PASCEP
PAN-AFRICAN STUDIES
COMMUNITY EDUCATION PROGRAM

NON-CREDIT COURSE GUIDE
KEEPING THE COMMUNITY INFORMED

PASCEP
is sponsored by the
Temple University
Office of Community Relations
Mission Statement
The program’s mission is to bridge the University and its resources to the community through non-credit continuing and basic adult education services.

Brief Program History
The Pan-African Studies Community Education Program (PASCEP) is a unique and multi-faceted program founded in 1975 by the late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community.

Prior to coming to Temple in 1979, the Community Education Program was held in neighborhood schools, churches and centers. University faculty volunteered time to teach classes. Ms. Hyman later obtained the support of Dr. Odeyo Ayaga, who was then the Pan-African Studies Department Chair, to seek Temple University’s sponsorship of the program. In the Spring of 1979, the University incorporated the program with PASCEP becoming the community outreach component of the Temple University, Pan-African Studies Department, subsequently re-named the African American Studies Department.

Many faculty members of Pan-African Studies and other departments continued to volunteer and provide quality administration to PASCEP: Muriel Feelings; Yumi Odom; Maisha Sullivan-Ongozia; Dr. Molefi K. Asante; Willie Rogers; Dr. Rita Smith; Dr. Tran Van Dinh; Professor Sonia Sanchez; Professor Jacqueline Mungai; Dr. Barbara Hampton, of Pan-African Studies; Dr. Audrey Pittman; Dr. Thaddeus Mathis; Dr. Wilbert Roget, Afro musicologist; Harrison Ridley, Jr. of WRTI-FM; and a host of others. Much gratitude is given to these elders for setting a firm foundation of transformational and servant leadership.

PASCEP continues to garner the knowledge and talents of volunteers who come from myriad professions and all walks of life. Since 1975, more than 424 courses, 275 lectures/seminars and over 88 workshops have continued to be taught by volunteer professionals whose purpose is to educate the community at large and give back to others what they have received in knowledge, skills, and inspiration.

Through cooperative efforts with the university and community members, programming is achieved through the following services:

- Life skills, personal effectiveness, college preparation and workforce education
- Basic adult academic enhancement (ABE), High School Equivalency (GED)
- Tutoring and mentoring by undergraduate and graduate students
- Public seminars and workshops for the community and university
- Collaborative projects with campus and community organizations

Ulicia Lawrence-Oladeinde
PAN-AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM

FALL SEMESTER 2017 CALENDAR

ONLINE REGISTRATION:           Monday, July 15 – Sunday, October 15
WALK IN REGISTRATION:           Tuesdays, Wednesdays, and Thursdays,
                                 Tuesday, August 1 – Thursday, October 12
                                 Hours: 1:00 p.m. to 6:30 p.m.
LATE REGISTRATION (Walk-in Only): Tuesday, Wednesday, and Thursday, October 17, 18, and 19
                                 Hours: 1:00 p.m. to 7:00 p.m.
DROP/ADD (Walk-in Only):         To drop/add a class, submit written request via email to
                                 pascep@temple.edu. You may also bring written request
                                 to the PASCEP administrative offices.
                                 Monday, September 11 – Thursday, October 25

Academic Class Assessments (TABE): By Appointment
                                 Tuesdays and Wednesdays, July 25 – September 6
                                 Assessment is mandatory for all academic classes
PASCEP Fall Semester Begins:    Monday, September 11
PASCEP 3-Week Classes End:      Thursday, September 28
PASCEP 5-Week Classes End:      Thursday, October 12
Fall Break:                     Monday, October 16 – Thursday, October 19
PASCEP 8-Week Classes End:      Thursday, November 9
PASCEP Fall Semester Ends:      Thursday, November 30
Closing Ceremony:               Friday, December 1

You must be 18 years or older to enroll in PASCEP (except Intergenerational Activities).

PASCEP Office Location:        Entertainment and Community Education Center
                                 2nd Floor, Room 220
                                 1509 Cecil B. Moore Avenue
                                 Philadelphia, PA 19121
                                 (PHONE) 215-204-1993 • (FAX) 215-204-8171
                                 Website: http://noncredit.temple.edu/pascep
                                 Email: pascep@temple.edu

PASCEP Information Line: 215-204-1993
KYW Radio’s Snow Emergency Information: Listen for Call Number 2120
Visit the PASCEP Website: http://noncredit.temple.edu/pascep

You must be 18 years or older to enroll in PASCEP (except Intergenerational Activities).
Registration Process

Registration for PASCEP classes is completed through Temple University’s non-credit and continuing education system (DestinyOne). You can easily and quickly create a free account using your personal computer. Create a free account by entering your profile information and enjoy faster checkouts for future classes. PASCEP staff can assist you during walk-in registration or you may access assistance through Temple University CSPCD-Keyspot Internet Access Center–Mitten Hall (215-204-2560).

- You will use the same account every semester to access any non-credit courses offered at Temple. You must have an accessible email address prior to creating your account in DestinyOne.
- If you do not have an email address, you can create one using Google, AOL, Yahoo, Hotmail, etc. (Assistance is available during walk-in registration dates.)
- The same account should be used every semester. (Record your username and password once created.)
- In order to apply for courses, revise your profile, request class changes, make inquiries and special requests, you must have access to your DestinyOne account.

In your browser type: noncredit.temple.edu/pascep.

Create a Temple University DestinyOne Account

NOTE: If you have previously taken a non-credit or continuing education course, you may already have an account. You can contact destiny1@temple.edu or call 215-204-4866 with questions. These steps guide you through the DestinyOne registration process:

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple University PASCEP page should appear.
2. Click the “Login” link in the upper right hand corner. Then, click “Student Login.”
3. New applicants will place their email address in the box labeled “I am a new DestinyOne user.” Follow the prompts as they appear and record usernames and passwords.
   - You will be asked to provide your name, gender, email address, phone number, and mailing address.
   - You can also tell us a little bit more about your learning goals and select the specific program(s) in which you have interested.
4. Former students should login through the middle box labeled “DestinyOne Account Login. DO NOT remove the TU_.” You must have access to your email to retrieve forgotten passwords.
5. Follow the prompts on the screen. Once completed click the “Submit” button.
   - You will receive several emails providing your account information.
COURSE FEES

Payment Options:

Credit and Debit Cards
- Online registrants may directly pay directly via credit or debit card. You may also use “Bank Gift Cards.” Hold the gift card until all classes are completed. Refunds will be placed back on the gift card if a class is cancelled.
- Online registrations may be completed using credit/debit/gift cards on your personal computer/device or in PASCEP’s office during the open registration period.

Money Orders
- Available to walk-in applicants during open registration.
- All money orders are to be made payable to Temple University. Each money order must be completely filled out by the purchaser.
- The dollar amount ($) of each money order must match the course fees. Money orders will be refunded via Temple University checks.

WE REGRET THAT WE CANNOT ACCEPT CASH OR PERSONAL CHECKS
You must be 18 years or older to enroll in PASCEP.

Senior Citizen Discount:

Eligibility: You must be age 65 or older at the time of registration. A course fee of $10.00 will be applied to a single course or to the lowest course fee. Regular fees apply for each additional class selected. You may register online for class however, DO NOT PAY FOR DISCOUNTED COURSES ONLINE. Seniors will need to come into the PASCEP office in order to receive the course discount during registration and the Drop/Add period (first week of class). Please bring proof of age for verification. Acceptable forms of ID: Original State Issued Birth Certificate or Driver’s License. PASCEP staff will apply the discount and will authorize all refunds and fee adjustments.

Refunds:

Refunds of course fees are issued only if a class is cancelled. Students who choose to not attend classes cannot receive a refund. Discounted courses are not refunded unless processed through the PASCEP office. All refund requests must be submitted in writing.

Low Enrollment Class Cancellations:

Temple University reserves the right to cancel a course due to insufficient enrollment or other unforeseen circumstances. If a course is cancelled for any reason, you will be notified and your entire course fee will be refunded. You will have the option to enroll in another course. Financial adjustments will be made if there is a difference in the new course selection.

Wait List:

If registration for a class becomes full, DestinyOne will place you on a wait list. You will receive an email from the system about your “wait” status. If a space become available, you will receive another email to register for the class.

Drop/Add Courses:

In order to drop/add a course, you must come to the PASCEP office (room 220) during the designated drop/add dates and times. Request must be in writing.
LOOK WHAT YOU’VE BEEN MISSING! REGISTER NOW!
WHAT’S THE NEWS?/HABARI GANI

Online Courses at PASCEP
Literature of African Peoples – Dr. Ramona Hyman
Criminal Justice: From Arrest to Appeal – Atty. Michael Coard

THURSDAY COMMUNITY WORKSHOPS

Mental Health First Aid Training Adults  September 7 & 14

Mental Health First Aid Training Youth  September 21 & 28

Credit Education: Blended  October 5: in class
  October 12: online

Online Secondary Education CCP and Voc Ed  October 12

GED & HiSET: Earning Your High School Credentials  October 19

Workforce Development: CareerLink Presentation  November 2

Reentry Resources and Information  November 9

Workshops are Free to the Community
# Calendar of Courses

## MONDAY

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<th>Time</th>
<th>Course</th>
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<td>African American Genealogy and History, (6:00 p.m. – 9:00 p.m.) 10 weeks</td>
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<td>African American Literature (online), 6 weeks</td>
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<td>Basic Arabic, (5:00 p.m. – 7:00 p.m.) 10 weeks</td>
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<td>Creative Writing, 8 weeks</td>
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<td>Earth Science, 6 weeks</td>
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<td>Living Off the Land: Urban Farming, 4 weeks</td>
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<td>Mathematics 101, 10 weeks</td>
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<td>Rites of Passage: Young Adult, 10 weeks</td>
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<td>7:00 PM – 8:30 PM</td>
<td>Conversational Spanish, 10 weeks</td>
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<td>Etymology, 10 weeks</td>
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<td>Finding Your Queen, 10 weeks</td>
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<td>Hip Hop Ethics, 8 weeks</td>
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<td>How to Own Your Own Real Estate, (7:00 p.m. – 9:00 p.m.) 6 weeks</td>
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<td>Money Smart: Breaking Out of Your Mess, 10 weeks</td>
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<td>Sick of Being Sick, 10 weeks</td>
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## TUESDAY

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<td>5:30 PM – 7:00 PM</td>
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<td>Basic Design Sewing, Section 1, 8 weeks</td>
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<td>Building Maintenance Basics, 8 weeks</td>
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<td>Discovering Your Authentic Self, 10 weeks</td>
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<td>Etymology Intermediate Arabic, 10 weeks</td>
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<td>Introduction to Computer Basics, 5 weeks</td>
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<td>Introduction to Spanish, 10 weeks</td>
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<td>The Journey from Africa to America, 10 weeks</td>
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<td>Reel Deal Black Culture, 10 weeks</td>
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<td>Transitional Math, 10 weeks</td>
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<td>American Sign Language, 10 weeks</td>
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<td>Basic Design Sewing, Section 2, 8 weeks</td>
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<td>Crochet: Basic and Beyond, 10 weeks</td>
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<td>Dreamcatchers: F.L.A.V.O.R., 5 weeks</td>
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<td>Developing Dynamic Databases: Microsoft Access, 10 weeks</td>
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<td>Emergency Medicine, 8 weeks</td>
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<td>Hip Hop Therapy, 8 weeks</td>
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<td>Leadership Business of 21st Century Technology, (7:00 p.m. – 9:00 p.m.)</td>
<td>8 weeks</td>
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<td>Sick of Being Broke, 8 weeks</td>
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<td>Throw the Fish Back In: Domestic Violence Awareness, 5 weeks</td>
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**WEDNESDAY**

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<td>Zumba: Letting it Move You, Sections 1 and 2, (4:30 p.m. – 5:30 p.m.) 5 weeks, page 18</td>
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<td>Introduction to American Government, 8 weeks, page 13</td>
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<td>Introduction to Yoruba, 10 weeks, page 19</td>
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<td>Message in Our Music, 5 weeks, page 13</td>
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<td>Orange is the New Black: Inside Reentry, Sections 1 and 2, 5 weeks, page 21</td>
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<td>Social Studies and Economics, 10 weeks, page 11</td>
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<td>7:00 PM – 8:30 PM</td>
<td>The Criminal Justice System (online), 4 weeks, page 23</td>
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<td>Hair Storee, 8 weeks, page 20</td>
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<td>Introduction to Marketing, 5 weeks, page 15</td>
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<td>Optimize Your Health with Plant Based Foods, 10 weeks, page 17</td>
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<td>Sahaja Meditation, 10 weeks, page 17</td>
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<td>Strive: The Psychology of Recovery, 8 weeks, page 21</td>
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<td>4:00 PM – 5:30 PM</td>
<td>Herbs Really Work, 5 weeks, page 16</td>
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<td>How to Publish Your Own Book, 8 weeks, page 20</td>
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<td>Mind Your Money Matters, 10 weeks, page 15</td>
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<td>African Drumming and Percussion, (6:00 p.m. – 7:00 p.m.) 6 weeks, page 12</td>
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<td>Dissolving the Color Line, 10 weeks, page 12</td>
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<td>Don’t Get Stumped: Business Tools, 10 weeks, page 14</td>
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<td>English 101, 10 weeks, page 10</td>
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<td>Exploring Your Inner Artist, Sections 1 and 2, 5 weeks, page 20</td>
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<td>Introduction to Personal Computers, 10 weeks, page 22</td>
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<td>Legal Studies for Social Change, 10 weeks, page 21</td>
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<td>NGOMA Dance, (5:30 p.m. – 7:00 p.m.) 6 weeks, page 15</td>
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<td>Reclaim Your Time, 3 weeks, page 21</td>
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<td>Reel Racial History, 10 weeks, page 14</td>
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<td>Walking Into the Rainbow, 10 weeks, page 18</td>
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<td>Creating Professional Spreadsheets: Microsoft Excel, 10 weeks, page 22</td>
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<td>Easy Quilting, 5 weeks, page 20</td>
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<td>Hip Hop 101, 10 weeks, page 20</td>
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<td>Qigong Healing, (7:30 p.m. – 8:30 p.m.) 10 weeks, page 17</td>
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<td>Self-Discovery, 5 weeks, page 17</td>
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ACADEMIC COURSES / IMANI

PASCEP/CSPCD ABE/GED classes—PASCEP0041
Course Fee: FREE  (8 Weeks) Tuesdays, Wednesdays, Thursdays, 5:30 p.m.– 8:30 p.m.
High school equivalency and transition classes are a collaboration with the Workforce Education and Lifelong Learning program (WELL) of the Temple University Center for Social Policy and Community Development (CSPCD)-College of Public Health. Prepare for the GED or HISET High School Equivalency examination. Adult Basic Education (ABE) learners attend classes to enhance their academics (PREGED) to attend high school equivalency coursework (GED/HiSET). All attendees must complete the Test of Adult Basic Education assessment before attending any academic courses. Temple Tutor Corps, student workers and academic volunteers may provide additional assistance for all courses.

Academic Enrichment: Transition to Post-Secondary Education and Preparation for the Workforce—See Individual Courses
Applicants with a GED or HS Diploma are encouraged to attend transitional subjects. PASCEP offers academic application courses to prepare you to transition to college, attend vocational school, or acquire employment. Transition courses provide focus on the subjects that effect your ability to pass entry exams, employer assessments and placement tests: Math 101, Transitional Math, English 101, Creative Writing, Social Studies and Science. We have also added courses to give you the academic rigor to be successful in trade schools and college. These courses will teach you to read academic texts, write academic narratives and advance your Math levels.
Prerequisites: All attendees must complete TABE Testing prior to admission. Attending an information session to understand the commitment and requirement of the program is mandatory.
Additional information and testing contact CSPCD WELL 215-204-2560 or pascep@temple.edu.

Creative Writing—PASCEP0103
Course Fee: $25.00  (8 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This course applies writing principles to creative thought in order to assist students with developing skills to be successful in postsecondary writing intensive courses. The course is also useful in developing your writing style for practical life applications.
Instructor: Ann P. Martin received a Master of Social Work degree from the University of Pennsylvania. She is a retired program analyst and social worker with the City of Philadelphia. She is an author and publisher.

Earth Science—PASCEP0104
Course Fee: $25.00  (6 Weeks) Mondays, 5:30 pm – 7:00 pm
Students will learn Earth science content and the scientific practices associated with investigation including comprehension, critical thinking and evaluation, synthesis and written communication of information, reading and interpretation of graphs and diagrams, and application of scientific concepts.
Instructor: Shondricka Burrell is a former high school science teacher and college instructor with graduate degrees in both geology and education. She is now a doctoral student and research assistant in science education at Temple University.

English 101—PASCEP0040
Course Fee: $25.00  (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course is an academic writing refresher. Students will learn to convey thoughts into written words in a clear and concise context using basic writing skills. A review of grammar and punctuation will also be covered.
Instructor: Carl Ivey III is a graduate of LaSalle University and a member of the Pennsylvania Society of Public Accountants. He is retired from the Air Force Reserve and has taught at PASCEP since 1998.
Etymology—PASCEP0009
Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
In this course, students will be taught how to increase their vocabulary by learning the meanings of prefixes, suffixes, and root words. Etymology is derived from the Greek words “etym” meaning history/origin and “log” meaning word. Further, this course will teach students how words acquire new meanings over a period of centuries. This course will also show students the importance of understanding the denotations and connotations of words. Moreover, students will learn how to study words in their original historical context.

**Instructor:** Abdullah El Talib Mosi Bey
earned a Bachelor of Arts degree from Glassboro State College and a Master of Social Work degree from Rutgers University’s Graduate School of Social Work.

Mathematics 101—PASCEP0101
Course Fee: $25.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This course is designed for the student who needs a refresher on the principles of mathematics. Students learn to read, write and interpret mathematical information; basic fractions, decimals and percent problems. Data, statistics, shapes, and measurements are included. The goal is for students to successfully build math skills for employment, high school equivalency acquisition and the transition to post-secondary education.

**Instructor:** Edward Coleman
is a graduate of Cornell University, where he earned a Masters of Arts degree. He has been a volunteer at PASCEP since 1998. He is also a member of the Association for the Study of Classical African Civilizations (ASCAC).

Social Studies and Economics—PASCEP0110
Course Fee: $25.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The course will cover the study of U.S. government and economics, geographical critical thinking and graphic literacy.

**Instructor:** Fredia Banks
is a graduate of Wilberforce University, where she earned a degree in sociology. She is currently a retired social worker from the City of Philadelphia.

Transitional Math—PASCEP0102
Course Fee: $25.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course builds your math skills for practical applications such as: workforce development, postsecondary preparation, and college math success. Students who have completed a GED credential will want to attend this course to transition to the next level.

**Instructor** Akil Parker
is a 10-year veteran high school mathematics teacher in the Philadelphia school system. He holds a BS in finance from Morgan State University. Akil is working towards a MEd in educational leadership from Lincoln University while teaching at World Communications Charter School in Philadelphia where his focus is precalculus.

AFRICAN AMERICAN STUDIES / TAMBIKO

African American Artist: The Contribution, Achievement and Impact—PASCEP0204
Course Fee: $25.00 (3 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course is designed to introduce students to notable African American artists, examine their roles in art history, and highlight the efforts and accomplishments of their work.

**Instructor:** Jamese Newsome Williams
is a former art educator in Philadelphia charter schools. She holds a Bachelor of Fine Arts from Temple University’s Tyler School of Art and a MA in museum education.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

African American Genealogy and History—PASCEP0030
Course Fee: $35.00 (10 Weeks) Mondays, 6:00 p.m. – 9:00 p.m.
This course is to assist students in documenting and sharing their African American family history. We cover uncommon African American history for those who migrated from the south to Philadelphia, during the largest migration in the world. We also cover DNA, genetics, epigenetics, and evidence Africans migrated all over the entire world, including their relationships with Native Americans, Chinese and Latins. During class, students will have access to computers and Ancestry.com for free.
Optional: Students will receive one-on-one instruction on the second Saturday of the month.
Instructor: Tamera C. J. Baggett is a narrative community therapist, professional genealogist since the 1980s and an alumna of Temple University with degrees in psychology, criminal justice and Latin American studies. A PASCEP instructor since 2004, she is teaching her 28th semester.

African American Literature: Online—PASCEP0202
Course Fee: $35.00 (6 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
African American Literature is an appraisal of the literature and culture of the African American, African Cuban, and African people, with their common bonds and differences. The course will study representative works of African people. The focus for this section will be an examination of the cultural identity, liberation, colonialism, and racism of three novels from the African diaspora beginning with the *Bluest Eye* by Toni Morrison.
Instructor: Dr. Ramona L. Hyman is an educator, speaker, essayist and poet. Dr. Hyman’s work is grounded in an African American cultural and religious sensibility. Dr. Hyman is an alumnus of Temple University and the daughter of PASCEP’s founder Annie D. Hyman.

African Drumming and Percussion—PASCEP0502
Course Fee: $30.00 (6 Weeks) Thursdays, 6:00 p.m. – 7:00 p.m.
This course provides instruction in African Drumming focusing on the tones and simple rhythms which will allow the students to quickly play and master the instrument. There will also be discussion about various drummers and demonstrations of the percussion instrument. Instruction for parents and children is encouraged. Students are encouraged to bring an instrument.
Instructor: Saantis Fenmu Davis is a percussionist trained in music education and performance. He graduated from The City College of New York.

Dissolving the Color Line: From a Values Perspective—PASCEP0203
Course Fee $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course will provide a fresh airing of the “funky,” knotty, but very topical problem of race relations in America and around the world. A detailed picture of how racial inequalities are maintained by a western value system disorder will be framed in the context of an extensive demonstration of a self-help values clarification class.
Instructor: Dr. Jerome E. Fox, PhD is a graduate of Temple University’s clinical psychology program. Dr. Fox has 19 years developing, administering, and analyzing drug abuse programs in the United States Department of Justice Federal Bureau of Prisons.

Finding Your Queen: Rites of Passage for Women—PASCEP0200
Course Fee: $40.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
This course is for every woman who wants the opportunity to know herself culturally, confidently, and spiritually. The course is an African Centered Rite of Passage that addresses the issues of becoming one’s best self, the “Queen” self. No matter your ethnic background, there are womanly lessons that make you whole. There are 9 components to complete to be able to participate in the symbolic ceremony.
Instructor: Vernita “Nana Vee” Terry is known for working to keep culture on the surface of daily life. Nana Vee trained to be a “Ritualistic Dunsini” with Dr. Kwabena Ashanti at North Carolina.
Hip Hop Ethics—PASCEPo603  
Course Fee: $40.00 (8 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.  
This course will answer three important questions: (1) Can Hip Hop be deemed legitimate culture? (2) Does hip hop culture reflect a certain set of moral values? (3) What values does it reflect and project? The course will trace the trajectory of the major ethical systems at work in the culture and seek to connect the dots between African American history and Hip Hop History.  
Instructor: Brady Goodwin aka “Phanatik” is a two time, Grammy-nominated artist. He is also a developer of culturally relevant character education curriculum for urban youth leaders as well as a self-published author.

Introduction to American Government: We are all Politicians—PASCEP0207  
Course Fee: $35.00 (8 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.  
This is a survey of American political governmental institutions involved in making and enforcing policy decisions at the local, state, regional, and national levels of the United States. This course is also designed to introduce students to conceptual frameworks of American politics, non-governmental participants in American governance and institutions that determine who gets what, when, and how in American society. Reading and discussing current newspaper articles and events as well as oral presentations are course requirements.  
Instructor: Dr. Jamal Benin, a lifelong PASCEP veteran and colleague of founder Annie D. Hyman, is a professor in the Temple University Intellectual Heritage department and an adjunct professor at Lincoln University. Dr. Benin exemplifies the PASCEP mission of “Keeping the Community Informed.”

The Journey from Africa to America—PASCEP0005  
Course Fee: $30.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.  
This Afrocentric course will benefit anyone interested in developing the knowledge and the tools necessary to teach African-American history and culture. The course will assist in fostering a stronger sense of self-worth and self-knowledge.  
Instructor: Lillian Green, PhD is a veteran teacher, retired from the School District of Philadelphia where she taught all grade levels and worked in its division of African and African American studies. She received her PhD in African American studies from Temple University.

Course Fee: $30.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.  
October 25 – November 29  
This course will cover how soul music of the 1960s to the middle of the 1970s was shaped and the factors that helped influence the music. The course will look at the social, economic, and geographical factors that shaped the music of the era. Finally, the course will focus on how environmental factors helped shape the music of that time and how the effects are still being felt today. What are lasting legacies of that time period? How do we learn from them?  
Instructor: Coy Campbell is a native of Chicago Illinois where he received a Bachelor in Psychology and Masters in Rehabilitation Administration. Mr. Campbell taught in the Indiana public school system and has taught this course at the University of Wisconsin. He is also an accomplished DJ of more than 20 years.

Reel Deal Black Culture—PASCEP0503  
Course Fee: $40.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.  
The emphasis of the Reel Black History course is to utilize feature films, documentaries and video sources to better understand the African American experience. From slavery to illusions of a post-racial America, this course will provide a comprehensive historical lens of what it means to be Black in America.  
Instructor: Dr. Sharron “Shah” Scott is a veteran educator and graduate of Temple University. Her research agenda investigates the intersection of race, education, and culture in colleges and universities, as well as other educational settings.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

Reel Racial History—PASCEP0205
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
REEL Racial History is an engaging film-based and discussion-centered course that investigates the construct of race, racial inequality, contemporary racism, and social justice as they reflect historically and sociologically. Particular attention is focused upon Blacks and Whites in America.
Instructor: Dr. Sharron “Shah” Scott is a veteran educator and graduate of Temple University. Her research agenda investigates the intersection of race, education and culture in colleges and universities, as well as other educational settings.

Rites of Passage: Young Adult Coed—PASCEP0201
Course Fee: $35.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Every culture celebrates the crossing over from adolescence to adulthood. This Rites of Passage will offer you an awakening to tools that will help to elevate you to a knowledgeable, empowering, and wonderful adulthood.
Instructor: Vernita “Nana Vee” Terry trained as a Comer School development specialist at Yale University, where she embraced the “whole village” concept. In 1999, Nana Vee founded the Whole Village Rites of Passage Program.

BUSINESS AND PROFESSIONAL DEVELOPMENT/UJAMAA

Building Maintenance Basics—PASCEP0403
Course Fee: $35.00 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course is designed to provide the student with entry-level knowledge and skills to be successful in a building maintenance job.
Instructor Maurice Faust has been delivering trades education and training for over 20 years in a number of venues. Currently, Mr. Faust teaches Career and Technical Education for the School District of Philadelphia.

Don't Get Stumped: Business Tools—PASCEP0401
Course Fee: $40.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Learn how to properly take advantage of the credits and deductions for your business. This is an interactive course. Topics include: what the IRS accepts as your bookkeeping system, how to report your income from your business on your tax return, what activities qualify as business deductions, obtaining your federal tax ID, city tax ID, and state ID based on profit or nonprofit status.
Instructor: Aletta Parris-Oday is the CEO of AOK Business Services, LLC.

Estate Planning—PASCEP0402
Course Fee: $35.00 (10 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m.
Many people spend more time planning their vacations than planning their estates. Estate planning is much more important. It is not just planning for what happens to your property, it is about what happens to you in the event of an untimely accident or death. You will learn the purpose of an estate plan.
Instructor: Alletta Parris-Oday is a graduate of Strayer University with a MBA in Public Administration. She is also the founder of Footprints to Success.

Exploring Entrepreneurship: Changing Your Hobby into a Business—PASCEP0405
Course Fee: $35.00 (5 Weeks) Mondays, 4:00 p.m. – 5:30 p.m.
Many people have been providing services to others or making beautiful handcrafted items as a hobby. Your gifts and talents can sustain you by turning your hobby into a business. This course will teach you the skills you already possess and build the skills you need to be successful.
Instructor: Renee Kirby is the former Associate Director of Disability Resources and Services at Temple University. She began her career as a recreation leader in the Philadelphia Department of Recreation and later founded the Temple Rollin’ Owls, a collegiate wheelchair basketball team for which she won the Harold K. Jacks Award.
How to Own Your Own Real Estate—PASCEP0045
Course Fee: $35.00 (6 Weeks) Mondays, 7:00 p.m. – 9:00 p.m.
This course is perfect for the person who wants to purchase a home or invest in real estate. The course covers how to properly prepare and look for your future home or investment property. In this class, you will learn how to buy fixer-uppers, HUD, Fannie Mae and Freddie Mac houses.

Instructor: Annette C. Collier is a licensed real estate broker in Pennsylvania, New Jersey and Delaware.

Introduction to Marketing—PASCEP0404
Course Fee: $35.00 (5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
Learn the basic marketing concepts taught in college level courses in just a short time. Included are marketing strategies and the “5 Ps”—product, promotion, price, place, and positioning. Students will learn to create a comprehensive marketing plan for a business.

Instructor: Maia McCoy is a successful marketing professional with nearly 15 years of experience in different industries including financial services and insurance. She has broad expertise in various areas of marketing including social media.

FAMILY ACTIVITIES/UMOJA

NGOMA: Dance Movement of the Heart—PASCEP0700
Course Fee: $30.00 (6 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
The purpose of this course is to engage families in quality time for the body and soul. Dancing makes everyone feel better, more joyful and communicate better. Adults may attend the class without a child. All are welcome.

Classes are held at Berean Presbyterian Church at Broad and Diamond Streets.

Parent (caregiver) and one child attend for one price.

Instructor: Ulise Monroe is a former student of Freedom Theatre, Elyon dance troupe, and a graduate of the Franklin Learning Center Dance program.

FINANCIAL EDUCATION/ÚJIMA

Mind Your Money Matters—PASCEP0505
Course Fee: $25.00 (10 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.

You will learn the basics of financial literacy and banking in this course. Topics covered include: non-traditional financial services; being an informed consumer; buying stocks and mutual funds; investing in education, reviewing taxes and tax planning; purchasing life insurance options, health insurance, and property insurance; estate planning. Learn the history of financial institutions from Africa to China.

Instructor: Alletta Parris-Oday is the CEO of AOK Business Services, LLC.

Money Smart: Breaking Out of Your Mess —A Kingdom Perspective—PASCEP0507
Course Fee: $45.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.

Money Smart is a comprehensive financial education curriculum designed to help low- and moderate-income individuals outside the financial mainstream enhance their financial skills and create positive banking relationships. Money Smart, delivered from a spiritual foundation, prepares learners to take ownership of their financial future. Financial education fosters financial stability for individuals, families, and entire communities.

Instructor: Louise Antoinette McDougal is a professional financial consultant, entrepreneur and minister. She uses her business abilities to enhance other’s practical and spiritual foundation.
FINANCIAL EDUCATION/ UJIMA, continued

Sick of Being Broke—PASCEP0044
Course Fee: $30.00  (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course is designed to share basic investing and wealth building strategies to become financially independent. Students will learn how to create wealth by understanding stocks, bonds, mutual funds, real estate, gold and how the stock market works. The course will introduce students to “Black Wall Street.” Students will also learn about retirement income planning strategies, Rich Dad Poor Dad concepts, how to retire rich, best ways to get rid of debt, and ways to start your own investment club.

Instructor: James R. Veal is founder and managing member of JRV Wealth Management Group, LLC. He has more than ten years of experience as a stockbroker and financial advisor and has worked on Wall Street. He currently conducts seminars and workshops on investing and writes financial articles for a number of community newspapers.

HEALTH AND WELLNESS/ NIA

Discovering Your Authentic Self: Being and Becoming YOU—PASCEP0300
Course Fee: $40.00  (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
The course is based on the self-titled, grounded theory study conducted by Dr. Latisha Webb. In this course, students will be introduced to the concept of the authentic self. Next, students will learn about the internal and external motivators and hindrances within the concurrent processes of being and becoming their authentic selves. Then, students will examine the inner workings of the interdependent dimensions of their authentic selves, which are spiritual, psychological, emotional, sexual, physical, and social.

Instructor: Dr. Latisha Webb BS, MHS, EdD, along with her husband, William, are the co-founders of Opportunity, Inc., and co-owners of Webb Enterprises.

Emergency Medicine and Bioethics: Navigating Health Systems Emergency Services
Course Fee: $35.00  (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course is taught by an emergency room physician and a medical lawyer to inform and equip the community with the skills necessary to advocate for and navigate the emergency health systems.

Instructor: Eddie L. Clark III Esq. has 42 years experience in general private law practice with a focus on family, foster care, personal injury and workers compensation law

Instructor: Lawton Delisser MD is an emergency medicine specialist & family doctor in Pennsylvania.

Herbs Really Work—PASCEP0305
Course Fee: $35.00  (5 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.
This course will inform students about the value of herbs and their health. Students will learn about the body systems and effects of herbs on the immune, digestive and respiratory systems. The relationship of herbs and the earth to the body will be explored.

Instructor: Robert Black is a veteran PASCEP instructor. He has used herbs to treat and heal his personal health issues.

Hip Hop Therapy—PASCEP0307
Course Fee: $35.00  (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
Can rap music be therapeutic? In Hip Hop Therapy, rap music and Hip-Hop culture will be examined. Members of Hip Hop culture can explore how issues such as violence, mass incarceration, and drug use impact the emotional wellness of their families and communities. Students will learn cultural sensitivity/competence, therapeutic interventions and Hip Hop as a tool.

Instructor: Ronald Crawford holds a Master in Human Service degree and has worked as a drug and alcohol therapist in Philadelphia for more than 10 years. Ronald sits on the Community Action Board a research team of community stakeholders and data collection analyst.
Living Off the Land: Urban Farming: Growing Healthy—PASCEP0303
Course Fee: $20.00  (4 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.  
September 11 – October 2
This course will introduce you to techniques to create urban farms and grow your own organic food. Learn about the detriments of GMOs and the benefits of making and using compost to produce nutritious fruits and vegetables.
Instructor: Nefertari Muhammad is the owner of Supreme Compost. She is certified in GMO and Compost Education. Ms. Muhammad is also a community gardener and farmer, herbalist and activist.

Optimize Your Health with Plant-Based Foods—PASCEP0304
Course Fee: $35.00  (10 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
This hands-on learning experience will teach students healthy eating options for sustainable good health and disease prevention. By the end of the session, students will be able to identify and use fresh herbs for seasoning and medicinal use. Recipes will be provided at the end of each session.
Instructor: James Mitchell has been a vegetarian since 1983. He opened several vegetarian venues including Cafe Mills Vegetarian, Vegan and Heart Healthy Foods, Cafe Mills Your Point Destination, and V spot on Main Street in Manayunk.

Qigong Healing Movement—PASCEP0498
Course Fee: $40.00  (10 Weeks) Thursdays, 7:30 p.m. – 8:30 p.m.
Qigong is a Chinese system of breathing exercises, body postures and movements, plus mental concentration that are intended to maintain good health and control the flow of energy. The combination of the two types of movement will improve muscle tone and nourish the mind.
Instructor: Saantis Fenmu Davis is a percussionist trained in music education and performance. He graduated from The City College of New York.

Sahaja Meditation—PASCEP0024
Course Fee: $35.00  (10 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
You will learn about your own subtle system and how to meditate in thoughtless awareness, reaching that inner state of peace and joy. Each energy center has its own special qualities. You will learn about each of these qualities, how to diagnose the state of your energy centers and the techniques that will keep them in balance. This class will teach you how to develop strong attention that minimizes the stress and strain that comes with everyday living.
Instructor: Dorothy Logan is a student of Shri Mataji Nirmala Devi and has practiced Sahaja Meditation for fifteen years. Sharing this unique and simple way of meditation with mankind is her way of saying thanks to the universe.

Self-Discovery—PASCEP0035
Course Fee: $35.00  (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course may help you discover your purpose in life. Students will learn to access their higher mind through meditation, vocal profiling, and reverse speech. This course will also explain the importance of cosmic blueprint (i.e., natal chart) ingesting proper nutrition and engaging life affirming exercise (Qi gong).
Instructors: Shema’yah Bey is a screenwriter, author, and Bio Acoustic researcher. He is the former co-host of Astrologically Speaking on WURD. Vonda Kline is a former body building champion, health and fitness trainer, and certified reflexologist. Vonda has trained and studies spiritual development.

Sick of Being Sick?—PASCEP0012
Course Fee: $35.00  (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
Most doctors agree that chronic degenerative diseases, such as diabetes cannot be cured with prescription drugs. That is because they are caused by the nutritional deficiencies of the standard American diet. This course will show you how to treat your chronic disease with the biblical cure: fruits, vegetables, and water.
Instructor: Bill Young is a certified holistic nutritionist, a member of the American Association of Diabetic Educators and a certified reiki practitioner.
HEALTH AND WELLNESS/NI A, continued

Walking Into the Rainbow: The Path to Spiritual Development—PASCEP0054
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
If you are curious about spiritual development, yet have no prior knowledge or experience, then this class is for you. This class will present ancient sources for spirituality, such as auras, chakras, and spiritual communication, in a slow, practical, and safe step-by-step workshop. The class adopts information from many religions, spiritual philosophies, and sciences in order to demonstrate the spiritual exploration and examination taken up by initiated practitioners and priests/priestesses. This course will also explore the historical dynamics of dance, music, and art in spiritual development.

Instructor: Betty Alridge is a Yoruba priestess of Shango and Egun for more than 40 years, a professional dancer, teacher, and choreographer for 30 years in Philadelphia. Betty received her Bachelor of Fine Arts degree in dance from Temple University and has taught both in the University and with PASCEP.

Zumba: Letting it Move You—PASCEP0301
Course Fee: $25.00 Section 1: (5 Weeks) Wednesdays, September 13 – October 11, 4:30 p.m. – 5:30 p.m.
Course Fee: $25.00 Section 2: (5 Weeks) Wednesdays, October 25 – November 29, 4:30 p.m. – 5:30 p.m.
The ability to combine fitness with dance is a win-win. This is a high energy class that also gives you an overall good workout. With Zumba, it is all about “Letting It Move You” and “Dancing Like No One Is Watching.” So let’s jam!

Instructor: Lynette M. Oguntayo is a certified Zumba instructor. She enjoys fitness and is an employee of Temple University Health Sciences.

LANGUAGE STUDIES/KUUMBA

American Sign Language—PASCEP0014
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This ten-week course is designed for students who have no previous knowledge of American Sign Language (ASL).

Instructor: Baron Roane attended the Philadelphia School for the Deaf and was an outstanding student in the Pan-African Studies Community Education Program’s American Sign Language course.

Basic Arabic—PASCEP0001
Course Fee: $35.00 (10 Weeks) Mondays, 5:00 p.m. – 7:00 p.m.
This introductory course covers grammar, writing and conversational Arabic. The instructor will provide information about the different forms of Arabic letters and the vocalization of each letter.

Instructor: Yahya Abdulmalik is a veteran PASCEP instructor who has been with the program since 1993. He studied the Arabic language and history at Damascus University and the AbduNoor University of Syria.

Conversational Spanish—PASCEP0055
Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
This course is for students who have a basic knowledge of Spanish and desire to engage in normal, everyday conversations with Spanish speakers. The course will provide language practice and exposure to Hispanic culture as well.

Instructor: Janice Smith holds a Bachelor’s degree from the Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.
Etymology Intermediate Arabic—PASCEP0002
Course Fee: $35.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This intermediate course covers Level 2 grammar, writing and conversational Arabic. The instructor’s style of teaching will provide students with fluency in communicating in Arabic.
Instructor: Yahya Abdulmalik is a veteran PASCEP instructor who has been with the program since 1993. He studied the Arabic language and history at Damascus University and the AbduNoor University of Syria.

Introduction to Spanish—PASCEP0006
Course Fee: $35.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course is for students who wish to acquire a basic knowledge of Spanish and to be able to engage in normal, everyday conversations with Spanish speakers. The course will provide some exposure to Hispanic culture as well.
Instructor: Janice Smith holds a Bachelor’s degree from The Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.

Introduction to Yoruba—PASCEP0056
Course Fee: $40.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
This is an elementary course in the Yoruba language. Yoruba belongs to the family of the West African: Niger-Congo linguistic grouping. This class will provide each student the chance to discover the linguistic components: the phonetics, morphology, syntax and semantics of Ebonics or its forms. The Yoruba is unique and alive in the epic memories of the Africans in the Americas as seen in Brazil, Cuba, the Caribbean and the United States. This Yoruba class introduces the student to the basic factors of Yoruba linguistics and more.
Instructor: Abayomi Oladeinde holds a Bachelor’s degree in education, Master of Social Work degree from Temple University and is a doctoral candidate in educational leadership and behavioral health at Grand Canyon University.

PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA

Basic Design/Sewing—PASCEP0037
Course Fee: $40.00 Section 1 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Course Fee: $40.00 Section 2 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course will teach zipper setting, button hole making, seaming and hemming using the sewing machine. Students will also learn how to pick fabric, patterns and notions. Students will have fun creating their own fashion statement, whether in a garment, tote bag or other item. Tips on entrepreneurship will be included.
FABRIC IS PROVIDED.
Requirement: Students should bring a portable sewing machine to class.
Instructor: Rebecca Gaskin is a retired professional freelance fashion designer. For more than 30 years, she has coordinated fashion shows and has consulted for weddings and churches.

Crochet: Basic and Beyond—PASCEP0047
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course will assist students in making dolls, table runners, garments and afghans. They will learn to create jewelry, sculptures, and much more.
Instructor: Cora Williams is a master crochet artist who has over 30 years of experience in the art. She also specializes in crocheted jewelry and dolls.
PERSONAL DEVELOPMENT AND ENRICHMENT/ KUJICHAGULIA, continued

Dreamcatchers: F.L.A.V.O.R. Your Dream—PASCEP0600
Course Fee: $30.00 (5 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course outlines the process by which one can identify their dream goals and then apply the necessary steps to making them a reality. The course provides the step-by-step process of planning, implementing and management of the ideas, the funding, and maintenance of the dream.
Instructor: Kelly Greene-Adams is a mental health therapist and entrepreneur of a small business support company called F.L.A.V.O.R.d since 2008. Mrs. Adams provides administrative support to small businesses and nonprofit organization to ensure legal, financial, and maintenance compliance.

Easy Quilting—PASCEP0603
Course Fee: $35.00 (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
Quilting is an age-old handcraft enjoyed by many. Students in this course will learn to create their own quilt by hand and using a sewing machine. They will also learn the basic quilting techniques to create a legacy.
Instructor: Barbara A. McCrowell has been a quilter for ten years and is a member of Christian Compassion Quilters. Her quilts have been exhibited at Belmont Mansion, Christian Compassion Church, and Pennsylvania National Quilt Extravaganza.

Exploring Your Inner Artist—PASCEP0602
Course Fee: $40.00 Section 1: (5 Weeks) Thursdays, September 14 – October 12, 5:30 p.m. – 7:00 p.m.
Course Fee: $40.00 Section 2: (5 Weeks) Thursdays, October 19 – November 30, 5:30 p.m. – 7:00 p.m.
Explore your creativity and learn painting techniques and different styles of painting in this class. Learn to use a cultural palette to create beginner mix-media paintings, West African and personal iconography. Students should bring basic art supplies (a list will be provided). No previous experience required.
Instructor: Michael Clemmons is a visual artist/curator (The Colored Girls Museum) and the Associate Director (Workforce Development) of Temple University’s Center for Social Policy and Community Development; with 30 years experience in community engagement and the arts.

Hair Storee: African Hairstyling Workshop—PASCEP0027
Course Fee: $30.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
Through lecture, discussion, visuals, hands-on experience and self-reflection, students will be provided with information about natural hair care, history, braiding styles and elementary braiding techniques.
Instructor: Exavia Love is the owner of Island Makeover, a company that manufactures natural hair products.

Hip Hop 101—PASCEP0039
Course Fee: $20.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course in Hip Hop will expose students to listening styles and offer debate and critique of many underground artists and their rhymes. Celebrity speakers will also present in the class.
Instructor: Michael Coard, Esquire, is a graduate of Cheyney University where he earned degrees in English, education and political science as well as The Ohio State University where he received a law degree. He is a criminal defense attorney with more than 15 years of state and federal trial experience.

How to Publish Your Own Book—PASCEP0036
Course Fee: $35.00 (8 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.
Publishing requires diligence, focus and the ability to see the book as the final product. Each week there will be lessons and assignments that will assist in the process. In the end, the students will understand how to self-publish and create and market their books. Students should have begun to write their manuscripts to receive full benefit from this class.
Instructor: Ann P. Martin received a Master in Social Work from the University of Pennsylvania. She is a retired program analyst and social worker with the City of Philadelphia. She is an author and publisher.
Legal Studies for Social Change—PASCEP0604
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This course is an opportunity to learn legal infrastructure and fundamentals for developing a strategy to address social ills. The course includes learning substantive areas of the law such as criminal, custody, contracts, and constitutional law examining one’s own life and social map to create a plan. You will be provided with tools and resources to navigate our legal and political systems.

Instructor: Karla L. Cruel Esq. is a graduate of Drexel University, St. Joseph’s University, and Drexel’s Thomas Kline School of Law. A former high school math teacher, now turned attorney, she focuses her work on empowerment through legal education.

Orange is the New Black: An Inside Look at Reentry for Returning Citizens & Communities—PASCEP0605
Course Fee $20.00 Section 1: (5 Weeks) Wednesdays, September 13 – October 11, 5:30 p.m. – 7:00 p.m.
Course Fee $20.00 Section 2: (5 Weeks) Wednesdays, October 25 – November 29, 5:30 p.m. – 7:00 p.m.
This course shall provide an inside look into reentry and help returning citizens, people with criminal backgrounds, and the general public. The course purpose is to teach participants how to understand and navigate our criminal justice system. It will also provide effective dialogue and frank and open discussion regarding relevant topics to address participant’s challenges.

Instructor: Jeffrey Abramowitz was a civil trial lawyer in Philadelphia for over 20 years when several poor choices led to a federal indictment and a sentence of five years in the custody of the Federal Bureau of Prisons. Jeffrey is a director of adult education and has been instrumental in blending adult education and workforce development programs through an upskilling clinic at PA CareerLink. Jeff also co-facilitates the Temple University New Opportunities workshops.

Reclaim Your Time: Time is Money—PASCEP0601
Course Fee: $25.00 (3 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Time is a non-renewable resource. You can use it or lose it. You have all the time you need to get your priorities accomplished. It is just a matter of changing your perspective and acting more effectively. Learn to see time in several different ways so you can design a system that works for you daily, weekly, monthly or in a time crunch. Claim your time! This course is intended for professional and personal growth.

Instructor: Yvonne B. McCoy, MBA, is the founder of ADEPT Coach & Consultant, a professional coaching company.

Strive: The Psychology of Recovery—PASCEP0050
Course Fee: $35.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
This course uses a combination of philosophy and metaphysics as an approach to address psychological disharmonies that are experienced daily by people of all lifestyles. The process of recovery is defined and examined. Several principle wellness action plans and approaches are used as educational tools such as the STRIVE Motivational Recovery Model, color therapy and laugh therapy.

Instructor: Fatima Abdul Johnson, DM, RM, PhD, is the CEO and founder of S.T.R.I.V.E. Motivation, Inc., a nonprofit organization providing recovery support, counseling and advocacy for individuals in recovery from mental illness and substance abuse.

Throw the Fish Back In: Domestic Violence Awareness—PASCEP0606
Course Fee: $35.00 (5 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
Infinite Achievement Movement (I AM) Initiative presents this course on dating and domestic violence prevention/awareness. Are you tired of being involved in long term dead end, often times verbally, emotionally, physically, and sexually abusive relationships? If your mate was a fish, you would “Throw the fish back in.” This course is intended to provide individuals with skills sets to move their lives to self-sufficiency and healthy relationships.

Instructor: Gwendolyn M. West-Sutton grew up in the Temple University area. She has an Associates degree from Community College of Philadelphia and Bachelor’s degree from Temple University. Mrs. West-Sutton is a 20-year veteran employee of the Pennsylvania Department of Human Services and the Executive Director of the Community Empowerment Group, a nonprofit organization, since 2012.
TECHNOLOGY/TEKNOLOJIA

Creating Professional Spreadsheets: Microsoft Excel—PASCEP0003
Course Fee: $50.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
This course focuses on the fundamental concepts of how to create stunning and effective spreadsheets using Excel. All of the basic terminology, concepts and techniques are learned as students create workbooks.
Instructor: Maurice E. Kennedy Jr., is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

Developing Dynamic Databases: Microsoft Access—PASCEP0048
Course Fee: $50.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
Students will learn the methodology to create and support Access database end-user applications that are menu-driven, fully-functional, intuitive, effective and efficient.
Prerequisites: An administrator desktop or notebook PC account. A complete installation of Microsoft Office 2010.
Instructor: Maurice E. Kennedy Jr., is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

Introduction to Computer Basics—PASCEP0017
Course Fee: $40.00 (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course is designed to teach students how to create documents using Microsoft Word, create spreadsheets using Excel and create presentations using PowerPoint. Students will learn through hands-on practice using Microsoft Applications.
Instructor: Joanne Brogden has an MBA in computer sciences from Temple University. She works as a manager supporting systems at the university. She also teaches business applications to undergraduates at Pierce College of Philadelphia.

Introduction to Personal Computers—PASCEP0018
Course Fee: $40.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Take this hands-on, introductory course to discover the world of computers. Students will learn the basics and background of personal computers and technology, the many uses for computers, essential commands and how to navigate the Windows operating system.
Instructor: Olayinka Olabinjo is a senior technical support specialist for Temple University. He has more than 7 years of experience in computer science and information technology. Among his degrees are a PhD in bioinformatics from Temple University and a BA degree from Drexel University in computer science.

Leadership Business of 21st Century Technology World—PASCEP0504
Course Fee: $40.00 (8 weeks) Tuesdays, 7:00 p.m. – 9:00 p.m.
The Disruptive Innovation and Crisis Leadership course describes a process by which a product or service takes root initially in simple applications at the bottom of a technology market and then relentlessly moves up market, eventually displacing established (incumbent) competitors. This course discusses the importance of the growing field of small Unmanned Aircraft Systems (Drones), Microsoft Halolens (Virtual Lens), Facial Recognition and other innovations.
Instructor: Damian D. “Skipper” Pitts, PhD, is a U.S. Marine turned business professional. Pitts founded the Leadership Bar Initiative, a thought-leadership training and professional development endeavor. He is founder/CEO of FlexRight Solutions and has authored more than eighteen books.
ONLINE COURSES

African American Literature: Online—PASCEP0202
Course Fee: $35.00      (6 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
African-American Literature is an appraisal of the literature and culture of the African American, African Cuban, and African people, with their common bonds and differences. The course will study representative works of African people. The focus for this section will be an examination of the cultural identity, liberation, colonialism, and racism of three novels from the African diaspora beginning with the *Bluest Eye* by Toni Morrison

_Instructor: Dr. Ramona L. Hyman_ is an educator, speaker, essayist and poet. Dr. Hyman's work is grounded in an African American cultural and religious sensibility. Dr. Hyman is an alumnus of Temple University and the daughter of PASCEP's founder Annie D. Hyman.

The Criminal-Justice System: From Arrest to Appeal—PASCEP0025
Course Fee: $25.00      (4 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
This course is a race-based approach to criminal law practice and procedures from historical and present day perspectives. What would you do if you or one of your family members or friends were arrested? What if they were charged with a crime and had to go to court? What would you do if any of you were found guilty and were sent to prison? If you want to know the answers to any of these important questions, you should attend this course, which is taught in a manner that makes the law very easy to understand.

_Instructor: Michael Coard, Esquire_, is a criminal defense attorney with more than 15 years of state and federal trial experience and he specializes in murder cases. Atty. Coard is a veteran PASCEP instructor and professor of law.
SPECIAL FOCUS WORKSHOPS

Credit Education (Building Back Your Credit)—PASCEP0022
Course Fee: Free (2 Weeks) Wednesday, October 5, 5:30 p.m. – 7:00 p.m. Wednesday, October 12, (Online) 5:30 p.m. – 7:00 p.m.
The purpose of this course is to assist and educate individuals who are facing credit issues such as judgments, foreclosure, bankruptcy, collections, lateness or student loans. The goal of this workshop is to help individuals get back on the right track. Class 1 convenes at PASCEP. Class 2 will be online. Blending the course delivery allows the instructor to also provide individualized attention, if needed.
Instructor: Ella Butcher is the founder/president of Butcher Investors, LLC, and Peaches and Cream Foundation, Inc., a mentoring/dance program for girls 11–17 years of age. Her experience includes assisting individuals with credit issues, to help them qualify for mortgages and other types of loans. She is also the author of “Credit Diary.”

Mental Health First Aid—PASCEP0900
Course Fee: Free Section 1: Adult Thursday, September 7 and September 14, 5:00 p.m. – 9:00 p.m.
Course Fee: Free Section 2: Youth Thursday, September 21 and September 28, 5:00 p.m. – 9:00 p.m.
Mental Health First Aid is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses. A certificate is awarded to successful completers.
Instructor: Department of Behavioral Health and Intellectual Disability Services

Transition to Post Secondary Education and Training—PASCEP0905
Course Fee: Free Thursday, October 12, 5:30 p.m. – 7:00 p.m.
This course will introduce participants to resources and organizations for advanced education and training. Information pertaining to college entry and reentry, vocational education, training programs and apprenticeship will be the focus of this session. Many organizations will be on hand to speak to participants about their future goals.

The New GED and HiSET Assessment: Earning a High School Credential—PASCEP0904
Course Fee: Free Thursday, October 19, 5:30 p.m. – 7:00 p.m.
The methods for completing high school and obtaining a diploma has changed. There are several paths, which many people do not realize exist. Many have earned enough credits to be awarded a “secondary diploma” but still struggle with the academic credentials. Representatives will present the different paths to obtaining your credentials and “How to begin the journey.”

Workforce Development: CareerLink—PASCEP0903
Course Fee: Free Thursday, November 2, 5:30 p.m. – 7:00 p.m.
The PA CareerLink systems connects to employers in the tri-state area. This system has the ability to prepare and refer participants to paid training programs. This workshop will introduce you to the resources available online and at Careerlink centers across Philadelphia.

Reentry Resources and Information—PASCEP0902
Course Fee: Free Thursday, November 9, 5:30 p.m. – 7:00 p.m.
PASCEP is positioning itself to provide access to services for returning citizens. To provide access for returning citizens, collaborations among many agencies must occur to meet the need of those returning from the prison system. Systems to assist with education, training, support and employment have come together as a hub in North Central Philadelphia. As a support center, this workshop will introduce you to the partners and resources available through PASCEP and collaborating organizations.

The views and opinions of instructors do not necessarily represent those of the Pan-African Studies Community Education Program of Temple University.
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Classes start: Monday, September 11th
Classes end: Thursday, November 30th

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Visit the PASCEP Website: http://www.temple.edu/pascep for more information.