 5:30 – 7:00 p.m.
An in depth journey into the different genres of our music. Featuring the categories of Gospel, Jazz, R & B, Funk, Swing, Acappella and Soul. The acquired knowledge after the class, will be used for understanding the historical, and emotional role that this music has played to date. Also an involved look at some of the pioneers who, started, changed, created, and elevated the sound. This will be accomplished through Guests Artist/Performers, Guest Speakers, Film (when possible), the Music itself, and the Research.
Instructor: Lamont (Ali) Hackett is a veteran on air personality wo learned from the legends like (Georgie Woods, Jocko Henderson, Hi Lit, etc.) Ali has taken his musical talents and combined them with the history of this music to become one of the living on air authorities on this genre of music.

Pan Africanism Thought: From an African Perspective—PASCEP0211
Course Fee: $30.00  (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
January 30 – February 27
This course traces the history of Pan-African thought. The course intends to provide students with an understanding of the historical and contemporary significance of Pan African thought throughout the Diaspora. Opportunity for dialogue and discussion are essential to assimilation of intended lessons.
Instructor: Abayomi Oladeinde is an adjunct professor in the Temple University Africology department. For 25 years he was an educator in Nigeria. Mr. Oladeinde is a PhD candidate in Educational Leadership and Behavioral Health, Grand Canyon University, 2018

REEL Black America: Perspectives Through Movies—PASCEP0205
Course Fee: $35.00  (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This is an engaging film-based course that investigates what it really means to be Black in contemporary America. Black progress, comedy, class divisions, education, and Black criminalization are but a few of the topics presented as the course examines the phenomena of “Living While Black” in America.
Instructor: Dr. Sharron “Shah” Scott is the founder of REEL Education, a consulting firm that “Teaches through Technology.” Dr. Scott is a veteran K-12 educator, author, and graduate of Temple University where she teaches in the College of Education.
The Making of History: Global Africans—The African American Journey—PASCEP0213

Course Fee: $35.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m

There is no Philadelphia story without the history and the contributions of African Americans, starting as early as 1639. Philadelphia has nearly a hundred (100) historical markers designating the locations of renowned African Americans who contributed to the political, economic, social and cultural history of the city. This course will highlight some of the significant individuals who impacted slavery, racism, civil rights, human rights and women’s rights. The course will also highlight the many Institutions developed by the African American community: churches, schools, literary societies, fraternal organizations and businesses, as well as Institutions founded by African Americans for the purpose of addressing enslavement, racism and injustices in the criminal justice system.

Instructor: Tahiya McCoy Nyahuma is a Professor of Behavioral Sciences, Global Governance and International Economic Development. She has a PhD from the University of Ghana, West Africa in Political Science. In 2001, Tahiya became the co-founder of a not-for-profit organization, HealthLink International, which provides global solutions for developing sustainable healthy communities, through educational collaborations, entrepreneurship, training, and research. In 2017, she co-founded Global Africans, an initiative to research, study and travel to every place in the world where there is an African footprint.

Women’s Self Defense: Mshindi Vita Saana—PASCEP 0209

Course Fee: $20.00 (3 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
March 25, April 1, April 8

Mshindi Vita Saana is an African System of Self-Defense. The MVS women’s workshops use rhythm, strategy, coordination and agility to highlight traditional and contemporary movements. At its core Mshindi Vita Saana reflects the graceful polyrhythms found in African dance and music. Participants will learn through lecture, hands on illustrations and participation. This informative workshop provides a realistic approach to safety and defense that is appropriate for women of all ages regardless of physical condition. Workout sweats suggested attire.

Instructor: Mr. Obadiah Mshindi is CEO of MPACA, Inc. He achieved his expert status of black belt level at the age of 11, and was born into the Mshindi Vita Saana martial art form. Mr. Mshindi is a graduate of Philadelphia University. He is active in the Pan African cultural community. He still vehemently enjoys instructing students, and still occasionally judges and competes at martial arts tournaments winning Grand Champion honors.

Alternative Workforce Development Skills—PASCEP0408

Course Fee: $30.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
March 13 – April 10

The course guides you through the process of working in alternative markets such as Work from Home, Consulting and Entrepreneurship. By the end of the course, you will be versed in the dynamics surrounding alternative markets as well as preparing to be successful as an employee. The course introduces you to the opportunity to work from home in a structured supervised business venture.

Instructor: L. A. Gaskins is a licensed Realtor® at BHHS Fox & Roach Realtors. She is also a tech trainer, motivational speaker and owner of One Heartbeat Services LLC; a company that offers alternative workforce employment across the country. She graduated from Temple University with a BA in Psychology and continued at Villanova University in Project Management.
BUSINESS AND PROFESSIONAL DEVELOPMENT/UJAMAA, continued

Automating Your Business To Increase Your Revenue—PASCEP 0413
Course Fee: $25.00 (3 Weeks) Mondays, 4:00 p.m. – 5:30 p.m.
March 11 – March 25
Does your work day involve a lot of mundane manual tasks? Would you like to easily communicate and collaborate with others effortlessly via mobile? This class is for business owners that want focus to on their core business and not waste time on non revenue generating tasks. We will walk you through your business marketing, operations, and billing with an towards improving your processes. Next, we will explore potential automation technologies that can address these business problems in an efficient manner.

Instructor: Lina Coleman has been providing leadership to businesses working at the convergence of digital systems, marketing, and data driven strategies. Over the course of her career she has worked for large corporations, startups, consulted with small businesses, and served on a number of boards. She holds an MBA, Saint Joseph’s University, and Bachelors University of Pennsylvania.

Brand Me: Social Media and E-business—PASCEP0406
Course Fee: $30.00 (5 Weeks) Tuesdays, 4:00 p.m. – 5:30 p.m.
March 12 – April 9
This course enables students to use marketing communication strategies for self-marketing, planning and strategic personal branding. Students integrate social networking into career branding processes. The course provides instruction in the development and implementation of an effective instrument for displaying your artifacts and monitoring marketing communications strategies (“The Showcasser”) and a realistic performance metric for evaluating your career brand building activities.

Instructor: Jermaine Millhouse graduated with a Bachelors and Master Degree in Marketing and Business. He has developed marketing campaigns for top celebrities Sean P. Combs, Will Smith, Russell Simmons and more.

Don’t Get Stumped: Entrepreneurship Tools—PASCEP0401
Course Fee: $25.00 Section 1: Basic (5 Weeks)
Thursdays, January 31 – February 28, 5:30 p.m. – 7:00 p.m.
Course Fee: $25.00 Section 2: Intermediate (5 Weeks)
Thursdays, March 14 – April 11, 5:30 p.m. – 7:00 p.m.
This interactive course will teach you how to ensure your business foundation is solid. If you are new to business, you will learn how to create strategic procedures for your business financial health. Established businesses will learn of the new rules and regulations that govern small business development and sustainability. You will learn to create income, become audit proof, making sure you are compliant with the Federal, state, and city requirements. Your business will attract investors whether you are a profit or non-profit entity.

Instructor: Alletta Parris-Olday, is a graduate of Strayer University with a MBA in Public Administration. She is also the founder of Footprints to Financial Success and author of “So you want to be in Business: Know before you go.” Her specialty is compliance, taxation and quality assurance. The mission is to create a legacy and develop a path to generational wealth.

Entrepreneurship: PhillyFirst—Innovations for Returning Citizens—PASCEPO410
Course Fee: $30.00 (5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
March 11 – April 11
This course focuses on developing the “Mindset” and organizational skills necessary for entrepreneurship. As a returning citizen you will not have to depend on the system to give you a job, this course will help you create a business of your own that can sustain you and your family. You will learn how to prepare to gain financing and marketing support for your intended projects/designs/ideas. We will discuss the important aspects of designing and writing a comprehensive business plan, and executive summary to present to potential investors. Discover the resources available to you as a returning citizen or small business owner to acquire funds. We will also explore the benefits of positive affirmation behaviors and coping skills for success in the business arena.

Instructor: Vincent Gori is the President of GRSI, LLC, a technology development company. In collaboration with Temple University School of Engineering and Fox School of Business, GRSI, LLC is developing new technology opportunities. Vincent is a returning citizen with 10 years in Federal prison. He desires to prepare returning citizens to start creative and disruptive thinking businesses for economic stability.
COMING FALL 2019

Entrepreneurship: Pitch Your Business to Financial Investors—PASCEP0409
Course Fee $30.00 (6 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Building your business strategies require disruptive thinking and technology skills. PASCEP Accelerator is a new model to fund and invest in startups in the African American community. PASCEP Accelerator hosts a community of entrepreneurs every year to learn how to communicate their business aspirations. The cohort then competes for startup funds in a pitch competition that engages the entire community. PASCEP works with startups beyond the competition, leveraging their community to help entrepreneurship startup.

Instructor: Yahya John is a social entrepreneur committed to creating institutions that address social economic disparities and improve community life. Yahya John graduated from Morgan State University obtaining a Bachelors of Science in Community Health and a Master of Public Health from Drexel University. John turned to social entrepreneurship and he created Uni-Five. A pitch competition management tool that works with colleges and universities to help entrepreneurs create wealth and opportunity for their communities.

Exploring Entrepreneurship: Changing Your Hobby into a Business—PASCEP0405
Course Fee: $30.00 (5 Weeks) Mondays, 4:00 p.m. – 5:30 p.m.
January 28 – February 25
Have you ever had a great business idea, but never followed through with it? Well, this 5 week course is designed to help budding entrepreneurs assess their acquired skills, business ideas and passions to create a vision and framework to start their own business. Exploring Entrepreneurship has an interactive course format that consists of class lectures, case studies, videos, guest speakers and homework.

Instructor: Renee Kirby has been an entrepreneur for over 20 years and owner of Westside Studio a business to business company that provides artwork, picture framing, screen printing and embroidery services to public private, commercial and government industries. Ms. Kirby is the former Associate Director of Disability Resources at Temple University.

How to Own Your Own Real Estate—PASCEP0045
Course Fee: $35.00 (6 Weeks) Mondays, 7:00 p.m. – 9:00 p.m.
January 28 – March 4
This course is perfect for the person who wants to purchase a home or invest in real estate. The course covers how to properly prepare and look for your future home or investment property. In this class, you will learn how to buy fixer-uppers, HUD, Fannie Mae and Freddie Mac houses.

Instructor: Annette C. Collier is a licensed real estate broker in Pennsylvania, New Jersey and Delaware.

Introduction to Hospitality and Tourism—PASCEP0411
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Would you like a career in the hospitality and tourism field? This course is an introduction and overview of the field of hospitality and tourism. Review of the basic components that comprise the industry include: Lodging, Restaurant, Food and Beverage, Tourism, and Management. The Course will: 1) Explore Career and Job pathways from front line worker to management in the field 2) Discuss and analyze growth and development of job opportunities in the industry, and 3) Describe current trends that affect workforce development in the industry and how they affect career paths.

Instructor: Victor Michael is a veteran PASCEP instructor. He was born in the Caribbean—St. Lucia—and has lived in Philadelphia for the pass 35 years. An alumnus of Community College of Philadelphia and Cheyney University, Mr. Michael holds BS degrees in Business Administration and Hotel Restaurant Management. He has worked in various management positions for 15 years through major companies including the Marriott Hotels and Interstate Hotel corporations.
BUSINESS AND PROFESSIONAL DEVELOPMENT/UJAMAA, continued

Introduction to Non-Profit Management—PASCEP0407
Course Fee: $40.00  (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The goal of this course is to introduce those interested in nonprofit leadership and/or management to key terms and topics involved. It is paramount that our incoming leaders realize the business acumen needed to successfully manage 21st century nonprofits. The course is tailored for students guided by their hearts and passions to improve the quality of our communities locally as well as globally. Emotional intelligence, ample business knowledge and tact are needed in order to effectively compete in neighborhoods and in the Board rooms.
Instructor: Ceciley Bradford-Jones, MS, MBA, is widely recognized non-profit executive who has a distinguished career in mental and behavioral health; criminal justice and business. Ms. Bradford-Jones has recently been appointed to serve as the Executive Director of the Mayor’s Office of Reintegration Services (R.I.S.E).

COMING FALL 2019
Managing Solutions: GENTRIFICATION: Changing Neighborhoods—PASCEP0412
Course Fee: $35.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
Gentrification is not some mysterious thing that just happens. In this course we will explore the agencies: the decision makers: the policies, that create the environment for land use and reinvestment. We will also explore management strategies for long term homeowners/residents to make the best choices for their families in this changing environment.
Instructor: Judith Robinson is an Associate Broker with Hardy Real Estate, LLC, licensed in the state of Pennsylvania. For over 20 years she has been an expert community advocate, testifying at public hearings of most governmental agencies. She is also an historic researcher and docent at the Historic Church of the Advocate.

COMING FALL 2019
Professional Life Coaching: Time is Money—PASCEP0601
Course Fee: $20.00 (4 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Time is a non-renewable resource. As a professional, it is imperative to maximize your time and enhance your productivity. You can use it or lose it. You have all the time you need to get your priorities accomplished. It is just a matter of changing your perspective and acting more effectively. Learn to see time in several different ways so you can design a system that works for you daily, weekly, monthly or in a time crunch. Claim your time! This course promotes professional and personal growth.
Instructor: Yvonne B. McCoy, MBA, is the founder of ADEPT Coach & Consultant, a professional coaching company.

FINANCIAL EDUCATION/UJIMA

Financial Literacy: Project Based Instruction—PASCEP 0509
Course Fee: $25.00 (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
March 12 – April 9
Using project based instruction and real-world situations this course will give students the knowledge and general understanding of all key aspects of personal finances necessary to be successful now and throughout their adult lives. The structure of this class will reflect real-world situations as closely as possible.
Instructor: Nisiar Smith is the founder and CEO of the People’s Innovation Movement and a Black Congressional Associate. Born and raised in Philadelphia, Nisiar is a member of Philadelphia Youth Commission. He attends Penn State University and majors in Finance.
Living on Fragments: Access Resources to Stretch Your Budget—PASCEP0506
Course Fee: $25.00 (5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
March 13 - April 10

Be a connector. Malcolm Gladwell’s book, The Tipping Point, talks about “the” people who connect services and people. This course will teach you how to maximize the resources around you using your talents, personality, and effective communication skills. You will relieve entertainment budgets, cut clothing costs (and still be trendy), find name brand products at affordable prices, and become a valuable resource to your community. Teach your dollars more sense and become a personal asset to others.

Instructor: Jimella Monroe is a benefits administrator, entrepreneurship instructor, savvy shopper, artisan and blogger. Ms. Monroe is a recipient of the PA Women’s Bureau Business Award and certified by Network for Teaching Entrepreneurship.

Making the Most of Your Money—PASCEP0508
Course Fee: $25.00 (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
January 28 – February 25

Money Matters is a basic course focusing on personal finance. This course will cover a basic overview of vocabulary terms and the events (e.g. new job, retirement, inheritance, etc.) that have an effect on individuals lives. Famous last words: “If I had the chance to do it all over again.” The focus will be placed on strategies to address personal finance and life changing events.

Instructor: Patricia Grattis is a St. Joseph University graduate with a degree in Management and Information Systems. She has worked for 30 years in both the public and private sectors, including banking, insurance, government, railroad and most recently in education. Most of her work experience is primarily in the areas of finance and budgets.

Money Smart: How to Get Out of Your Mess—
Practical Application to becoming Debt Free—PASCEP0507
Course Fee: $25.00 Section 1: Basics (5 Weeks) Mondays, January 28 – February 25, 7:00 p.m. – 8:30 p.m.
Course Fee: $25.00 Section 2: Intermediate (5 Weeks) Mondays, March 11 – April 8, 7:00 pm – 8:30 p.m.

The purpose of these classes are to prepare you to prosper and do better in your life not just barely make it financially. Learn the errors in your day to day practices that keep you in debt or lack in your finances and possessions. Concepts and principles will help you discipline your life everyday in preparation for your future. Remember, you must plan for your future and not just live for today. WALK AWAY EQUIPPED TO CONTROL YOUR FINANCES. Curriculum workbooks are provided.

Instructor: Louise Anntoinette McDougal is a professional financial consultant, entrepreneur and minister. She uses her business abilities to enhance other’s practical and spiritual foundation. Ms. McDougal is a debt destroyer who believes we should NOT be broke.

Sick of Being Broke: Investment 101 for Beginners—PASCEP0044
Course Fee: $30.00
Section 1: (8 Weeks) Tuesdays, 7:00 p.m. – 9:00 p.m.
Section 2: (4 Weeks) Saturdays, 9:30 a.m. – 11:00 a.m.
February 2, 9, 16, 23, March 2

This course is designed to share basic investing strategies and ways to create wealth without being rich. Basically, it’s an “Investment 101” course for beginners. As a former Wall Street broker, my objective is to bring that experience to you where I’ll show and teach you how Wall Street works and how to benefit financially. Some subjects we’ll be covering are: understanding how to buy stocks, bonds, mutual funds, and gold. You will also learn about retirement planning strategies. Rich Dad Poor Dad concepts, and how to build your 401(K) at work.

Instructor: James R. Veal is President & CEO of JRV Wealth Management Group based in Philadelphia, PA. He started his career as a stockbroker on Wall Street and has been in the financial services business since 1997. His mission is to take his students by the hand to teach, educate, and show them the power of money and various strategies on how to build wealth - especially to those in the African American and Latino communities.
HEALTH AND WELLNESS/NIA

Discovering You—An Introduction to Acting—PASCEP0020
Course Fee: $40.00 (5 Weeks) Tuesdays and Thursdays, 5:30 p.m. – 7:00 p.m. March 12 – April 11
This course introduces the art performance through theater games, breathing and sound exercises. The course meets twice per week for five weeks. Movement assigned monologues will encourage students to read and explore emotions. This is done through comedic and dramatic situations. Students will be encouraged to start scenes thru improvisation as well as writings. All facts and performances will be explored including being good audiences. Day one: Tuesdays, will give you concepts and context. Day two: Thursday, provides practice and creativity. The class will culminate in a 30 minute performance at the PASCEP Closing Ceremony.
Instructor: Joyce Ojo-Allen married the late John E. Allen Jr. who along with Robert E. Leslie founded Freedom Theatre. Mrs. Allen graduated from Cheyney University. She is a master instructor for the drama ministry at St. John Baptist Church in Camden N.J.

Empowerment Through Self Awareness—PASCEP0306
Course Fee: $35.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m
This course is based on the premise that there are universal laws that govern human thinking, feeling, and behavior and it is with this understanding that all individuals can and must be empowered. It is important for people to know who they are, why they are here on the planet and the role they play in the divine order of their lives. This course assists participants to tap into the power within through understanding and application of Empowerment principles. The course is interactive and requires self-analysis and introspection.
Instructor: Bernard Weeks is the creator and facilitator of the Empowerment Through Self-Awareness Seminar. He is a graduate of Springfield College and the University of Metaphysics. Mr. Weeks was an assistant facilitator of Iyanla Vanzant, Philadelphia, PA Transformation Station and a veteran Temple University PASCEP instructor.

Free Your Mind, Change Your Life: The (5) Keys to Your Destiny—PASCEP0608
Course Fee: $20.00 (5 Weeks) Tuesdays, 5:30 p.m.– 7:00 p.m. March 12 – April 9
This workshop is designed to give key life-sustaining principles to encourage, inspire, and transform the lives of men and women who are trying to reestablish themselves. Our objective is to ensure that each person in attendance leaves with an understanding that in spite of their past, they have great value to offer their communities and society as a whole. We will discuss five (5) powerful keywords: 1) How to discover your Purpose, 2) Identify your Potential, 3) Unleash your Passion, 4) Change your Perspective, and 5) Plan to Prosper.
Instructors: Curtis and Falesha Ghee, co-founders of Uncuffed Potential are gifted speakers and mentors with more than three decades of law enforcement experience within the fourth largest police department in the nation. Curtis and Falesha understand that the only way to change someone’s behavior is by changing that person’s mindset. Therefore, they are inspired to encourage as many people as they meet to keep out of the prison system by discovering their purpose in life and embarking on the path to their destiny.

Get Free: A Chakra Balancing Yoga Series—PASCEP0308
Course Fee: $30.00 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Chakra is a Sanskrit word that means wheel. There are seven Chakra in the body, each represents a different aspect of our spiritual, emotional and mental health. When our Chakra points are imbalanced or blocked we experience illness, instability and other negative side effects. The practice of yoga helps keep Chakra energy flowing freely. During this workshop we will cultivate balance through chakra focused yoga and meditation sequences. This is a perfect class for those who are just beginning their yoga practice and those who want to learn more about the dynamics of the Chakra centers. Students should bring yoga mats.
Instructor: Jazmyn “Yeye Yogini” Burton is a certified yoga instructor, a wellness writer and the co-founder of Philadelphia’s Get Free Fest, an annual yoga and wellness gathering for people of color. Her classes are crafted for all levels and provide a welcoming space for students to develop their personal health goals.
Herbs Really Work—PASCEP0305
Course Fee: $25.00
Section 1: Basics (5 Weeks) Thursdays,
January 31 – February 28, 7:00 p.m. – 8:30 p.m.
Section 2: Intermediate (5 Weeks) Thursdays,
March 14 – April 11, 7:00 p.m. – 8:30 p.m.
This course (Basic) will inform students about the value of herbs and their health. Students will learn about the body systems and effects of herbs on the immune, digestive and respiratory systems. The relationship of herbs and the earth to the body will be explored. (Intermediate) Provides more in depth looks at plants and the body, understanding how to grow or buy herbs, and developing urban home-based gardens.

Prerequisite for Section 2: One of the following: Section 1, Living off the Land, or Sick of Being Sick
Instructor: Robert Black is a veteran PASCEP instructor. He has used herbs to treat and heal his personal health issues. Mr. Black is a franchise owner of Wholistic Emporium and an avid urban farmer.

Hip Hop Therapy—PASCEP0307
Course Fee: $30.00 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
January 29 – March 26
Can rap music be therapeutic? In Hip Hop Therapy, rap music and Hip-Hop culture will be examined. Members of Hip Hop culture can explore how issues such as violence, mass incarceration, and drug use impact the emotional wellness of their families and communities. Students will learn cultural sensitivity/competence, therapeutic interventions and Hip Hop as a tool.

Instructor: Ronald Crawford holds a Master in Human Service degree and has worked as a drug and alcohol therapist in Philadelphia for more than 10 years. Ronald sits on the Community Action Board a research team of community stakeholders and data collection analyst.

I AM BIGGER—PASCEP0302
Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
March 13 – April 10, 2019
“I AM BIGGER” is a five-week Higher-Self Development Course is the ultimate self-development experience that is structured around using life experiences, sensory glands, testimonies, discussions, reasoning, activities, verbal expressions, videos, spiritual knowledge, etc., to help culminate a high performance LIFE PLATFORM. The platform then allows the individual to grow and develop into a greater or higher SELF, which then aids toward making BIGGER and BETTER personal life choices. This in return helps the individual to create a new social well-being, improve their social interaction and cognitively develop their thinking process.

Instructor: Cleous “GloWry” Young, BSHS, is a Social Entrepreneur and founder of the “I AM BIGinner Social Cause.” He is also the children’s author of several books, playwright, life-coach, film-maker, community-organizer, and has a deep intention of helping those who are underserved or socially challenged by society’s rigid ideologies.

Do You Know a Young Person Ages 18 to 24 Who Needs Job Skills & GED Test Prep?
JEVS Human Services is Recruiting NOW for July 2018 Project WOW!
Program is FREE and offers Building Trades & IT Training
For more information: www.jevshumanservices.org/project-wow/
HEALTH AND WELLNESS/NIA, continued

COMING FALL 2019

Living Off the Land: Urban Farming: Growing Healthy—PASCEP0303
Course Fee: $20.00 (4 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course will introduce you to techniques to create urban farms and grow your own organic food. Learn about the detriments of GMO’s and the benefits of making and using compost to produce nutritious fruits and vegetables.
Instructor Nefertari Muhammad is the owner of Supreme Compost. She is certified in GMO and Compost Education. Ms. Muhammad is also a community gardener and farmer, herbalist and activist.

NGOMA: Line Dance Movement of the Heart—PASCEP0700
Course Fee: $25.00 (6 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
March 14 – April 11
The purpose of this course is to promote fitness through DANCE. Dancing makes everyone feel better, enhances health and communicate better. Adults may register with two children for the same price or you may attend the class without a child. All are welcome. Classes are held at Berean Presbyterian Church at Broad and Diamond Streets. Pump up your Health while having Fun.
Instructor: Ulise Monroe is a former student of Freedom Theatre, Elyan dance troupe, and a graduate of the Franklin Learning Center Dance program. She is also a line dance enthusiast.

Optimize Your Health with Plant-Based Foods—PASCEP0304
Course Fee: $25.00 Section 1: Basics (5 Weeks) Thursdays, January 31 –February 28, 6:00 p.m. – 7:30 p.m.
Course Fee: $25.00 Section 2: Intermediate (5 Weeks) Thursdays, March 14 – April 11, 6:00 p.m. – 7:30 p.m.
This hands-on learning experience will teach students healthy eating options for sustainable good health and disease prevention. By the end of the session, students will be able to identify and use fresh herbs for seasoning and medicinal use. Recipes will be provided at the end of each session. Taste tests are provided.
Instructor: James Mitchell has been a vegetarian since 1983. He opened several vegetarian venues including Cafe Mills Vegetarian, Vegan and Heart Healthy Foods, Cafe Mills Your Point Destination, and V spot on Main Street in Manayunk.

Sahaja Meditation—PASCEP0024
Course Fee: $35.00 (10 Weeks), Wednesdays, 7:00 p.m. – 8:30 p.m.
You will learn about your own subtle system and how to meditate in thoughtless awareness, reaching that inner state of peace and joy. Each energy center has its own special qualities. You will learn about each of these qualities, how to diagnose the state of your energy centers and the techniques that will keep them in balance. This class will teach you how to develop strong attention that minimizes the stress and strain that comes with everyday living.
Instructor: Dorothy Logan is a student of Shri Mataji Nirmala Devi and has practiced Sahaja Meditation for fifteen years. Sharing this unique and simple way of meditation with mankind is her way of saying thanks to the universe.

Self-Discovery—PASCEP0035
Course Fee: $35.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This is a personal development course to help one discover their purpose in life. Students will learn to access their higher mind through meditation, vocal profiling, and reverse speech. This course will also explain the importance of the cosmic blueprint (i.e., natal chart) ingesting proper nutrition and engaging life affirming exercise (Qi gong).
Instructors: Shema’yah Bey is a screenwriter, author, and Bio Acoustic researcher. He is the former co-host of Astrologically Speaking on WURD. Vonda Kline is the owner of Relics and Rituals, a Spiritual Supply Company. Vonda has trained and studies spiritual development under the tutelage of Richard Whiten, world renowned astrologer, Roy Masters from the Foundation for Human Understanding and Grand Master Dr. Clifford E. Hazel Internationally acclaimed Holistic and Esoteric Master farm England.
**STRIVE: The Psychology of Recovery—PASCEP0050**

Course Fee: $35.00  (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.

This course uses a combination of philosophy and metaphysics as an approach to address psychological disharmonies that are experienced daily by people of all lifestyles. The process of recovery is defined and examined. Several principle wellness action plans and approaches are used as educational tools such as the STRIVE Motivational Recovery Model, color therapy and laugh therapy.

**Instructor:** Fatima Abdul Johnson, DM, RM, PhD, is the CEO and founder of S.T.R.I.V.E. Motivation, Inc., a nonprofit organization providing recovery support, counseling and advocacy for individuals in recovery from mental illness and substance abuse.

**Tapping the Power Within—PASCEP0501**

Course Fee: $35.00  (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.

This is a Group-Coaching experiential course that will require you to look deeply at your life to discover why it is the way it is and what you can do about it! This course will focus on practical tools and techniques that will enable you to live a more fulfilling and flourishing life. Based on empirical evidence, you will learn proven strategies and step-by-step formulas to achieve more success in your career and personal life. You will develop a road map for putting your dreams to the test by applying universal laws and time-tested success principles.

**Instructor:** Adesanya Karade is a Results and Life Coach specializing in Transition and Transformation. As a member of the International Coach Federation, Adesanya received Coach Training at the University of Pennsylvania, Coach University and Coach Training Institute. Adesanya has worked internationally and conducted trainings in Zimbabwe, South Africa, Kenya, Tanzania, Ethiopia, and South America. She has been a PASCEP instructor since 1995.

**The Authentic Love Experience: In Sickness and in Health on All 6 Dimensions—PASCEP0300**

Course Fee: 35.00  (6 Weeks) Mondays, 5:30 – 7:00 p.m.  
January 28 – March 4

This course is designed for the single and married woman who desires liberation in recognizing, addressing and making a commitment to marital relationships when sickness manifests on any of the 6 Dimensions of the Authentic Self (spiritual, emotional, psychological, sexual, physical or social). Whether a woman is single preparing herself for the realistic vicissitudes of life or the married woman resolving herself to stay committed to her vows “in sickness and on health.” Dr. Webb’s theory Discovering the Authentic Self expounds upon truth, freedom, and hope. The women who complete this course will be invited to the A Love Exp. For Women Only weekend retreat scheduled for March 2019.

**Instructor:** Dr. Latisha Webb is a grounded theorist who uses her concepts of Discovering the Authentic Self and its 6 Dimensions across settings, cultures, populations and fields in order to empower others to “Be and Become” who they really are.

**Throw the Fish Back In: Dating and Domestic Violence, Prevention/Awareness—PASCEP0606**

Course Fee: $25.00  (5 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.  
January 29 – February 26

Are you tired of being involved in long term dead end, often times verbally, emotionally, physically, and sexually abusive relationships? If your life or your mate were a fish, sometimes you just...sometimes you must...”Throw the fish back in.” The Community Empowerment Group presents this course on dating and domestic violence prevention/awareness. This course is intended to provide individuals with skill sets to help them achieve their infinite possibilities and increase their chances of having healthy intimate dating relationships.

**Instructor:** Gwendolyn M. West-Sutton grew up in the Temple University area. She has an Associate’s degree from Community College of Philadelphia and Bachelor’s degree from Temple University. Mrs. West-Sutton is a 20-year veteran employee of the Pennsylvania Department of Human Services and the Executive Director of the Community Empowerment Group, a nonprofit community service corporation, which she founded in 2012.
HEALTH AND WELLNESS/NIA, continued

Walking Into the Rainbow: The Path to Spiritual Development—PASCEP0054
Course Fee: $30.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
If you are curious about spiritual development, yet have no prior knowledge or experience, then this class is for you. This class will present ancient sources for spirituality, such as auras, chakras, and spiritual communication, in a slow, practical, and safe step-by-step workshop. The class adopts information from many religions, spiritual philosophies, and sciences in order to demonstrate the spiritual exploration and examination taken up by initiated practitioners and priests/priestesses. This course will also explore the historical dynamics of dance, music, and art in spiritual development.

Instructor: Betty Alridge is a Yoruba priestess of Shango and Egun for more than 40 years, a professional dancer, teacher, and choreographer for 30 years in Philadelphia. Betty received her Bachelor of Fine Arts degree in dance from Temple University and has taught both in the University and with PASCEP.

LANGUAGE STUDIES/ KUUMBA

American Sign Language—PASCEP0014
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This ten-week course is designed for students who have no previous knowledge of American Sign Language (ASL).

Instructor: Baron Roane attended the Philadelphia School for the Deaf and was an outstanding student in the Pan-African Studies Community Education Program’s American Sign Language course.

Introductory Arabic—PASCEP0001
Course Fee: $35.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This introductory course covers grammar, writing and conversational Arabic. The instructor will provide information about the different forms of Arabic letters and the vocalization of each letter, along with an introduction of the Arabic alphabet, the Short Vowels and an introduction of naughty letters.

Instructor: Hajji MuMin Abdullahijhod attended Muslim Teachers College, Randolf, Va. He has taught Introductory Arabic for two decades (Montgomery and Philadelphia Masajid) and provided assistant instruction with Yahya Abdul-Malik at PASCEP since 2014.

Conversational Spanish—PASCEP0055
Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
This course is for students who have a basic knowledge of Spanish and desire to engage in normal, everyday conversations with Spanish speakers. The course will provide language practice and exposure to Hispanic culture as well.

Instructor: Janice Smith holds a Bachelor’s degree from the Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.

Introduction to Spanish—PASCEP0006
Course Fee: $35.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course is for students who wish to acquire a basic knowledge of Spanish and to be able to engage in normal, everyday conversations with Spanish speakers. The course will provide some exposure to Hispanic culture as well.

Instructor: Janice Smith holds a Bachelor’s degree from The Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.
Introduction to Yoruba—PASCEP0056
Course Fee: $35.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
March 13 – April 10
This is an elementary course in the Yoruba language. Yoruba belongs to the family of the West African: Niger-Congo linguistic grouping. This class will provide each student the chance to discover the linguistic components: the phonetics, morphology, syntax and semantics of Ebonics or its forms. The Yoruba is unique and alive in the epic memories of the Africans in the Americas as seen in Brazil, Cuba, the Caribbean and the United States. This Yoruba class introduces the student to the basic factors of Yoruba linguistics and more.
Instructor: Abayomi Oladeinde holds a Bachelor's degree in education, Master of Social Work degree from Temple University and is a doctoral candidate in educational leadership and behavioral health at Grand Canyon University.

PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA

Art and Creativity@The Colored Girls Museum—PASCEP0602
Course Fee: $30.00 (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
March 14 – April 11
Explore your creativity at The Colored Girls Museum (TCGM); a house museum in historic Germantown, dedicated to the celebration of the ordinary/extraordinary colored girl. Paint and draw from the museum artifacts. View and discuss artist work. Students should bring basic art supplies (a list will be provided). This class is for anyone interested in exploring the arts and their own creativity. In addition to TCGM we will also visit the Barnes Foundation. No previous experience required. TCGM Link: http://www.thecoloredgirlsmuseum.com/
Instructor: Michael Clemmons is a visual artist/curator (The Colored Girls Museum) and the Associate Director (Workforce Development) of Temple University’s Center for Social Policy and Community Development; with 30 years’ experience in community engagement and the arts.

Basic Design/Sewing—PASCEP0037
Course Fee: $35.00 Section 1 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Course Fee: $35.00 Section 2 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course will teach zipper setting, button hole making, seaming and hemming using the sewing machine. Students will also learn how to pick fabric, patterns and notions. Students will have fun creating their own fashion statement, whether in a garment, tote bag and other items. Tips on entrepreneurship will be included. Bring your own fabric and projects.
Requirement: Students should bring a portable sewing machine to class.
Instructor: Rebecca Gaskin is a retired professional freelance fashion designer. For more than 30 years, she has coordinated fashion shows and has consulted for weddings and churches.

Crochet: Basic and Beyond—PASCEP0047
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course is for beginner/intermediate hookers. Students will learn terminology and techniques. They will also read and follow patterns to help them make anything including dolls, table runners, garments and afghans. Students are required to bring a size G/4.5mm crochet hook or larger and a skein of 4 ply worsted weight yarn of solid light or medium colors. (No black or multicolored yarns).
Instructor: Cora Williams is a master crochet artist who has over 30 years of experience in the art. She also specializes in crocheted jewelry and dolls.
PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA, continued

Estate Planning—PASCEP0402
Course Fee: $25.00 Session 1: (5 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m.
January 31 – February 28

Course Fee: $25.00 Session 2: (5 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m.
March 14 – April 11

Many people spend more time planning their vacations than planning their estates. Estate planning is much more important. It is not just planning for what happens to your property, it is about what happens to you in the event of an untimely accident or death. You will learn the purpose of an estate plan.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in Public Administration. She is also the founder of Footprints to Success.

How to Publish Your Own Book—PASCEP0036
Course Fee: $35.00 (8 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.

Publishing requires diligence, focus and the ability to see the book as the final product. Each week there will be lessons and assignments that will assist in the process. In the end, the students will understand how to self-publish and create and market their books. Students should have begun to write their manuscripts to receive full benefit from this class.

Instructor: Ann P. Martin received a Master in Social Work from the University of Pennsylvania. She is a retired program analyst and social worker with the City of Philadelphia. She is an author and publisher.

Orange is the New Black: An Inside Look at Reentry for Returning Citizens & Communities—PASCEP0605
Course Fee: $10.00 Section 1: (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
January 30 – February 27

Course Fee: $10.00 Section 2: (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
March 13 – April 10

This course shall provide an inside look into reentry and help returning citizens, people with criminal backgrounds, and the general public. The course purpose is to teach participants how to understand and navigate our criminal justice system. It will also provide effective dialogue and frank and open discussion regarding relevant topics to address participant’s challenges.

Instructor: Jeffrey Abramowitz was a civil trial lawyer in Philadelphia for over 20 years when several poor choices led to a federal indictment and a sentence of five years in the custody of the Federal Bureau of Prisons. Jeffrey is a director of adult education and has been instrumental in blending adult education and workforce development programs through an upskilling clinic at PA CareerLink. Jeff also co-facilitates the Temple University New Opportunities workshops.

The Scoop U.S.A. is one of the larger weekly newspapers in the Philadelphia, PA area. The weekly newspaper has approximately 35,000 readers. The Philadelphia Scoop USA newspaper covers ethnic society and culture.

Contact the production and sales department at (215) 309-3139.
Mailing address: P.O. Box 14013, Philadelphia, PA 19122. Email: advscoop@aol.com
Tapestry Crocheting—PASCEP0607
Course Fee: $30.00 (5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
January 30 – February 27
What do you know about Tapestry Crochet? Have you produced? You probably have, you just didn’t know it. It is turning a single crochet into a picture. This course is for the intermediate/advanced crochet artist. Learn to create your own designs from sketch to graph. The instructor will walk you through the process from conception to creation. Techniques to add designs such as, chevrons, hearts, and monograms are taught. Each session is divided into two components: 1) concepts and 2) practice. Bring your crochet starter kits, pencils, 2 contrasting solid color yarns, graphing paper and a plain sketchbook. Most Items are available at Dollar Tree.
Instructor: Jimella Monroe is a crochet artisan with more than 20 years’ experience. She is also the CEO/Chief Creative Designer for Jimise4U, LLC. Ms. Monroe has developed a line of cultural sensitive crocheted dolls, “Brown Girl Dolls” that are customized to resemble the recipient of this beautiful handcrafted gift.

COMING FALL 2019
Grant Proposal Writing—PASCEP0013
Course Fee: $40.00 (3 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The Grant and Proposal Writing course is designed to help community-based nonprofit organizations to plan, organize, write and submit applications for funding of their programs and services. Students will learn how to find the right funding sources that best match their organization’s mission and public policy goals. This course is not suitable for students interested in securing resources for small businesses.
Instructors: Shirley Moy, BSW, MSW, is Executive Director of Temple University North Philadelphia Workforce Initiative. She has extensive experience in proposal writing and has been successful in obtaining grants from foundations, contracts from multiple local and state government agencies, and awards from various federal agencies
Link Martin, MSW, has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has an extensive background in the development of nonprofits, human service management and fund development.

PROFESSIONAL DEVELOPMENT/UYAMAA
Grant Writing Certificate Program—PASCEP 0415
Course Fee: $350.00 (6 Weeks) Wednesdays, 5:30 p.m. – 8:30 p.m.
January 30, February 6, 13, 20, 27, and March 13
This flexible certificate program provides supervisors, managers, directors and emerging leaders with an opportunity to learn and practice skills in developing successful proposals to obtain external funding. The Grant Writing Certificate Program will cover the basics of grant seeking and writing, enabling anyone with an interest in the topic to get started on the grant writing process. After completing the modules, participants will be familiar with steps of the grant writing process, and have basic knowledge about the types of grants available and how to look for them. This certificate program is beneficial for anyone who is interested in grant writing but is not sure how to get started. It will also help experienced academic researchers, non-profit organizations and freelance writers to write grants more confidently and improve their grant writing game.
This program has been approved for 15 social work continuing education hours and 1.5 CEUs Each module within the certificate program has been approved for 2.5 continuing education hours through Temple University Harrisburg, a PA State Board of Social Workers, Marriage and Family Therapists, and Professional Counselor pre-approved provider of continuing education. These credit hours satisfy requirements for LSW/LCSW/LMFT/LPC biennial license renewal.
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Link Martin, MSW, has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has an extensive background in development of nonprofits, human service management and fund development.
Register today for Professional Development courses!

Temple University Harrisburg in collaboration with PASCEP is now offering the following Professional Development programs:

- Introduction to Grant Writing
- Grant Writing Certificate
- ONLINE Certificate in working with Veterans and their families (self-paced)
- Social Determinants of Health: Health Beliefs
- Social Determinants of Health: Ecological Model

*CE credit hours awarded for each course

For more information about Temple Harrisburg visit: harrisburg.temple.edu
PROFESSIONAL DEVELOPMENT/ UJAMAA, continued

Community Health Workers Certificate Standalone Sessions:
Continuing Education Units awarded

COMING FALL 2019
Social Determinants of Health: Ecological Model Workshop—PASCEP0450
Workshop Fee: $50.00  Section 1: Wednesdays, 5:30 p.m. – 8:30 p.m.
This workshop will prepare participants to list examples of social determinants of health; explain how ecological factors influence health behavior and apply the ecological model to analyze individual, family, community and societal factors that influence health behavior and behavioral change.

COMING FALL 2019
Social Determinants of Health: Health Beliefs Workshop—PASCEP0460
Workshop Fee: $50.00  Section 1: Wednesdays, 5:30 p.m. – 8:30 p.m.
This workshop will prepare participants to recognize preconceived notions/biases about illness, lifestyles and appearance and analyze how personal health beliefs and culture influence health behaviors.
Instructor: Susan Washinger has been engaged in the field of adolescent sexual health for twenty years as an educator and a program administrator. Susan has worked on federal, state and local initiatives to support ASH. Under a project funded by the Center for Disease Control, Susan was involved in the first efforts to promote rigorous evidence-based approaches to teen pregnancy prevention. Susan also has experience working with diverse communities across the Commonwealth, providing STD and HIV/AIDS education, contraceptive education, youth leadership development, and technical assistance on program development. Susan obtained her Master of Health Education from Penn State University. Currently, Susan is the Director of Temple University Harrisburg Institute on Adolescent Sexual Health.

TECHNOLOGY/ TEKNOLOJIA
Creating Professional Spreadsheets: Microsoft Excel—PASCEP0003
Course Fee: $30.00  (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course focuses on the fundamental concepts of how to create stunning and effective spreadsheets using Excel. All of the basic terminology, concepts and techniques are learned as students create workbooks.
Instructor: Maurice E. Kennedy Jr., is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

Developing Dynamic Databases: Microsoft Access—PASCEP0048
Course Fee: $30.00  (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
Students will learn the methodology to create and support Access database end-user applications that are menu-driven, fully-functional, intuitive, effective and efficient.
Prerequisites: An administrator desktop or notebook PC account. A complete installation of Microsoft Office 2010.
Instructor: Maurice E. Kennedy Jr., is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

How Do I Use This Phone: Android and iPhones—PASCEP0060
Course Fee: $25.00  (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
March 12 – April 9
Students will learn how to use androids and i-Phones. Instructions for downloading apps for health, finance tracking or personal entertainment will be demonstrated. Learning about cell phones and their features are essentially important when purchasing and determining the cost of plans and services.
Instructor: Jermaine Millhouse graduated with a Bachelors and Master Degree in Marketing and Business. He has developed marketing campaigns for top celebrities Sean R Combs, Will Smith, Russell Simmons, and more.
TECHNOLOGY/TEKNOLOJIA, continued

Introduction to Personal Computers Intermediate—PASCEP0018
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Take this hands-on, intermediate course to strengthen your computer skills. Students will review the basics and background of personal and work computers. Windows 10 operating system is the current system used for employment. Learn how to efficiently use your computers for organizing your work or home tasks, cleaning your computer for productivity and maximizing your effectiveness when performing technology tasks at work.
Instructor: Olayinka Olabinjo is a senior technical support specialist for Temple University. He has more than 7 years of experience in computer science and information technology. Among his degrees are a PhD in bioinformatics from Temple University and a BA degree from Drexel University in computer science.

Learn to Apply Disruptive Technology,
Strategy & Leadership to Change Circumstances—PASCEP0504
Course Fee: $40.00 (10 Weeks) Tuesdays, 7:00 p.m. – 9:00 p.m.
What skills do you need to make $100.00 per hour? How do you acquire the skills? In today’s highly competitive, business environment, vision isn’t enough. What’s most important is the ability to execute on that vision to drive meaningful results to exceed expected outcomes. To accomplish this, leaders need to be prepared to go beyond best practices, to create new behaviors, and to achieve the needed advantage that wins. Leaders must be willing to ask: “What hasn’t been done, and how do we win once we do them?” To shape the future, a five-step process known as Execution Strategy is offered to improve a business or to get one started!
Instructor: Damian D. “Skipper” Pitts, PhD is a U.S. Marine turned business owner and the Founder/CEO at FlexRight Solutions™, a consulting, technology integration and manufacturing firm with several patents serving business, public safety, law enforcement and the federal government. Skipper’s expertise has allowed him to provide training and consulting as an SME on strategic execution and the integration of small Unmanned Aircraft Systems (sUAS) to business, local law enforcement and government agencies since 2014. Skipper is the author of 19 books with his upcoming title, Disruptive Innovation-THINK that focuses on adaptability to future-proof your projects, businesses and organizations, is scheduled for release in the fall 2018.

COMMUNITY THURSDAY WORKSHOPS

Mental Health First Aid—PASCEP0900
Course Fee: Free
Section 1: Adult
Wednesday, February 20 – Thursday, February 21,
5:00 p.m. – 9:00 p.m.

Course Fee: Free
Section 2: Youth
Wednesday, March 20 – Thursday, March 21,
5:00 p.m. – 9:00 p.m.

Course Fee: Free
Section 3: Higher Education
Wednesday, April 3 – Thursday, April 4,
5:00 p.m. – 9:00 p.m.
Mental Health First Aid is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses. A certificate is awarded to successful completers.
Instructor: City of Philadelphia Department of Behavioral Health and Intellectual DisAbility Services

The views and opinions of instructors do not necessarily represent those of the Pan-African Studies Community Education Program of Temple University.
CITY VIEW
PIZZA AND GRILL

1434 Cecil B. Moore Ave. 215-769-7437
3619 N. Broad Ave. 215-223-7437
1547 Spring Garden St. 215-564-1910