Digital Education—
Embracing the Past to
Shape the Future

PASCEP
PAN-AFRICAN STUDIES
COMMUNITY EDUCATION PROGRAM

SPRING 2020 NON-CREDIT
COURSE GUIDE

Keeping the Community Informed
The Pan African Studies Community Education Program

Program Motto: Keeping the Community Informed.

Program Mission: To strengthen the knowledge of the community through low cost non-credit continuing and basic adult education courses facilitated in collaboration with Temple University faculty, business experts and community volunteers.

Program Vision: To “Embrace the Past to Shape the Future” through information and education of adults and families across the city of Philadelphia.

Brief Program History

The Pan-African Studies Community Education Program (PASCEP) is a unique and multi-faceted program founded in 1975 by the late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community. TU staff, volunteers and students enrich the learning experience making for a more informed community with the commitment to develop self, others and bring positive change in the community, society and the world.

Prior to coming to Temple in 1979, the Community Education Program was held in neighborhood schools, churches and centers. University faculty volunteered time to teach classes. Ms. Hyman later obtained the support of Dr. Odeyo Ayaga, who was then the Pan-African Studies Department Chair, to seek Temple University’s sponsorship of the program. In the Spring of 1979, the University incorporated the program with PASCEP becoming the community outreach component of the Temple University, Pan-African Studies Department, subsequently re-named the African American Studies Department.

Many faculty members of Pan-African Studies and other departments continued to volunteer and provide quality administration to PASCEP: Muriel Feelings; Yumi Odom; Maisha Sullivan-Ongoza; Dr. Molefi K. Asante; Willie Rogers; Dr. Rita Smith; Dr. Tran Van Dinh; Professor Sonia Sanchez; Professor Jacqueline Mungai; Dr. Barbara Hampton, of Pan-African Studies; Dr. Audrey Pittman; Dr. Thaddeus Mathis; Dr. Wilbert Roget, Afro musicologist; Harrison Ridley Jr. of WRTI-FM; and a host of others. Much gratitude is given to these elders for setting a firm foundation of transformational and servant leadership.

My vision is to “Embrace the Past to Shape the Future.” We will provide 21st century, relevant, cultural, spiritual, intergenerational, and personal programming to enhance, advance, motivate and exhilarate every individual who attends. The foundation of health, wealth and knowledge will be preserved.

Ulicia Lawrence-Oladeinde

Message from the Director

Welcome to another exciting semester at the Pan African Studies Community Education Program. It is an honor to provide administrative leadership in a program that has provided such rich and relevant resources to the community. As I perused through the history of this program, my heart was overwhelmed with the spirit, culture and compassion of the founders and past administrations. I am humbled that the elders and ancestors of this program have entrusted me with this “Diamond” of Temple University.

My vision is to “Embrace the Past to Shape the Future.” We will provide 21st century, relevant, cultural, spiritual, intergenerational, and personal programming to enhance, advance, motivate and exhilarate every individual who attends. The foundation of health, wealth and knowledge will be preserved.

Ulicia Lawrence-Oladeinde

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FALL 2020 SEMESTER CALENDAR
Monday, January 27, 2020 - Thursday April 9, 2020

ONLINE REGISTRATION: Monday, December 2, 2019 – Monday, March 16, 2020

WALK IN REGISTRATION: Tuesdays, Wednesdays, and Thursdays, January 14, 2020 - March 5, 2020
Hours: 1:00 p.m. to 6:00 p.m.

DROP/ADD (5:00 p.m. - 7:00 p.m.): Submit written request via email to administrator or pascep@temple.edu. No request can be honored after the first week of each section.

Academic Class Assessments: By Appointment for all academic enrichment classes on Tuesdays and Wednesdays, 1:00 p.m. – 7:00 p.m. Assessment is mandatory for all academic classes

PASCEP 5-Week Classes, Section 1: Monday, January 27, 2020 – Thursday, February 27, 2020

PASCEP 5-Week Classes, Section 2: Monday, March 9, 2020 – Thursday, April 9, 2020

Spring Semester Break: Monday, March 2, 2020 – Thursday, March 5, 2020 All classes are required to take Spring Break.

You must be 18 years or older to enroll in PASCEP (except with special permission and waiver. Contact PASCEP Director).

PASCEP Office Location: ECEC 1509 Cecil B. Moore Avenue 2nd Floor, Room 220 Philadelphia, PA 19121 (PHONE) 215-204-1993 • (FAX) 215-204-8171 http://noncredit.temple.edu/pascep Email: pascep@temple.edu

PASCEP Information Line: 215-204-1993
KYW Radio’s Snow Emergency Information: Listen for Call Number 2120 Visit the PASCEP Website: http://noncredit.temple.edu/pascep
Registration Process

Complete registration for PASCEP classes through Temple University’s non-credit and continuing education system (DestinyOne). You can create a free account using your personal computer or you can call our offices (215-204-1993) and we will create a student account for you. Create a free account by entering your profile information at noncredit.temple.edu/pascep. Enjoy checkout and payments electronically by credit card. All discounts are processed during walk in registration. PASCEP staff can also assist you with completing credit card payments in our computer lab.

- Once you receive a student number (ex. X01010) you will use the same account number to enroll in any non-credit courses offered at Temple. If you have attended noncredit classes across Temple Campus, we can access your student number. You must have an accessible email address prior to creating your account in DestinyOne. (Record your user name and password once created.)

- If you do not have an email address, you can create one using Google. Assistance is available during KeySpot open lab (Monday – Thursday 1 – 5 p.m.) and walk-in registration.

- All transactions including: applying for courses, revising your profile, class change request, inquiries and special requests, must be accessed through your DestinyOne account. You may also email: pascep@temple.edu.

In your browser type: noncredit.temple.edu/pascep.

Create a Temple University DestinyOne Account

NOTE: If you have previously taken a non-credit or continuing education course, you may already have an account. You can contact destiny1@temple.edu or call 215-204-4866 with questions. These steps guide you through the DestinyOne registration process:

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple University PASCEP page should appear.

2. Click the “Login” link in the upper right hand corner. Then, click “Student Login.”

3. New applicants will place their email address in the box labeled “I am a new DestinyOne user.” Follow the prompts as they appear and record user names and passwords.
   - You will be asked to provide your name, gender, email address, phone number, and mailing address.
   - You can also tell us a little bit more about your learning goals and select the specific program(s) in which you have interest.

4. Former students should login through the middle box labeled “DestinyOne Account Login. DO NOT remove the TU_.” You must have access to your email to retrieve forgotten passwords.

5. Follow the prompts on the screen. Once completed click the “Submit” button.
   - You will receive several emails providing your account information.

Announcements

Schedule Changes: After the Course Guide is published, scheduled changes do occur. You will be notified by printed material and email of these changes. However, especially for those who do not use or have access to your email, we recommend that you contact the PASCEP office before the semester begins to request course updates.
ID Badge: The process to acquire an ID Badge has changed. Students will be informed of the process via email. Only students who complete the process will receive the Temple ID. You will be required to show current state ID cards to access the building.

How to Enroll in a PASCEP Class

1. Begin by typing ‘noncredit.temple.edu/pascep” in the address line or search box. The Temple PASCEP page should appear.

2. Scroll down the page below the Course Guide until you reach the “Courses” section. Courses are arranged in alphabetical order or click the gray arrow to search by course number.

3. Click on the name or number of the course and another screen will appear with the course description and enrollment box.

4. Add the Course section to the cart (Click Add to Cart). You will be prompted to continue to shop (Keep Shopping) or Check out.

5. Checking out will bring you to view everything in the cart. You may keep the selections or remove them (If you make any changes remember to hit the Update button). Choose the checkout button again.

6. This will bring you to Log In or Create an Account screen. Follow the instructions for creating an account (I am a new Destiny One user) or enter your DestinyOne Account Login.

7. After Log in, the payment screen will appear.

8. If paying by credit card hit the radio button for “Paying by credit card” or hit the button, “I would like to pay by another method” and the PASCEP office will receive your request.

9. The system holds your checkout selections to be processed when you come to walk in registration at the PASCEP office. If you close the checkout process prematurely, Destinยวone@temple.edu will send you an email and you may resume your checkout process.

YOUR STATE ID CARD WILL GAIN ACCESS TO TEMPLE UNIVERSITY ENTERTAINMENT AND COMMUNITY EDUCATION CENTER, 1509 CECIL B. MOORE AVE.

COURSE FEES

Payment Options:

Credit and Debit Cards

• Online registrants may pay via credit or debit card. “Bank Gift Cards” with the VISA logos are accepted for credit card purchases. Hold the gift card until all classes are completed. Refunds are placed back on the gift card if a class is cancelled.

• Your personal computer/devices can be used to process your credit/debit/gift cards payments. You may also process your credit card payment at PASCEP via the computer lab with assistance from a Temple tutor. PASCEP staff will process money orders, senior discounts and scholarships.

Money Orders

• All money orders are to be made payable to Temple University. Each money order must be completely filled out by the purchaser.

• The dollar amount ($) of each money order must match the course fees. Money orders will be refunded via Temple University checks.

WE REGRET THAT WE CANNOT ACCEPT CASH OR PERSONAL CHECKS
Senior Citizen Discount:
Seniors are eligible to attend one course per semester at $10.00 when taking 2 or more courses. A course fee of $10.00 will be applied to the lowest course fee. Regular fees apply for each additional class selected.

Seniors will only receive discounts at walk in registration with presentation of proof of age. Acceptable forms of ID: Original State Issued Birth Certificate or Driver’s License. Eligibility: You must be age 65 or older at the time of registration. (Example: you complete registration for one class online at full price. The second course for the discounted fee must be processed at PASCEP during walk in registration. Inform the registrar that one class has been paid and you would like to enroll in the discount course. Once the first class is confirmed you may pay with a credit card or money order for the discounted course.)

Refunds:
Refunds of course fees are issued only if a class is cancelled. Students who choose to not attend classes cannot receive a refund. Discounted courses are not refunded unless processed through the PASCEP office. All refund requests must be submitted in writing.

Low Enrollment Class Cancellations:
Temple University reserves the right to cancel a course due to insufficient enrollment or other unforeseen circumstances. If a course is cancelled for any reason, you will be notified and your entire course fee will be refunded. You will have the option to enroll in another course. Financial adjustments will be made if there is a difference in the new course selection.

Wait List:
If registration for a class becomes full, DestinyOne will place you on a wait list. You will receive an email from the system about your “wait” status. If a space become available, you will receive another email to register for the class.

Drop/Add Courses:
In order to drop/add a course, you must come to the PASCEP office during the designated drop/add dates and times. Drop/Add occurs during the first week of classes (five or ten week courses). Request must be in writing or via email.

Certificates of Participation:
Participants receive a Certificate of Participation who attend 80% of each course (Example: 80% of 10 week course is 8 sessions of 10, 80% of 5 week course is 4 sessions of 5). Certificates are issued at the end of the course, according to the instructor’s completion of attendance. Certificates are only held for two semester (one year). After one year, Destiny one transcripts will be printed to reflect class attendance. Certificates will no longer be available.
WHAT’S THE NEWS?/HABARI GANI:
40 years of “Keeping the Community Informed”

Professional Development Workshop for Job Seekers—Lenfest North Philadelphia Workforce Initiative
Jan. 27, 4:00 p.m. – 5:30 p.m., rm. 214
Feb. 24, 4:00 p.m. – 5:30 p.m., rm. 214
Mar. 24, 4:00 p.m. – 5:30 p.m., rm. 214 & 216
Apr. 20, 4:00 p.m. – 5:30 p.m., rm. 214
Instructor: Michael Robinson, MS, Director, Community Outreach & Hiring, Lenfest North Philadelphia Workforce Initiative/ Temple University

Wantrepreneurship: Realities of Starting a Business
January 30, 5:30 p.m. – 7:00 p.m.
Panel discussion facilitated by Temple University Small Business Development Center

Freedom Summer: Adult Civic and Engagement Courses
5 Weeks: Tuesday, Wednesday, Thursday, June 16 – July 16, 4:00 p.m. – 7:00 p.m.
Civil rights education bridging the past to the present.

PASCEP Community Resource Programs

ACADEMIC ENRICHMENT and CONTINUING EDUCATION
• Online and blended classes
• Information sessions
• Presentations by experts
• Certificate programs by and for the community

WORKFORCE CONNECTION HUB
• Intake, assessment, and coaching
• Employment prep skills, training, and prep to transition to post-secondary education and/or apprenticeships.
• Collaborations include City of Philadelphia Office of Adult Education, PA CareerLink, Graduate Philadelphia, TU-University College, and Goodwill Industries, and TU Lenfest North Philadelphia Workforce Initiative

HELMS ACADEMY
• Goodwill Industries adult education support
• Alternative curriculum to acquire 30 college credits and obtain the Commonwealth of PA secondary diploma
• Goodwill Reentry employment services available

REENTRY SERVICES
• Partnership with JEVS: Looking Forward
• Reentry workshops every Tuesday, 9:00 a.m. – 12:00 p.m.
• Career coaching, upskilling for employment and employment placement on Wednesdays and Thursdays

REGISTER TODAY FOR INDIVIDUAL ASSISTANCE
Temple University—Office of Community Relations

PAN AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM (PASCEP)
1509 Cecil B. Moore Ave., 2nd. Floor
Philadelphia Pa 19121
215-204-1993, pascep@temple.edu
## Calendar of Courses

### MONDAY

<table>
<thead>
<tr>
<th>Time</th>
<th>Courses</th>
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<tbody>
<tr>
<td>2:30 PM – 4:00 PM</td>
<td>NO CLASSES</td>
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<tr>
<td>4:00 PM – 5:30 PM</td>
<td>NO CLASSES</td>
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<tr>
<td>5:30 PM – 7:00 PM</td>
<td>Academic Enrichment Orientation, page 11</td>
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<tr>
<td></td>
<td>Introductory Arabic, Sections 1 and 2, 5 weeks each, page 23</td>
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<tr>
<td></td>
<td>Helms: Online Adult Education, 10 weeks, page 12</td>
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<tr>
<td></td>
<td>How to Own Your Own Real Estate, (6:00 p.m. – 7:30 p.m.) 6 weeks, page 17</td>
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<td>Making the Most of Your Money, 5 weeks, page 18</td>
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<td>Mathematics 101, 10 weeks, page 12</td>
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<td>The Road To Manhood, Sections 1 and 2, 5 weeks each, page 21</td>
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<td>7:00 PM – 8:30 PM</td>
<td>Conversational Spanish, 10 weeks, page 23</td>
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<td>Moors History and Etymology, Sections 1 and 2, 5 weeks each, page 15</td>
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<td></td>
<td>Money Smart: How to Get Out of Your Mess, Sections 1 and 2, 5 weeks each, page 18</td>
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### TUESDAY

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<thead>
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<td>4:00 PM – 5:30 PM</td>
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<td>5:30 PM – 7:00 PM</td>
<td>The Art of Extreme Self Care and Self Worth, Section 1, 5 weeks, page 19</td>
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<td></td>
<td>The Art of Extreme Self Care and Self Worth, Section 2, 3 weeks, page 19</td>
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<td></td>
<td>Basic Design/Sewing, Section 1, 8 weeks, page 25</td>
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<td></td>
<td>Coaching: You Are Worth More Than Money, 3 weeks, page 16</td>
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<td>Discovering You—An Introduction to Acting, 5 weeks, page 19</td>
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<td></td>
<td>Grant Writing Certificate Program, (5:30 p.m. – 8:00 p.m.) 6 weeks, page 27</td>
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<td></td>
<td>How Do I Use This Phone: Android and iPhones, 5 weeks, page 28</td>
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<td></td>
<td>Introduction to Programming (Coding for Adults), 5 weeks, page 28</td>
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<td>Introduction to Spanish, 10 weeks, page 24</td>
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<td>Our Music—Does It Still Matter, 10 weeks, page 16</td>
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<td>Politics of Identity in America, 5 weeks, page 16</td>
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<td>Transitional Math, 10 weeks, page 12</td>
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<td>7:00 PM – 8:30 PM</td>
<td>American Sign Language, 10 weeks, page 23</td>
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<td>Basic Design/Sewing, Section 2, 8 weeks, page 25</td>
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<td>Developing Dynamic Databases: Microsoft Access, Sections 1 and 2, 5 weeks each, page 28</td>
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<td>Hip Hop Therapy, 8 weeks, page 20</td>
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<td>Sick of Being Broke, Section 1, 8 weeks, page 18</td>
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<td>Sick of Being Broke, Section 2, (Saturdays, 9:30 a.m. – 11:00 a.m.) 5 weeks, page 18</td>
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Register Online until Monday, March 16, 2020
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<tr>
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<th>WEDNESDAY</th>
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<th>THURSDAY</th>
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<td>Grant Writing Certificate Program, 6 weeks, page 27</td>
<td>2:30 PM – 4:00 PM</td>
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<td>2:30 PM – 4:00 PM</td>
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<td>5:30 PM – 7:00 PM</td>
<td>Art of the Essay, 8 weeks, page 11</td>
<td>5:30 PM – 7:00 PM</td>
<td>Art and Creativity: Celebrating Women, 2 Workshops, 2 weeks, page 24</td>
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<td>Art of the Essay, 8 weeks, page 11</td>
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<td>Addicted to White: The Oppressed in League with the Oppressor, Section 1 and 2, 5 weeks each, page 13</td>
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<td>Introduction to Genealogy Research, Section 1 and 2, 5 weeks each, page 14</td>
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<td>Art and Creativity: Celebrating Women, 2 Workshops, 2 weeks, page 24</td>
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<td>Introduction to Non-Profit Management, 10 weeks, page 17</td>
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<td>Credit Education, 3 weeks, page 19</td>
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<td></td>
<td>Introduction to Yoruba—PASCEP0056, 5 weeks, page 24</td>
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<td>Discovering You—An Introduction to Acting, 5 weeks, page 19</td>
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<td>Looking Forward Philadelphia: An Inside Look at Reentry, Sections 1 and 2, 5 weeks each, page 26</td>
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<td>English 101, 5 weeks, page 11</td>
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<td>Managing Your Health, Section 1 and 2, 5 weeks each, page 20</td>
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<td>Introduction to Personal Computers Intermediate, 10 weeks, page 28</td>
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<td>Message in Our Music, 5 weeks, page 15</td>
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<td>Walking Into the Rainbow, Sections 1 and 2, 5 weeks each, page 23</td>
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<td>7:00 PM – 8:30 PM</td>
<td>The Making of History: Global Africans—The African American Journey, 8 weeks, page 15</td>
<td>7:00 PM – 8:30 PM</td>
<td>Creating Professional Spreadsheets: Microsoft Excel, Sections 1 and 2, 5 weeks each, page 27</td>
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<td>Sahaja Meditation, 10 weeks, page 21</td>
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<td>Self-Discovery, Section 1 and 2, 5 weeks each, page 22</td>
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<td>STRIVE: The Psychology of Recovery, 8 weeks, page 22</td>
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**SATURDAY SPECIALS!**

- **Craft Bar for Hookers, Needlers, Sewists, and Artisans—PASCEP0607,**
  - Section 1 (Steaders): 9:30 a.m. - 11:30 a.m., February 1, 15, 29, March 14, 28 (see page 26).
  - Section 2 (Beginning Sewists): 12:00 p.m. - 2:00 p.m., February 1, 15, 29, March 14, 28 (see page 26).
- **Sick of Being Broke: Investment 101 for Beginners—PASCEP0044, Section 2,**
  - 9:30 a.m. - 11:00 a.m., February 1 - February 29, (see page 18).
Experience the undergraduate classroom with Temple’s senior scholars program

NO TESTS OR GRADES... JUST THE JOY OF LEARNING

The Senior Scholars program invites those who are age 50 or older to join Temple University’s vibrant educational community and learn alongside diverse students and acclaimed faculty. The program is an opportunity to audit select undergraduate courses. You’ll participate in class discussions and complete course readings, but will not earn any grades or college credit. Classes are offered weekdays and evenings at Temple’s Main, Center City, Ambler, and Harrisburg Campuses!

COURSE TOPICS INCLUDE:
- Art History
- Africology and African American Studies
- Anthropology
- English
- Economics
- Religion
- Political Science
- Sociology
- History
- Psychology
- Greek & Roman Classics

REGISTER ONLINE
Spring registration opens November 18th and closes January 6th.

Spring classes start January 13th.

COURSES ARE $100 EACH WITH DISCOUNT CODE: PASCEPSENIOR

215.204.2712
seniorscholars@temple.edu
noncredit.temple.edu/seniorscholars
ACADEMIC COURSES/IMANI

Academic Enrichment: Transition to Post-Secondary Education and Preparation for the Workforce—PASCEP0041
Course Fee: Free  (Ongoing) Mondays
      Orientation  5:30 p.m. – 7:00 p.m.

There are requirements before a student can begin:
1) Attend a weekly orientation session. These sessions will help you choose the best program for you: face to face, blended, or online.
2) Complete assessment for reading and math levels. TABE or CASAS assessments for portability.
3) Schedule an academic coaching session.
   • Helms Online Program (On-going)
   • Workforce Education and Lifelong Learning–Managed Enrollment (By appointment)
4) Register on line. Call 215-204-1993 or email pascep@temple.edu with questions and concerns.

Art of the Essay—PASCEP0042
Course Fee: $25.00  (8 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
      January 29 – February 26

The Art of the Essay will examine the prose of writers like Frederick Douglass, Ida B. Wells-Barnett, W. E. B. Du Bois, and Anna Julia Cooper. Students will critically analyze excerpts from selected texts and work to compose a short research paper. With reading and writing at the center of the course, participants will use their own life and real world experiences to develop a thesis and explore essential ideas on paper.

Instructor: TBA

English 101—PASCEP0040
Course Fee: $25.00  (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
      March 12 – April 9

This course is an academic writing refresher. Students will learn to convey thoughts into written words in a clear and concise context using basic writing skills. A review of grammar and punctuation will also be covered.

Instructor: Carl Ivey III is a graduate of LaSalle University and a member of the Pennsylvania Society of Public Accountants. He is retired from the Air Force Reserve and has taught at PASCEP since 1998.

ARE YOU AN EMERGING LEADER?
SEE OUR PROFESSIONAL DEVELOPMENT/UJAMAA COURSE:
Grant Writing Certificate Program—PASCEP 0415. Go to page 27.
ACADEMIC COURSES/IMANI, continued

Helms: Online Adult Education—PASCEP0070
Course Fee: $10.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Are you preparing to be a Lifelong Learner? Do you need to enhance your academic skills to complete training, GED or transition to College? Learn to be a successful student whether in the classroom or online. Several different platforms will be used to allow individuals to learn at their own pace as well as access courses of their interests. Massive Open Online Courses (MOOCs) are free online courses available for anyone to enroll. This employer supported and lead onboarding program promotes successful transition into career pathways and post-secondary learning.

In collaboration with Goodwill Industries.

Instructor: Courtney Johnson has been in the field of education since 2010. She had been working in K-12 and non-profit. Her Masters of Science in Education Improvement and Transformation is from Drexel University.

Mathematics 101—PASCEP0101
Course Fee: $25.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This course is designed for the student who needs a refresher on the principles of mathematics. Students learn to read, write, and interpret mathematical information; basic fractions, decimals, and percent problems. Data, statistics, shapes, and measurements are included. The goal is for students to successfully build math skills for employment, high school equivalency acquisition, and the transition to post-secondary education.

Instructor: Edward Coleman is a graduate of Cornell University, where he earned a Masters of Arts degree. He has been a volunteer at PASCEP since 1998. He is also a member of the Association for the Study of Classical African Civilizations (ASCAC).

Social History, Civics, and Economics—PASCEP0110
(Formerly Social Studies and Economics)
Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
January 29 – February 26
The course will cover the study of U.S. government and economics, geographical critical thinking, and graphic literacy including Black Wall Street, African Economic Empowerment and Global Economics of the present.

Instructor: Fredia Banks is a graduate of Wilberforce University, where she earned a degree in sociology. She is currently a retired social worker from the City of Philadelphia.

Transitional Math—PASCEP0102
Course Fee: $25.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Do you need to upskill your math and prepare to take the ACCUPLACER for entrance into higher education? The purpose of this course is to prepare students for introductory college algebra courses. Students will gain self-confidence when attending credit bearing algebra courses in college. If you have completed your GED credential and plan to attend college or apply for apprenticeships, training, or employment, you will want to take this course to pass math assessments.

Instructors: TBA
Universal S.T.E.M. Drone Technology—GED Science—PASCEP0105
Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
March 12 – April 9
This course is an introduction to new technologies for the 21st Century skills. Learn how drones are used for more than just a toy or entertainment. FAA Certification through Civil Air Patrol require licensing to fly drones in community airspace such as parks and beaches. Learn the requirements to fly on such jobs as border patrol, firefighting, disaster relief mapping, and syndicated newscasting. Licensed operators have the opportunity to develop entrepreneurial ventures.

Instructor: Professor Eldred (Jay) Bagley is certified to teach chemistry in Pennsylvania. His experience also includes: STEM, 5 years with Temple’s Department of Physics; 5 years with Rowan Department of Math and Physics; and STEM, 25 years with the Philadelphia Board of Education Secondary Education.

AFRICAN AMERICAN STUDIES/TAMBIKO

Addicted to White: The Oppressed in League with the Oppressor—PASCEP0203
Course Fee: $25.00 each (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Section 1: White Value Detoxification
January 30 – February 28
Section 2: Relapse Prevention
March 14 – April 11
As hard as it may be to believe, all black people (regardless of age, gender, socioeconomic status, domicile, or religious and political affiliations) are “addicted” to a white value system disorder predicated on narcissism, greed, and violence, which is maintained by the historical shaming of Africans. In order to heal, Africans of “all stripes” must gather together, grounded in the self-help philosophy that nothing so much ensures immunity from active addiction as intensive work with fellow recovering addicts. The first four chapters of the workbook will be covered in Section 1. The remaining chapters will be covered in Section 2.

The prerequisite requires attending Section 1 before Section 2. Prior students may register for Section 2 only.

Instructor: Dr. Jerome E. Fox, PhD, is a graduate of Cornell University and Temple University’s PhD clinical psychology program. Dr. Fox has over 20 years of experience in developing, administering, and analyzing addiction programs.

ARE YOU INTERESTED IN STARTING A BUSINESS?

SEE OUR FREE COMMUNITY COURSES:

Facebook Ads: Get Customers for Your Business—PASCEP 0903-016.
Facebook Ads & ChatBots: Get Customers and Cash for Your Business—PASCEP0903-017.
Wantrepreneurship: Realities of Starting a Business—PASCEP0903-018.
Go to page 29.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

COMING SUMMER 2020

History and Theories of Leadership—PASCEP0214
Course Fee: $20.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
What skills and talents were exemplified by the great African American leaders of the 20th and 21st century? How can applying them enrich your ability as a leader? This course is designed to introduce the student to both historical and theoretical dimensions of leadership, with an emphasis on contemporary theories and models. The course emphasizes the "intellectual history" of leadership, providing the student with an enhanced understanding of the richness and diversity of the field of leadership studies. This course is a collaboration with Dr. Belinda White from Morehouse College.

Instructor: Marcus Hall currently serves as a GED and Upskilling instructor for Community Learning Center and JEVS Human Services Looking Forward Reentry program at PASCEP. He earned his BA from Morehouse College, Education Certificate, University of Pennsylvania and MBA in data analytics from Saint Joseph University. He has written articles in several publications including the University of Pennsylvania Sankofa Rites of Passages program and Philadelphia Inquirer. Marcus also serves on the COABE Behind and Beyond the Walls Prison Literacy Committee.

Introduction to Genealogy Research—PASCEP0030
Course Fee: $30.00 each (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
Section 1: January 29 – February 26
Section 2: March 11 – April 8
This 5-week course will assist students in researching their family history and learn the vital skills of planning and organization of their findings. **Section 1: Basic Research**—Students will learn how to use general reference materials and online tools, available to genealogy enthusiasts. Weekly topics covered: how to create a pedigree chart, conducting interviews with living relatives, review clues in vital records, federal census records, and building your family tree. During class students will have access to computers to do in-class research and the opportunity to open a free-trial Ancestry.com account. **Section 2: Building your History**—Ancestry.com subscriber’s intermediate research. Continued research and building of the family history.

Instructor: Renee Kirby is the former Associate Director of Disability Resources and Services at Temple University. She is a member of the African American Genealogy Group (AAGG) in Philadelphia and has been researching her family history for the past 10 years.

COMING SUMMER 2020

The Journey from Africa to America—PASCEP0005
Course Fee: $25.00 (5 Weeks) Wednesdays, 4:00 p.m. – 5:30 p.m.
This Afrocentric course will benefit anyone interested in developing the knowledge and the tools necessary to teach African-American history and culture. The course will assist in fostering a stronger sense of self-worth and self-knowledge.

Instructor: Lillian Green, PhD, is a veteran teacher, retired from the School District of Philadelphia, where she taught all grade levels and worked in its Division of African and African American Studies. She received her PhD in African American Studies from Temple University.
FEATURED COURSE
The Making of History: Global Africans—The African American Journey—PASCEP0213
Course Fee: $25.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m. January 29 – March 25
There is no Philadelphia story without the history and the contributions of African Americans, starting as early as 1639. Philadelphia has nearly a hundred (100) historical markers designating the locations of renowned African Americans who contributed to the political, economic, social and cultural history of the city. The course will also highlight some of the significant individuals and the many Institutions developed by the African American community: churches, schools, literary societies, fraternal organizations and businesses, as well as Institutions founded by African Americans for the purpose of addressing enslavement, racism and injustices in the criminal justice system.
Instructor: Dr. Tahiya McCoy Nyahuma is a Professor of behavioral sciences, global governance and international economic development. She has a PhD from the University of Ghana, West Africa in political science. In 2017, she co-founded Global Africans, an initiative to research, study and travel to every place in the world where there is an African footprint.

Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m. March 11 – April 8
In this class, we will discuss how the social issues of the late 60s and 70s influenced soul music of the 70s. The effects of the civil rights movement in the 60s had on society and the black community. Did the events of the 60s improve the lives of African-Americans? What was the lasting effects? What has changed? What has stayed the same? What lessons were learned that we can apply to in 2019?
Instructor: Coy Campbell is a native of Chicago, Illinois where he received a Bachelor in psychology and Masters in rehabilitation administration. Mr. Campbell taught in the Indiana public school system and has taught this course at the University of Wisconsin. He is also an accomplished DJ of more than 20 years.

Moors History and Etymology—PASCEP0009
Course Fee: $25.00 (5 Weeks) Mondays, 7:00 p.m. – 8:30 p.m. Section 1: January 28 – February 25 Section 2: March 11 – April 8
In this course students will learn the history of the Moorish Empire in Europe. Students will also be taught that the Moors controlled the spice trade between the 700s and 1300s. Finally, students will learn that the Europeans came to world power by defeating the Moors.
Instructors: Abdullah El Talib Mosi Bey earned a Bachelor of Arts degree from Glassboro State College and a Master of Social Work degree from Rutgers University’s Graduate School of Social Work. Robert S. Wilkins is a life-long PASCEP student and has served as a class assistant for several years. He has studied etymology under Abdullah El Talib Mosi Bey since 2007 and has travelled the East Coast assisting with lectures, guest appearances, shows, and research in the fields of linguistics and etymology.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

Our Music—Does It Still Matter—PASCEP0212
Course Fee: $25.00  (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Section 1: January 28 – February 25
Section 2: March 10 – April 7

An in depth journey into the different genres of our music. Featuring the categories of Gospel, Jazz, R & B, Funk, Swing, Acappella and Soul. The acquired knowledge after the class will be used for understanding the historical and emotional role that this music has played to date. Also an involved look at some of the pioneers who, started, changed, created, and elevated the sound. This will be accomplished through guests artist/performers, guest speakers, film (when possible), the music itself, and the research.

Instructor: Lamont (Ali) Hackett is a veteran on air personality who learned from the legends like (Georgie Woods, Jocko Henderson, Hi Lit, etc.) Ali has taken his musical talents and combined them with the history of this music to become one of the living on air authorities on this genre of music.

Politics of Identity in America—PASCEP0215
Course Fee: $35.00 (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
March 11 – April 8

Gay or straight, Black or white, male or female. What do these different group identities mean to Americans? How do they influence our politics? Should we celebrate or downplay our diversity? This course explores how we think about each other’s and ourselves as members of different groups and what consequences it had for how we treat one another. Our fundamental social identities can be a source of power or of powerlessness, a justification for inequality or for bold social reform. Students learn about the importance of race, class, gender and sexual orientation across a variety of important contexts, such as the family, workplace, school, and popular culture.

Instructor: Alan J. Joynes is an educational consultant and currently a career coach at Temple University. He is also an adjunct professor at Temple and Delaware County Community College. Alan is a certified natural health professional (CNHP) with over 20 years of various leadership experiences.

BUSINESS AND PROFESSIONAL DEVELOPMENT/UJAMAA

Coaching: You Are Worth More Than Money—PASCEP0601
Course Fee: $20.00  (3 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
March 19 – April 2

How do you know what you need? Are the choices you make the right path to take? What do I need to learn to progress in life, education, employment, and personally? Time is a non-renewable resource. Maximize your time and enhance your productivity. Take control of your emotional abilities in order to accomplish your goals. It is just a matter of changing your perspective and acting more effectively. Learn to see possibilities in several different ways so you can design and redesign systems that works for you daily, weekly, monthly, or for life long learning. This course promotes you learning more about you relative to what you want to achieve.

Instructor: Ulicia Lawrence-Oladeinde, EdM, applied communications, adult and organizational development, is the Director of PASCEP, a professional educator, and a conflict coach.
COMING FALL 2020

Don’t Get Stumped: Entrepreneurship Tools—PASCEP0401
Course Fee: $25.00 each  (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
This interactive course will teach you how to ensure your business foundation is solid. If you are new to business, you will learn how to create strategic procedures for your business’s financial health. Established businesses will learn the new rules and regulations that govern small business development and sustainability. You will learn to create income, become audit proof, and make sure you are compliant with the Federal, state, and city requirements. Your business will attract investors whether you are a profit or non-profit entity.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in public administration. She is also the founder of Footprints to Financial Success and author of “So You Want To Be In Business: Know Before You Go.” Her specialty is compliance, taxation, and quality assurance. The mission is to create a legacy and develop a path to generational wealth.

How to Own Your Own Real Estate—PASCEP0045
Course Fee: $35.00  (6 Weeks) Mondays, 6:00 p.m. – 7:30 p.m.
January 27 – March 9
This course is perfect for the person who wants to purchase a home or invest in real estate. The course covers how to properly prepare and look for your future home or investment property. In this class, you will learn how to buy fixer-uppers, HUD, Fannie Mae and Freddie Mac houses.

Instructor: Annette C. Collier is a licensed real estate broker in Pennsylvania, New Jersey and Delaware.

Introduction to Non-Profit Management—PASCEP0407
Course Fee: $40.00  (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The goal of this course is to introduce those interested in nonprofit leadership and/or management to key terms and topics involved. It is paramount that our incoming leaders realize the business acumen needed to successfully manage 21st century nonprofits. The course is tailored for students guided by their hearts and passions to improve the quality of our communities locally as well as globally. Emotional intelligence, ample business knowledge, and tact are needed in order to effectively compete in neighborhoods and in the board rooms.

Instructor: Ceciley Bradford-Jones, MS, MBA, is widely recognized non-profit executive who has a distinguished career in mental and behavioral health, criminal justice, and business.

DO YOU NEED A STRATEGY TO ADDRESS YOUR FINANCES?
SEE OUR FINANCIAL EDUCATION/UJIMA COURSES:

Money Smart—Becoming Debt Free: How to Get Out of Your Mess —PASCEP0507.
Making the Most of Your Money—PASCEP0508.
Sick of Being Broke: Investment 101 for Beginners—PASCEP0044.
Go to page 18.
FINANCIAL EDUCATION/ UJIMA

Making the Most of Your Money—PASCEP0508
Course Fee: $25.00 (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
March 9 – April 6
Money Matters is a basic course focusing on personal finance. This course will cover a basic overview of vocabulary terms and events (e.g. new job, retirement, inheritance, etc.) that have an effect on individual’s lives. Avoid these famous last words: “If I had the chance to do it all over again.” The focus will be placed on strategies to address personal finance and life changing events.

Instructor: Patricia Grattic is a St. Joseph University graduate with a degree in management and information systems. She has worked for 30 years in both the public and private sectors, including banking, insurance, government, railroad, and most recently in education. Most of her work experience is primarily in the areas of finance and budgets.

Money Smart—Becoming Debt Free: How to Get Out of Your Mess—PASCEP0507
Course Fee: $25.00 each (5 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
Section 1: Basics, January 27 – February 24
Section 2: Intermediate Budgeting, March 9 – April 6
The purpose of these classes are to prepare you to prosper and do better in your life, not just barely make it financially. Learn the errors in your day-to-day practices that keep you in debt or lack money and possessions. Concepts and principles will help you discipline your life everyday in preparation for your future. Remember, you must plan for your future and not just live for today. Walk away equipped to control your finances. Curriculum work-books are provided.

Instructor: Louise Anntoinette McDougal is a professional financial consultant, entrepreneur and minister. She uses her business abilities to enhance other’s practical and spiritual foundation. Ms. McDougal is a debt destroyer who believes we should NOT be broke.

Sick of Being Broke: Investment 101 for Beginners—PASCEP0044
Course Fee: $30.00 each Section 1: (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.,
January 28 – March 24
Section 2: (5 Weeks) Saturdays, 9:30 a.m. – 11:00 a.m
February 1 – February 29
This course is designed to share basic investing strategies and ways to create wealth without being rich. Basically, It’s an “Investment 101” course for beginners. As a former Wall Street broker, my objective is to bring that experience to you where I’ll show and teach you how Wall Street works and how to benefit financially. Some subjects we’ll be covering are: understanding how to buy stocks, bonds, mutual funds, and gold. You will also learn about retirement planning strategies. “Rich Dad, Poor Dad” concepts, and how to build your 401(K) at work.

Instructor: James R. Veal is President & CEO of JRV Wealth Management Group based in Philadelphia, PA. He started his career as a stockbroker on Wall Street and has been in the financial services business since 1997. His mission is to take his students by the hand to teach, educate, and show them the power of money and various strategies on how to build wealth—especially to those in the African American and Latino communities.
HEALTH AND WELLNESS/NIA

The Art of Extreme Self Care and Self Worth—PASCEP0501
Course Fee: $35.00 Tuesdays, 5:30 p.m. – 7:00 p.m.
Section 1 (5 Weeks): January 28 – February 25
Section 2 (3 Weeks): March 10 – March 24
This is a group-coaching experiential course that will require you to look deeply at your life to discover why it is the way it is and what you can do about it! This course will focus on practical tools and techniques that will enable you to live a more fulfilling and flourishing life. Based on empirical evidence, you will learn proven strategies and step-by-step formulas to achieve more success in your career and personal life. You will develop a road map for putting your dreams to the test by applying universal laws and time-tested success principles.

Instructor: Adesanya Karade is a Results and Life Coach specializing in transition and transformation. As a member of the International Coach Federation, Adesanya received coach training at the University of Pennsylvania, Coach University and Coach Training Institute. Adesanya has worked internationally and conducted trainings in Zimbabwe, South Africa, Kenya, Tanzania, Ethiopia, and South America. She has been a PASCEP instructor since 1995.

Discovering You—An Introduction to Acting—PASCEP0020
Course Fee: $30.00 (5 Weeks) Tuesdays and Thursdays, 5:30 p.m. – 7:00 p.m.
March 10 – April 9
This course introduces art performance through theater games, breathing, and sound exercises. The course meets twice per week for five weeks (10 Classes). Movement assigned monologues will encourage students to read and explore emotions through comedic and dramatic situations. Students will be encouraged to start scenes through improvisation as well as writings. All facts and performances will be explored including being a good audience member. Day one: Tuesdays, will give you concepts and context. Day two: Thursdays, provide practice and creativity. The class will culminate in a 30-minute performance at the PASCEP Closing Ceremony.

Instructor: Joyce Ojo-Allen married the late John E. Allen Jr. who along with Robert E. Leslie founded Freedom Theatre. She is the former acting instructor at Freedom Theatre. Mrs. Allen graduated from Cheyney University. She is a master instructor for the drama ministry at St. John Baptist Church in Camden N.J.

Herbs Really Work—PASCEP0305
Course Fee: $25.00 each (5 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.
Section 1: Basics, January 30 – February 27
Section 2: Intermediate, March 12 – April 9
The Basic course will inform students about the value of herbs and their health. Students will learn about the body systems and effects of herbs on the immune, digestive, and respiratory systems. The relationship of herbs and the earth to the body will be explored. The Intermediate course provides more in depth looks at plants and the body, understanding how to grow or buy herbs, and developing urban home-based gardens.

Instructor: Robert Black is a veteran PASCEP instructor. He has used herbs to treat and heal his personal health issues. Mr. Black is a franchise owner of Wholistic Emporium and an avid urban farmer.
HEALTH AND WELLNESS/NIA, continued

Hip Hop Therapy—PASCEP0307
Course Fee: $30.00 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
January 28 – March 24
Can rap music be therapeutic? In Hip Hop Therapy, rap music, and hip-hop culture will be examined. Members of hip hop culture can explore how issues such as violence, mass incarceration, and drug use impact the emotional wellness of their families and communities. Students will learn cultural sensitivity/competence, therapeutic interventions, and hip hop as a tool.

Instructor: Ronald Crawford holds a Master in Human Service degree and has worked as a drug and alcohol therapist in Philadelphia for more than 10 years. Ronald sits on the Community Action Board a research team of community stakeholders and data collection analyst.

Managing Your Health is Your Responsibility—PASCEP0310
Course Fee: 25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
Section 1: January 29 – February 26
Section 2: March 11 – April 8
This course will focus on the six path ways of good health. Your nutrition is driving force to your health. However, toxicity, psychological, physical, genetic and medical industry are key drivers. The class will emphasize statistical data regarding disease, understanding your chemistry profile, stress, exercising, importance of vitamins minerals and herbs, understanding food labels, recommended reading material and several eating tips for all ages.

Instructor: Philip Washington has worked for more than 30 years in Health Care systems and is a Certified Health Coach. He has served as a manager and administrator in Internal Medicine and Oncology services.

COMING FALL 2020
NGOMA: Line Dancing—Movement for the Heart—PASCEP0700
Course Fee: $25.00 (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
The purpose of this course is to promote fitness and FUN through DANCE. This is not your mother's line dancing class. The next generation of line dancing makes everyone feel better, is fast paced and promotes heart healthy activity. So pull out your FITBIT, count those steps and record your activity. This is an intergenerational class.

Instructor: Ulise Monroe is a former student of Freedom Theatre, Elyon dance troupe, and a graduate of the Franklin Learning Center Dance program. She is also a line dance enthusiast.

DO YOU ENJOY AND APPRECIATE MUSIC?

SEE OUR AFRICAN AMERICAN STUDIES/TAMBIKO COURSES:
COMING FALL 2020
The Principle and Process of Forgiveness—PASCEP0306
Course Fee: $25.00  (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m
This course is based on the premise that all forgiveness is self-forgiveness. The students will understand forgiveness is a principle that is practiced by all major religions. Forgiveness is a requirement if the mind is to be free of negative emotions that are generated during experiences. Research on forgiveness shows that forgiving can affect our physical, emotional, and mental health. Participants will discover the practical tools and techniques needed to experience the principle and process of forgiveness.
Instructor: Bernard Weeks is the creator and facilitator of the Empowerment Through Self-Awareness Seminar. He is a graduate of Springfield College and the University of Metaphysics. Mr. Weeks was an assistant facilitator of Iyanla Vanzant, Philadelphia, PA Transformation Station and a veteran Temple University PASCEP instructor.

The Road To Manhood:—PASCEP 0309
Course Fee: $25.00 each  (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Section 1: For Adult Men (21 and older):
January 27 – February 24
Section 2: For Youth (17 - 20): March 9 – April 6
Section 1: Adult Men: In this course we will begin by providing a basic definition of manhood and include a classroom discussion with the goal of creating our own unique definition that will be referred to throughout the length of the course. We will also discuss the spiritual aspects of manhood, the various phases i.e. childhood, adolescence, etc. In addition, we will take a look at the societal and racial differences that are encountered on the road to manhood. The course will provide plenty of opportunity for discussing personal experiences, with the ultimate goal of gaining a better understanding of the roads that have been taken and how they have shaped our opinion and thoughts on manhood.
Section 2: Youth: The term manhood is often used to describe a male who has gone through childhood, adolescence, and has met the requirements set by society, religious institutions, the government and has therefore reached the final stage known as manhood. But, what is often not discussed or understood is the road that is taken to get to the final stage. This is especially true for teens that are on their journey to manhood. The ultimate goal of helping teens understand their journey to manhood and to let them know they are not alone. A journal will be given to each student with the goal of providing them a way to document their thoughts.
Instructor: Thomas Waters is a motivational speaker who desires to motivate people to action. He encourages people to go after their dreams and live their best life. Thomas is also a phenomenal trainer known for his exceptional customer service training techniques.

DO YOU WANT TO HELP RETURNING CITIZENS?
SEE OUR PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA COURSE:
HEALTH AND WELLNESS/NIA, continued

Sahaja Meditation—PASCEP0024
Course Fee: $35.00 (10 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
You will learn about your own subtle system and how to meditate in thoughtless awareness to reach that inner state of peace and joy. Each energy center has its own special qualities. You will learn about each of these qualities, how to diagnose the state of your energy centers, and the techniques that will keep them in balance. This class will teach you how to develop strong attention that minimizes the stress and strain that comes with everyday living.
Instructor: Dorothy Logan is a student of Shri Mataji Nirmala Devi and has practiced Sahaja Meditation for fifteen years. Sharing this unique and simple way of meditation with mankind is her way of saying thanks to the universe.

Self-Discovery—PASCEP0035
Course Fee: $35.00  (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
Section 1: January 30 – February 27
Section 2: March 12 – April 9
This is a personal development course to help individuals discover their purpose in life. Students will learn to access their higher mind through meditation, vocal profiling, and reverse speech. This course will also explain the importance of the cosmic blueprint (i.e., natal chart) ingesting proper nutrition, and engaging in life affirming exercise (Qi gong).
Instructor: Shema’yah Bey is a screenwriter, author, and bio acoustic researcher. He is the former co-host of Astrologically Speaking on WURD. Vonda Kline is the owner of Relics and Rituals, a spiritual supply company. Vonda has trained and studies spiritual development under the tutelage of Richard Whiten, world renowned astrologer, Roy Masters from the Foundation for Human Understanding and Grand Master Dr. Clifford E. Hazel Internationally acclaimed Holistic and Esoteric Master from England.

STRIVE: The Psychology of Recovery—PASCEP0050
Course Fee: $35.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
January 29 – March 18
This course uses a combination of philosophy and metaphysics as an approach to address psychological disharmonies that are experienced daily by people of all lifestyles. The process of recovery is defined and examined. Several principle wellness action plans and approaches are used as educational tools such as the STRIVE Motivational Recovery Model, color therapy, and laugh therapy.
Instructor: Fatima Abdul Johnson, DM, RM, PhD, is the CEO and founder of S.T.R.I.V.E. Motivation, Inc., a nonprofit organization providing recovery support, counseling and advocacy for individuals in recovery from mental illness and substance abuse.

COMING FALL 2020

Supreme Compost—Reconnecting with Education formerly Living Off the Land: Urban Farming: Growing Healthy—PASCEP0303
Course Fee: $20.00  (4 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course will introduce you to techniques to create urban farms and grow your own organic food. Learn about the detriments of GMOs and the benefits of making and using compost to produce nutritious fruits and vegetables.
Instructor: Nefertari Muhammad is the owner of Supreme Compost. She is certified in GMO and compost education. Ms. Muhammed is also a community gardener and farmer, herbalist and activist.
Walking Into the Rainbow: The Path to Spiritual Development—PASCEP0054
Course Fee: $25.00 each (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Section 1: January 30 – February 27
Section 2: March 12 – April 9
If you are curious about spiritual development, yet have no prior knowledge or experience, then this class is for you. This class will present ancient sources for spirituality, such as auras, chakras, and spiritual communication, in a slow, practical, and safe step-by-step workshop. The class adopts information from many religions, spiritual philosophies, and sciences in order to demonstrate the spiritual exploration and examination taken up by initiated practitioners and priests/priestesses. This course will also explore the historical dynamics of dance, music, and art in spiritual development.

Instructor: Betty Alridge is a Yoruba priestess of Shango and Egun for more than 40 years, a professional dancer, teacher, and choreographer for 30 years in Philadelphia. Betty received her Bachelor of Fine Arts degree in dance from Temple University and has taught both in the University and with PASCEP.

LANGUAGE STUDIES/KUUMBA

American Sign Language—PASCEP0014
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This ten-week course is designed for students who have no previous knowledge of American Sign Language (ASL).

Instructor: Baron Roane attended the Philadelphia School for the Deaf and was an outstanding student in the Pan-African Studies Community Education Program’s American Sign Language course. He has taught this course for more than 12 years.

Introductory Arabic—PASCEP0001
Course Fee: $20.00 each (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Section 1: January 27 – February 24
Section 2: March 9 – April 6
This introductory course covers grammar, writing, and conversational Arabic. The instructor will provide information about the different forms of Arabic letters and the vocalization of each letter, along with an introduction of the Arabic alphabet, the short vowels and an introduction of naughty letters.

Instructor: Hajji MuMin Abdullahjihad attended Muslim Teachers College, Randolf, Va. He has taught Introductory Arabic for two decades (Montgomery and Philadelphia Masajid) and provided assistant instruction with Yahya Abdul-Malik at PASCEP since 2014.

Conversational Spanish—PASCEP0055
Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
This course is for students who have a basic knowledge of Spanish and desire to engage in normal, everyday conversations with Spanish speakers. The course will provide language practice and exposure to Hispanic culture as well.

Instructor: Janice Smith holds a Bachelor’s degree from The Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.
**LANGUAGE STUDIES/KUUMBA, continued**

**Introduction to Spanish—PASCEP0006**  
Course Fee: $35.00  
(10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.  
This course is for students who wish to acquire a basic knowledge of Spanish and to be able to engage in normal, everyday conversations with Spanish speakers. The course will provide some exposure to Hispanic culture as well.  
*Instructor: Janice Smith* holds a Bachelor's degree from The Pennsylvania State University and has earned a Master's degree in human services from Lincoln University.

**Introduction to Yoruba—PASCEP0056**  
Course Fee: $35.00  
(5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.  
March 11 – April 8  
This is an elementary course in the Yoruba language. Yoruba belongs to the family of the West African: Niger–Congo linguistic grouping. This class will provide each student the chance to discover the linguistic components: the phonetics, morphology, syntax and semantics of Ebonics or its forms. Yoruba is unique and alive in the epic memories of the Africans in the Americas as seen in Brazil, Cuba, the Caribbean and the United States. This Yoruba class introduces the student to the basic factors of Yoruba linguistics and more.  
*Instructor: Abayomi Oladeinde* holds a Bachelor’s degree in education, Master of Social Work degree from Temple University and is a doctoral candidate in educational leadership and behavioral health at Grand Canyon University.

**PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA**

**Art and Creativity: Celebrating Women—PASCEP0602**  
Course Fee: $40.00*  
(2 Weeks) Thursday, 5:30 p.m. – 7:00 p.m.  
Workshop 1 (Paint Night at the Museum): March 12  
Workshop 2 (Celebrating Women’s History Month): March 26  
Explore your creativity at The Colored Girls Museum (TCGM); a house museum in historic Germantown, dedicated to the celebration of the ordinary/extraordinary colored girl. Paint and draw from the museum artifacts. View and discuss artist work. This class is for anyone interested in exploring the arts and their own creativity. No previous experience required. Visit http://www.thecoloredgirlsmuseum.com.  
* All materials included.  
Location: The Colored Girls Museum, 4613 Newhall Street, Philadelphia Pa 19144  
*Instructor: Michael Clemmons* is a visual artist/curator (The Colored Girls Museum) and the Associate Director (Workforce Development) of Temple University’s Center for Social Policy and Community Development; with 30 years experience in community engagement and the arts.
Basic Design/Sewing—PASCEP0037
Course Fee: $25.00 Section 1: (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Course Fee: $25.00 Section 2: (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
January 28 – March 24
This course will teach zipper setting, button hole making, seaming, and hemming using the sewing machine. Students will also learn how to pick fabric, patterns, and notions. Students will have fun creating their own fashion statement, whether in a garment, tote bag, and other items. Tips on entrepreneurship will be included.

Requirement: Students should bring a portable sewing machine to class. Bring your own fabric and projects.

Instructor: Rebecca Gaskin is a retired professional freelance fashion designer. For more than 30 years, she has coordinated fashion shows and has consulted for weddings and churches.

COMING FALL 2020
Crochet: Basic and Beyond—PASCEP0047
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
This course is for beginner/intermediate hookers. Students will learn terminology and techniques. They will also read and follow patterns to help them make anything including dolls, table runners, garments, and afghans. Students are required to bring a size G/4.5mm crochet hook or larger and a skein of 4 ply worsted weight yarn of solid light or medium colors. (No black or multicolored yarns).

Instructor: Cora Williams is a master crochet artist who has over 30 years of experience in the art. She also specializes in crocheted jewelry and dolls.

COMING FALL 2020
Estate Planning—PASCEP0402
Course Fee: $25.00 each (5 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m.
Many people spend more time planning their vacations than planning their estates. Estate planning is much more important. It is not just planning for what happens to your property, it is about what happens to you in the event of an untimely accident or death. You will learn the purpose of an estate plan.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in public administration. She is also the founder of Footprints to Success.

ARE YOU AN UNDERCOVER FIBER ARTIST?
SEE OUR SPECIAL SATURDAY PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA COURSE:
Craft Bar for Hookers, Needlers, Sewists, and Artisans—PASCEP0607.
Go to page 26.
PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA, continued

Craft Bar for Hookers, Needlers, Sewists, and Artisans—PASCEP0607
Course Fee: $25.00 Saturdays, February 1, 15, 29, March 14 and 28
Section 1: Steaders (Intermediate Sew) 9:30 a.m. – 11:30 a.m.
Section 2: Beginning Sewists 12:00 p.m. – 2:00 p.m.

Are you an undercover fiber artist? Do you knit, crochet, or sew for fun? Would you like to hone your skills with an amazing community? Join us at the Craft Bar. There will be a knitting circle, sewing center, and crochet crew. Bring your tools of the trades, sewing machine, patterns, fabric, yarn, paper, etc. Crafting is fun and is a time to DE-STRESS and enjoy creating and learning. Whatever you want in order to de-stress and enjoy the creative time. Some materials will be provided. Use creative therapy to find your “happy place.”

**Instructor:** Jimella Monroe is a crochet artisan with more than 20 years experience. She is a certified sewing instructor for Burda Style, pattern makers. As CEO/Chief Creative Designer for Jimise4U Ms. Monroe has developed a line of cultural sensitive crochet dolls, “Brown Girl Dolls,” that are customized to resemble the recipient of this beautiful handcrafted gift.

Looking Forward Philadelphia: An Inside Look at Reentry for Returning Citizens & Communities—PASCEP0605
Course Fee: $10.00 each (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
Section 1: January 29 – February 26
Section 2: March 11 – April 8

This course shall provide an inside look into reentry and help returning citizens, people with criminal backgrounds, and the general public. The course purpose is to teach participants how to understand and navigate our criminal justice system. It will also provide effective dialogue and frank and open discussion regarding relevant topics to address participant’s challenges.

**Instructor:** Jeffrey Abramowitz was a civil trial lawyer in Philadelphia for over 20 years when several poor choices led to a federal indictment and a sentence of five years in the custody of the Federal Bureau of Prisons. Jeffrey is a director of adult education and has been instrumental in blending adult education and workforce development programs through an upskilling clinic at PA CareerLink. Jeff also co-facilitates the Temple University New Opportunities workshops.

DO YOU WANT TO LEARN A NEW LANGUAGE?

SEE OUR INTRODUCTORY LANGUAGE STUDIES/KUUMBA COURSES:

American Sign Language—PASCEP0014. Go to page 23.
Introductory Arabic—PASCEP0001. Go to page 23.
Introduction to Spanish—PASCEP0006. Go to page 24.
Introduction to Yoruba—PASCEP0056. Go to page 24.
PROFESSIONAL DEVELOPMENT/UJAMAA

Grant Writing Certificate Program—PASCEP 0415
Course Fee: $350.00 (6 Weeks) Tuesdays, 5:30 p.m. – 8:00 p.m.
January 28, February 4, 11, 18, 25, and March 10
(6 Weeks) Wednesday 9:30 - 12:00 p.m.
January 29, February 5, 12, 19, 26, March 11

This flexible certificate program provides supervisors, managers, directors and emerging leaders with an opportunity to learn and practice skills in developing successful proposals to obtain external funding. The Grant Writing Certificate Program will cover the basics of grant seeking and writing, enabling anyone with an interest in the topic to get started on the grant writing process. After completing the modules, participants will be familiar with steps of the grant writing process, and have basic knowledge about the types of grants available and how to look for them. This certificate program is beneficial for anyone who is interested in grant writing but is not sure how to get started. It will also help experienced academic researchers, non-profit organizations and freelance writers to write grants more confidently and improve their grant writing game.

This program has been approved for 15 social work continuing education hours and 1.5 CEUs. Each module within the certificate program has been approved for 2.5 continuing education hours through Temple University Harrisburg, a PA State Board of Social Workers, Marriage and Family Therapists, and Professional Counselor pre-approved provider of continuing education. These credit hours satisfy requirements for LSW/LCSW/LMFT/LPC biennial license renewal.

**Instructors:** Shirley Moy, BSW, MSW, is Executive Director of Temple University North Philadelphia Workforce Initiative. She has extensive experience in proposal writing and has been successful in obtaining grants from foundations, contracts from multiple local and state government agencies, and awards from various federal agencies.

**Link Martin, MSW,** has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has an extensive background in the development of nonprofits, human service management and fund development.

TECHNOLOGY/TEKNOLOJIA

Creating Professional Spreadsheets: Microsoft Excel—PASCEP 0003
Course Fee: $25.00 each (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
Section 1: January 30 – February 27, 2020
Section 2: March 12 – April 9

This course focuses on the fundamental concepts of how to create stunning and effective spreadsheets using Excel. All of the basic terminology, concepts and techniques are learned as students create workbooks.

**Instructor:** Maurice E. Kennedy Jr. is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.
TECHNOLOGY/TEKNOLOJIA, continued

Developing Dynamic Databases: Microsoft Access—PASCEP0048
Course Fee: $25.00 each  (5 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.
Section 1: January 28 – February 25
Section 2: March 10 – April 7
Students will learn the methodology to create and support Access database end-user applications that are menu-driven, fully-functional, intuitive, effective, and efficient.
Instructor: Maurice E. Kennedy Jr. is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

How Do I Use This Phone: Android and iPhones—PASCEP0060
Course Fee: $20.00 (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
March 10 – April 7
This class is designed to allow students to leverage the full capabilities of modern day smart phones. Students will be encouraged to explore and learn new features that will allow them to use their smart phone as a tool for everyday life. Instructions for downloading apps for health, finance tracking, or personal entertainment will be demonstrated. Learning about cell phones and their features are essentially important when purchasing and determining the cost of plans and services.
Instructors: Joseph Cunningham is a management information systems student at Fox School of Business. He is passionate about technology to help students expand their digital literacy skills.
Aidan Rogers is a senior at Temple University School of Social Work and a minor in Public Health. Joseph and Aidan are interns at PASCEP and Temple University Lenfest North Philadelphia Workforce Initiative.

Introduction to Personal Computers Intermediate—PASCEP0018
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Take this hands-on, intermediate course to strengthen your computer skills. Students will review the basics and background of personal and work computers. Windows 10 operating system is the current system used for employment. Learn how to efficiently use your computers for organizing your work or home tasks, cleaning your computer for productivity, and maximizing your effectiveness when performing technology tasks at work.
Instructor: Olayinka Olabinjo is a senior technical support specialist for Temple University. He has more than 7 years of experience in computer science and information technology. Among his degrees are a PhD in bioinformatics from Temple University and a BA degree from Drexel University in computer science.

Introduction to Programming (Coding for Adults)—PASCEP0034
Course Fee: $30.00 (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
March 10 – April 7
This course is designed to allow students to understand the growing role of information technology and how it’s applied in business scenarios. Students will learn how core concepts of information systems and technology can be utilized in business to create digital products and the various platforms in which these digital systems are built upon. This hands-on course will expose students to basic programming in JavaScript that will further develop critical thinking and analytical skills relating to software creation.
Instructor: The Association for Information Systems (AIS) is a 200-member organization based at Temple for students majoring in Management Information Systems. These students learn how to apply technology solutions to problems a business is facing. AIS members know many coding languages, especially JavaScript which is the language taught in this course.

COMMUNITY WORKSHOPS

Credit Education (Building Back Your Credit)—PASCEP0022
Course Fee: Free (3 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Hybrid Webinar and Teleconference
January 30 – February 13

The purpose of this course is to assist and educate individuals who are facing credit issues such as judgments, foreclosure, bankruptcy, collections, lateness, or student loan repayment. The goal of this workshop is to help individuals get back on the right track. The course is conducted via Webinar with follow-up conference calls and one to one assistance.

Instructor: Ella Butcher is the Founder/President of Butcher Investors, LLC, and the Peaches and Cream Foundation, Inc. Her experience includes assisting individuals with credit issues, to help them qualify for mortgages and any type of loans. She is also the author of the “Credit Diary.” MS. Butcher is a Commissioner for her District in Atlanta Ga.

Developing Your Resources and Additional Earned Income: PASCEP0903-015
Course Fee: Free Thursday, February 20, 5:30 p.m. – 8:00 p.m.
Learn to obtain free or low cost supplies, materials, and equipment for home, school, and the community. Participants will be guided in money making and alternative ways to earn additional income.

Instructor: Maurice Henderson has been a PASCEP instructor since 1984. He has taught in colleges and universities in New Jersey, Pennsylvania and Delaware.

Sponsored by the National Men of Color Association.

Facebook Ads: Get Customers for Your Business—PASCEP 0903-016
Course Fee: Free Thursday, February 13, 5:30 p.m. – 7:00 p.m.

Facebook Ads & ChatBots: Get Customers and Cash for Your Business—PASCEP0903-017
Course Fee: Free Thursday, March 12, 5:30 p.m. – 7:00 p.m.

We will walk you through how to get customers in a targeted way to contribute to your business bank account and great customer services. You will not continue to lose money on wasted Facebook posts or Boosts that do not bring you customers.

Instructor: Lisa Coleman is a consultant to small business and sits on a number of boards. She has an MBA from Saint Joseph’s University, Bachelors from University of Pennsylvania and holds several certifications in digital management.

Wantrepreneurship: Realities of Starting a Business—PASCEP0903-018
Course Fee: Free Thursday, January 30, 5:30 p.m. – 7:00 p.m.

Panel discussion facilitated by Temple University Small Business Development Center.
COMMUNITY WORKSHOPS, continued

Mental Health First Aid—PASCEP0900

Course Fee: Free

Section 015: Adult
Wednesday, February 26 – Thursday, February 27
5:00 p.m. – 9:00 p.m.

Section 018: Youth
Wednesday, March 18 – Thursday, March 19
5:00 p.m. – 9:00 p.m.

Section 019: Higher Education
Wednesday, April 8 – Thursday, April 9
5:00 p.m. – 9:00 p.m.

Mental Health First Aid is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses. A certificate is awarded to successful completers.

You must attend both days to receive your 3-year certification.

Instructor: City of Philadelphia Department of Behavioral Health and Intellectual DisAbility Services

The views and opinions of instructors do not necessarily represent those of the Pan-African Studies Community Education Program of Temple University.
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