The late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community.
The Pan African Studies Community Education Program

Program Motto: Keeping the Community Informed.

Program Mission: To strengthen the knowledge of the community through low cost non-credit continuing and basic adult education courses facilitated in collaboration with Temple University faculty, business experts and community volunteers.

Program Vision: To “Embrace the Past to Shape the Future” through information and education of adults and families across the city of Philadelphia.

Message from the Director
Welcome to another exciting semester at the Pan African Studies Community Education Program. It is an honor to provide administrative leadership in a program that has provided such rich and relevant resources to the community. As I perused through the history of this program, my heart was overwhelmed with the spirit, culture and compassion of the founders and past administrations. I am humbled that the elders and ancestors of this program have entrusted me with this “Diamond” of Temple University.

My vision is to “Embrace the Past to Shape the Future.” We will provide 21st century, relevant, cultural, spiritual, intergenerational, and personal programming to enhance, advance, motivate and exhilarate every individual who attends. The foundation of health, wealth and knowledge will be preserved.

Ulicia Lawrence-Oladeinde

Brief Program History
The Pan-African Studies Community Education Program (PASCEP) is a unique and multi-faceted program founded in 1975 by the late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community. TU staff, volunteers and students enrich the learning experience making for a more informed community with the commitment to develop self, others and bring positive change in the community, society and the world.

Prior to coming to Temple in 1979, the Community Education Program was held in neighborhood schools, churches and centers. University faculty volunteered time to teach classes. Ms. Hyman later obtained the support of Dr. Odeyo Ayaga, who was then the Pan-African Studies Department Chair, to seek Temple University’s sponsorship of the program. In the Spring of 1979, the University incorporated the program with PASCEP becoming the community outreach component of the Temple University, Pan-African Studies Department, subsequently re-named the African American Studies Department.

Many faculty members of Pan-African Studies and other departments continued to volunteer and provide quality administration to PASCEP: Muriel Feelings; Yumi Odom; Maisha Sullivan-Ongoza; Dr. Molefi K. Asante; Willie Rogers; Dr. Rita Smith; Dr. Tran Van Dinh; Professor Sonia Sanchez; Professor Jacqueline Mingaj; Dr. Barbara Hampton, of Pan-African Studies; Dr. Audrey Pittman; Dr. Thaddeus Mathis; Dr. Wilbert Roget, Afro musicologist; Harrison Ridley Jr. of WRTI-FM; and a host of others. Much gratitude is given to these elders for setting a firm foundation of transformational and servant leadership.

PASCEP continues to garner the knowledge and talents of volunteers who come from myriad professions and all walks of life. Since 1975, more than 424 courses, 275 lectures/seminars and over 88 workshops have continued to be taught by volunteer professionals whose purpose is to educate the community at large and give back to others what they have received in knowledge, skills, and inspiration.
FALL 2019 SEMESTER CALENDAR
Monday, September 23, 2019 – December 12, 2019

ONLINE REGISTRATION: Monday, July 15 – Monday, November 11, 2019

WALK IN REGISTRATION: Tuesdays, Wednesdays, and Thursdays, September 3, 2019 – October 3, 2019
   Hours: 1:00 p.m. to 6:30 p.m.

DROP/ADD (Walk-in Only): Submit written request via email to pascep@temple.edu. No request can be honored after the first week of each section. You may also bring written request to the PASCEP administrative offices.

Academic Class Assessments: By Appointment for all academic enrichment classes on Tuesdays and Wednesdays, 1:00 p.m. – 4:00 p.m. Assessment is mandatory for all academic classes

PASCEP 5-Week Classes, Section 1: Monday, September 23 – Thursday, October 24, 2019

PASCEP 5-Week Classes, Section 2: Monday, November 4 – Thursday, December 5, 2019

Makeup Dates Monday December 9 – Thursday, December 12, 2019

Fall Semester Break: Monday, October 28 – Thursday, November 1, 2019
   Check with the instructor for 8 and 10 week schedules

Fall Semester closing ceremony Friday December 13, 2019

You must be 18 years or older to enroll in PASCEP (except with special permission and waiver. Contact PASCEP Director).

PASCEP Office Location: ECEC
   1509 Cecil B. Moore Avenue
   2nd Floor, Room 220
   Philadelphia, PA 19121
   (PHONE) 215-204-1993 • (FAX) 215-204-8171
   http://noncredit.temple.edu/pascep
   Email: pascep@temple.edu

PASCEP Information Line: 215-204-1993
KYW Radio’s Snow Emergency Information: Listen for Call Number 2120
Visit the PASCEP Website: http://noncredit.temple.edu/pascep
Registration Process

Complete registration for PASCEP classes through Temple University’s non-credit and continuing education system (DestinyOne). You can create a free account using your personal computer or you can call our offices (215-204-1993) and we will create a student account for you. Create a free account by entering your profile information at noncredit.temple.edu/pascep. Enjoy checkout and payments electronically by credit card. All discounts are processed during walk in registration. PASCEP staff can also assist you with completing credit card payments in our computer lab.

- Once you receive a student number (ex. X01010) you will use the same account number to enroll in any non-credit courses offered at Temple. If you have attended noncredit classes across Temple Campus, we can access your student number. You must have an accessible email address prior to creating your account in DestinyOne. (Record your user name and password once created.)

- If you do not have an email address, you can create one using Google. Assistance is available during KeySpot open lab (Monday – Thursday 1 – 5 p.m.) and walk-in registration.

- All transactions including: applying for courses, revising your profile, class change request, inquiries and special requests, must be accessed through your DestinyOne account. You may also email: pascep@temple.edu.

In your browser type: noncredit.temple.edu/pascep.

Create a Temple University DestinyOne Account

**NOTE**: If you have previously taken a non-credit or continuing education course, you may already have an account. You can contact destiny1@temple.edu or call 215-204-4866 with questions. These steps guide you through the DestinyOne registration process:

1. Begin by typing “noncredit.temple.edu/pascep” in the address line or search box. The Temple University PASCEP page should appear.
2. Click the “Login” link in the upper right hand corner. Then, click “Student Login.”
3. **New applicants** will place their email address in the box labeled “I am a new DestinyOne user.” Follow the prompts as they appear and record user names and passwords.
   - You will be asked to provide your name, gender, email address, phone number, and mailing address.
   - You can also tell us a little bit more about your learning goals and select the specific program(s) in which you have interest.
4. **Former students** should login through the middle box labeled “DestinyOne Account Login. DO NOT remove the TU_.” You must have access to your email to retrieve forgotten passwords.
5. Follow the prompts on the screen. Once completed click the “Submit” button.
   - You will receive several emails providing your account information.
How to Enroll in a PASCEP Class

1. Begin by typing 'noncredit.temple.edu/pascep" in the address line or search box. The Temple PASCEP page should appear.

2. Scroll down the page below the Course Guide until you reach the “Courses” section. Courses are arranged in alphabetical order or click the gray arrow to search by course number.

3. Click on the name or number of the course and another screen will appear with the course description and enrollment box.

4. Add the Course section to the cart (Click Add to Cart). You will be prompted to continue to shop (Keep Shopping) or Check out.

5. Checking out will bring you to view everything in the cart. You may keep the selections or remove them (If you make any changes remember to hit the Update button). Choose the checkout button again.

6. This will bring you to Log In or Create an Account screen. Follow the instructions for creating an account (I am a new Destiny One user) or enter your DestinyOne Account Login.

7. After Log in, the payment screen will appear.

8. If paying by credit card hit the radio button for “Paying by credit card” or hit the button, “I would like to pay by another method” and the PASCEP office will receive your request.

9. The system holds your checkout selections to be processed when you come to walk in registration at the PASCEP office. If you close the checkout process prematurely, Destinyone@temple.edu will send you an email and you may resume your checkout process.

YOUR STATE ID CARD WILL GAIN ACCESS TO TEMPLE UNIVERSITY ENTERTAINMENT AND COMMUNITY EDUCATION CENTER, 1509 CECIL B. MOORE AVE. PASCEP ID’S ARE NOT GUARANTEED

COURSE FEES

Payment Options:

Credit and Debit Cards

• Online registrants may pay via credit or debit card. “Bank Gift Cards” with the VISA logos are accepted for credit card purchases. Hold the gift card until all classes are completed. Refunds are placed back on the gift card if a class is cancelled.

• Your personal computer/devices can be used to process your credit/debit/gift cards payments or payments are processed in the PASCEP office on a secured system during the open registration period.

Money Orders

• Available to walk-in applicants during open registration.

• All money orders are to be made payable to Temple University. Each money order must be completely filled out by the purchaser.

• The dollar amount ($) of each money order must match the course fees. Money orders will be refunded via Temple University checks.

WE REGRET THAT WE CANNOT ACCEPT CASH OR PERSONAL CHECKS
Senior Citizen Discount:
Seniors are eligible to attend one course per semester at $10.00 when taking 2 or more courses. A course fee of $10.00 will be applied to the lowest course fee. Regular fees apply for each additional class selected. Seniors will only receive discounts at walk in registration with presentation of proof of age. Acceptable forms of ID: Original State Issued Birth Certificate or Driver’s License. Eligibility: You must be age 65 or older at the time of registration. (Example: you complete registration for one class online at full price. The second course for the discounted fee must be processed at PASCEP during walk in registration. Inform the registrar that one class has been paid and you would like to enroll in the discount course. Once the first class is confirmed you may pay with a credit card or money order for the discounted course.)

Refunds:
Refunds of course fees are issued only if a class is cancelled. Students who choose to not attend classes cannot receive a refund. Discounted courses are not refunded unless processed through the PASCEP office. All refund requests must be submitted in writing.

Low Enrollment Class Cancellations:
Temple University reserves the right to cancel a course due to insufficient enrollment or other unforeseen circumstances. If a course is cancelled for any reason, you will be notified and your entire course fee will be refunded. You will have the option to enroll in another course. Financial adjustments will be made if there is a difference in the new course selection.

Wait List:
If registration for a class becomes full, DestinyOne will place you on a wait list. You will receive an email from the system about your “wait” status. If a space become available, you will receive another email to register for the class.

Drop/Add Courses:
In order to drop/add a course, you must come to the PASCEP office (room 220) during the designated drop/add dates and times. Drop/Add occurs during the first week of classes (five or ten week courses). Request must be in writing or via email.

Certificates of Participation:
Participants receive a Certificate of Participation who attend 80% of each course (Example: 80% of 10 week course is 8 sessions of 10, 80% of 5 week course is 4 sessions of 5). Certificates are issued at the end of the course, according to the instructor’s completion of attendance. Remaining certificates will be issued at the “Closing Ceremony” and the first two weeks of the following semester. Certificates are only held for two semester (one year). After one year, Destiny one transcripts will be printed to reflect class attendance. Certificates will no longer be available.
WHAT’S THE NEWS?/HABARI GANI
ROOTS NIGHT:
40 years of “Keeping the Community Informed”

Mother Annie D. Hyman, Founder of the Community Education Program
Giving Honor to Whom Honor Is Due

August 28, 2019 • 5:30 p.m. – 8:00 p.m.

Reception: Fox Gittis Room
Dinner: Liacouras Center
1776 North Broad Street
Philadelphia PA 19121

https://noncredit.temple.edu/portal/events/reg/participantTypeSelection.do?method=load&entityId=28359585

COMMUNITY RESOURCES at PASCEP

ACADEMIC ENRICHMENT and CONTINUING EDUCATION
- Online and blended classes
- Information sessions
- Presentations by experts
- Certificate programs by and for the community

WORKFORCE CONNECTION HUB
- Intake, assessment, and coaching
- Employment prep skills, training, and prep to transition to post-secondary education and/or apprenticeships.
- Collaborations include City of Philadelphia Office of Adult Education, PA CareerLink, Graduate Philadelphia, TU-University College, and Goodwill Industries, and TU Lenfest North Philadelphia Workforce Initiative

HELMS ACADEMY
- Goodwill Industries adult education support
- Alternative curriculum to acquire 30 college credits and obtain the Commonwealth of PA secondary diploma
- Goodwill Reentry employment services available

REENTRY SERVICES
- Partnership with JEVS: Looking Forward
- Reentry workshops every Tuesday, 9:00 a.m. – 12:00 p.m.
- Career coaching, upskilling for employment and employment placement on Wednesdays and Thursdays

KEYSPOT
- Free Internet access: Monday – Thursday, 1:00 p.m. – 5:00 p.m. (some exceptions occur)
- Computer basics tutoring and classes available.

REGISTER TODAY FOR INDIVIDUAL ASSISTANCE
Temple University – Office of Community Relations
PAN AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM (PASCEP)
1509 Cecil B. Moore Ave., 2nd. Floor
Philadelphia Pa 19121
215-204-1993, pascep@temple.edu
## Calendar of Courses

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
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<tbody>
<tr>
<td><strong>2:30 PM – 4:00 PM</strong></td>
<td><strong>2:30 PM – 4:00 PM</strong></td>
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<tr>
<td>NO CLASSES</td>
<td>NO CLASSES</td>
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<tr>
<td><strong>4:00 PM – 5:30 PM</strong></td>
<td><strong>4:00 PM – 5:30 PM</strong></td>
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<tr>
<td>NO CLASSES</td>
<td>NO CLASSES</td>
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<tr>
<td><strong>5:30 PM – 7:00 PM</strong></td>
<td><strong>5:30 PM – 7:00 PM</strong></td>
</tr>
<tr>
<td>Academic Enrichment Orientation, page 11</td>
<td>Basic Design/Sewing, Section 1, 8 weeks, page 26</td>
</tr>
<tr>
<td>Basic/Introductory Arabic, Sections 1 and 2, 5 weeks each, page 24</td>
<td>Coaching: You Are Worth More Than Money, 3 weeks, page 17</td>
</tr>
<tr>
<td>Helms: Online Adult Education, 10 weeks, page 12</td>
<td>Discovering You–An Introduction to Acting, 5 weeks, page 21</td>
</tr>
<tr>
<td>Making the Most of Your Money, 5 weeks, page 20</td>
<td>Our Music–Does It Still Matter, 10 weeks, page 21</td>
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<tr>
<td>Mathematics 101, 10 weeks, page 12</td>
<td>How Do I Use This Phone: Android and iPhones, 5 Weeks, page 29</td>
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<tr>
<td>The Road To Manhood, Sections 1 and 2, 5 weeks each, page 22</td>
<td>Introduction to Spanish, 10 weeks, page 25</td>
</tr>
<tr>
<td><strong>7:00 PM – 8:30 PM</strong></td>
<td><strong>7:00 PM – 8:30 PM</strong></td>
</tr>
<tr>
<td>Conversational Spanish, 10 weeks, page 24</td>
<td>Supreme Compost, 4 weeks, page 23</td>
</tr>
<tr>
<td>How to Own Your Own Real Estate, (7:00 p.m. – 9:00 p.m.) 6 weeks, page 18</td>
<td>Tapping the Power, 8 weeks, page 23</td>
</tr>
<tr>
<td>Moors History and Etymology, Sections 1 and 2, 5 weeks each, page 16</td>
<td>Transitional Math, 10 weeks, page 12</td>
</tr>
<tr>
<td>Money Smart: How to Get Out of Your Mess, Sections 1 and 2, 5 weeks each, page 20</td>
<td>American Sign Language, 10 weeks, page 24</td>
</tr>
</tbody>
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Register Online Monday, July 15, 2019
WEDNESDAY

2:30 PM – 4:00 PM
NO CLASSES

4:00 PM – 5:30 PM
The Journey from Africa to America, 5 weeks, page 15

5:30 PM – 7:00 PM
Art of the Essay, 8 Weeks, page 11
Grant Proposal Writing, 3 weeks, page 27
Introduction to Genealogy Research, Section 1 and 2, 5 weeks each, page 15
Introduction to Non-Profit Management, 10 weeks, page 19
Looking Forward Philadelphia: An Inside Look at Reentry, Sections 1 and 2, 5 weeks each, page 28
Message in Our Music, 5 weeks, page 16
Social Studies and Economics, 5 weeks, page 12
Universal S.T.E.M., 5 weeks, page 13

7:00 PM – 8:30 PM
The Making of History: Global Africans – The African American Journey, 8 weeks, page 16
Sahaja Meditation, 10 weeks, page 22
STRIVE: The Psychology of Recovery, 8 weeks, page 23

THURSDAY

2:30 PM – 4:00 PM
Estate Planning, Sections 1 and 2, 5 weeks each, page 26

4:00 PM – 5:30 PM
Building Communities, Building Promise, Section 1 and 2, 5 weeks each, page 14

5:30 PM – 7:00 PM
Addicted to White: The Oppressed in League with the Oppressor, Section 1 and 2, 5 weeks each, page 13
Art and Creativity@The Colored Girls Museum, 5 weeks, page 25
Credit Education, 3 weeks, page 19
Discovering You – An Introduction to Acting, 5 weeks, page 21
Don’t Get Stumped: Entrepreneurship Tools, Sections 1 and 2, 5 weeks each, page 18
English 101, 10 weeks, page 11
Introduction to Personal Computers Intermediate, 10 weeks, page 29
NGOMA Line Dancing, 5 weeks, page 21
Walking Into the Rainbow, Sections 1 and 2, 5 weeks each, page 24

7:00 PM – 8:30 PM
Creating Professional Spreadsheets: Microsoft Excel, 10 weeks, page 29
Herbs Really Work, Sections 1 and 2, 5 weeks each, page 21
The Principle and Process of Forgiveness, 5 weeks, page 22
Self-Discovery, 10 weeks, page 23

SATURDAY SPECIALS!

- Hookers, Needlers, Sewists, and Artisans: Crafting is Fun, 10:00 p.m. – 12:30 p.m. September 21, October 5, October 19, November 2 and November 16 (see page 27).
- Sick of Being Broke and PASCEP Investment Club:
  - Sick of Being Broke: Investment 101 for Beginners – PASCEP 0044, Section 2, 9:30 a.m. – 11:00 a.m., October 5 – November 2
  - PASCEP Investment group, 11:00 a.m. – 12:30 p.m., October 5 – November 2; (see page 20).
Congratulations on 40 years of community education!

Congratulations to PASCEP for 40 years of outstanding community education and service! We thank you for all your hard work and dedication to the Philadelphia community.

University College offers a wide variety of non-credit programs for students of all ages and backgrounds. Enhance your skills, expand your knowledge, and pursue a passion with any of our professional development and personal enrichment courses.

267.468.8500
ncce@temple.edu
universitycollege.temple.edu
ACADEMIC COURSES/IMANI

Academic Enrichment: Transition to Post-Secondary Education and Preparation for the Workforce—PASCEP0041
Course Fee: Free  (Ongoing) Mondays
Orientation  5:30 p.m. – 7:00 p.m.

There are requirements before a student can begin:

1) Attend a weekly orientation session. These sessions will help you choose the best program for you: face to face, blended, or online.
2) Complete assessment for reading and math levels. TABE or CASAS assessments for portability.
3) Schedule an academic coaching session. PASCEP classes begin September 23, 2019.
   • Helms Online Program (On-going)
   • Workforce Education and Lifelong Learning-Managed Enrollment (By appointment)
4) Register online. Call 215-204-1993 or email pascep@temple.edu with questions and concerns.

Art of the Essay—PASCEP0042
Course Fee: $25.00  (8 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
September 25 – November 20

The Art of the Essay will examine the prose of writers like Frederick Douglass, Ida B. Wells-Barnett, W. E. B. Du Bois, and Anna Julia Cooper. Students will critically analyze excerpts from selected texts and work to compose a short research paper. With reading and writing at the center of the course, participants will use their own life and real world experiences to develop a thesis and explore essential ideas on paper.

Instructor: Stephanie Joy Tisdale is an educator who has experience as a teacher, curriculum writer, and also as an associate editor for print/online publication. She is a graduate of Howard University, Lincoln University and Temple University. She loves to cook, sing, listen to music, and take nature walks.

English 101—PASCEP0040
Course Fee: $25.00  (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.

This course is an academic writing refresher. Students will learn to convey thoughts into written words in a clear and concise context using basic writing skills. A review of grammar and punctuation will also be covered.

Instructor: Carl Ivey III is a graduate of LaSalle University and a member of the Pennsylvania Society of Public Accountants. He is retired from the Air Force Reserve and has taught at PASCEP since 1998.
ACADEMIC COURSES/IMANI, continued

Helms: Online Adult Education—PASCEP0070
Course Fee: $10.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Do you want to continue your education by taking online courses? Are you preparing to take GED online? Would you like to be successful at online prep courses for upward mobility on your job? Students will learn how to successfully complete online courses. Several different platforms will be used to allow individual to learn at their own pace as well as access courses of their interests. Massive Open Online Courses (MOOCs) are free online courses available for anyone to enroll. This employer supported and lead onboarding program promotes successful transition into career pathways and post-secondary learning.

In collaboration with Goodwill Industries.

Instructor: Courtney Johnson has been in the field of education since 2010. She had been working in K-12 and non-profit. Her Masters of Science in Education Improvement and Transformation is from Drexel University.

Mathematics 101—PASCEP0101
Course Fee: $25.00 (10 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
This course is designed for the student who needs a refresher on the principles of mathematics. Students learn to read, write, and interpret mathematical information; basic fractions, decimals, and percent problems. Data, statistics, shapes, and measurements are included. The goal is for students to successfully build math skills for employment, high school equivalency acquisition, and the transition to post-secondary education.

Instructor: Edward Coleman is a graduate of Cornell University, where he earned a Masters of Arts degree. He has been a volunteer at PASCEP since 1998. He is also a member of the Association for the Study of Classical African Civilizations (ASCAC).

Social Studies and Economics—PASCEP0110
Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
September 25 – October 23
The course will cover the study of U.S. government and economics, geographical critical thinking, and graphic literacy.

Instructor: Fredia Banks is a graduate of Wilberforce University, where she earned a degree in sociology. She is currently a retired social worker from the City of Philadelphia.

Transitional Math—PASCEP0102
Course Fee: $25.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Do you need to upskill your math and prepare to take the ACCUPLACER for entrance into higher education? The purpose of this course is to prepare students for introductory college algebra courses. Students will gain self-confidence when attending credit bearing algebra courses in college. If you have completed your GED credential and plan to attend college or apply for apprenticeships, training, or employment, you will want to take this course to pass math assessments.

Instructors: Marcus Hall currently serves as a GED and Upskilling instructor for Community Learning Center and JEVS Human Services Looking Forward Reentry program at PASCEP. Marcus earned his BA from Morehouse College in Atlanta, GA, Elementary Education Certificate from the University of Pennsylvania and has an MBA in data analytics from Saint Joseph University in Philadelphia, PA.
Akil Parker is a 13-year veteran high school mathematics teacher in the Philadelphia Public School system. He holds a BS in finance from Morgan State University and MEd in educational leadership from Lincoln University. He currently teaches at Overbrook High School where his focus is geometry and statistics.

Universal S.T.E.M.—GED Science—PASCEP0105
Course Fee: $25.00  (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
November 6 – December 4

This course is an introduction to math, chemistry, physical science, and earth science and how it relates to everyday life. Exciting interactions with the environment prepare you for 21st century skills and learning. Use what you learn to gain access to new innovative employment opportunities, certification programs, and postsecondary education. Educators are invited to use pedagogy/andragogy and learn the psychology of Teaching STEM.

Instructor: Professor Eldred (Jay) Bagley is certified to teach chemistry in Pennsylvania. His experience also includes: STEM, 5 years with Temple’s Department of Physics; 5 years with Rowan Department of Math and Physics; and STEM, 25 years with the Philadelphia Board of Education Secondary Education.

AFRICAN AMERICAN STUDIES/TAMBIKO

Addicted to White: The Oppressed in League with the Oppressor—PASCEP0203
Course Fee: $25.00 each  (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Section 1: White Value Detoxification
September 26 – October 24
Section 2: Relapse Prevention
November 7 – December 12

As hard as it may be to believe, all black people (regardless of age, gender, socioeconomic status, domicile, or religious and political affiliations) are “addicted” to a white value system disorder predicated on narcissism, greed, and violence, which is maintained by the historical shaming of Africans. In order to heal, Africans of “all stripes” must gather together, grounded in the self-help philosophy that nothing so much ensures immunity from active addiction as intensive work with fellow recovering addicts. The first four chapters of the workbook will be covered in Section 1. The remaining chapters will be covered in Section 2.

The prerequisite requires attending Section 1 before Section 2. Prior students may register for Section 2 only.

Instructor: Dr. Jerome E. Fox, PhD, is a graduate of Cornell University and Temple University’s PhD clinical psychology program. Dr. Fox has over 20 years of experience in developing, administering, and analyzing addiction programs.

AFRICATOWN ALABAMA

Formed by a group of 32 West Africans who in 1860 were included in the last known illegal shipment of slaves to the United States on a schooner named Clotilde commissioned by Timothy Meaher. Officially the international slave trade was outlawed in 1808. Mobile, Alabama
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

Building Community: Building Promise—PASCEP0210
Course Fee: $25.00 each (5 Weeks) Thursdays, 4:00 p.m. – 5:30 p.m.
Section 1: September 26 – October 24
Section 2: November 7 – December 12

A truly democratic society relies on its citizens to be informed and ready to act. This course addresses the part we all play in government and the knowledge needed to understand roles and responsibilities in civic government. Discussion ensues around the meaning of citizenship for the disenfranchised communities. Discussion addresses issues related to social and health disparities, policies and systems. Session 2 equips those who would like to actively participate in government with knowledge, resources and opportunities for community engagement. The course explores participation from various points of view including but not limited to: black, LGBQT, immigrant, female, etc.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in public Administration. She is also the founder of Footprints to Financial Success and author of “So You Want To Be In Business: Know Before You Go.” Her specialty is compliance, taxation, and quality assurance. The mission is to create a legacy and develop a path to generational wealth.

COMING SPRING 2020
History and Theories of Leadership—PASCEP0214

What skills and talents were exemplified by the great African American leaders of the 20th and 21st century? How can applying them enrich your ability as a leader? This course is designed to introduce the student to both historical and theoretical dimensions of leadership, with an emphasis on contemporary theories and models. The course emphasizes the “intellectual history” of leadership, providing the student with an enhanced understanding of the richness and diversity of the field of leadership studies. This course is a collaboration with Dr. Belinda White from Morehouse College

Instructor: Marcus Hall currently serves as a GED and Upskilling instructor for Community Learning Center and JEVS Human Services Looking Forward Reentry program at PASCEP. He earned his BA from Morehouse College, Education Certificate, University of Pennsylvania and MBA in data analytics from Saint Joseph University. He has written articles in several publications including the University of Pennsylvania Sankofa Rites of Passages program and Philadelphia Inquirer. Marcus also serves on the COABE Behind and Beyond the Walls Prison Literacy Committee.

The Scoop U.S.A. is one of the larger weekly newspapers in the Philadelphia, PA area. The weekly newspaper has approximately 35,000 readers. The Philadelphia Scoop USA newspaper covers ethnic society and culture.

Contact the production and sales department at (215) 309-3139.
Mailing address: P.O. Box 14013, Philadelphia, PA 19122. Email: advscoop@aol.com
Introduction to Genealogy Research—PASCEP0030
Course Fee: $30.00 each (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
  
Section 1: September 25 – October 2
Section 2: November 6 – December 4

This 5-week course will assist students in researching their family history and learn the vital skills of planning and organization of their findings. **Section 1: Basic Research**—Students will learn how to use general reference materials and online tools, available to genealogy enthusiasts. Weekly topics covered: how to create a pedigree chart, conducting interviews with living relatives, review clues in vital records, federal census records, and building your family tree. During class students will have access to computers to do in-class research and the opportunity to open a free-trial Ancestry.com account. **Section 2: Building your History**—Ancestry.com subscriber’s intermediate research. Continued research and building of the family history.

**Instructor: Renee Kirby** is the former Associate Director of Disability Resources and Services at Temple University. She is a member of the African American Genealogy Group (AAGG) in Philadelphia and has been researching her family history for the past 10 years.

The Journey from Africa to America—PASCEP0005
Course Fee: $25.00 (5 Weeks) Wednesdays, 4:00 p.m. – 5:30 p.m.
September 25 – October 23

This Afrocentric course will benefit anyone interested in developing the knowledge and the tools necessary to teach African-American history and culture. The course will assist in fostering a stronger sense of self-worth and self-knowledge.

**Instructor: Lillian Green, PhD,** is a veteran teacher, retired from the School District of Philadelphia, where she taught all grade levels and worked in its Division of African and African American Studies. She received her PhD in African American Studies from Temple University.

Kwame Ture Speaks: From Black Power to Pan Africanism—PASCEP0206
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.

This course will be a survey of speeches included in “Stokley Speaks: Black Power to Pan Africanism.” Participants will read the speeches (either portions or in entirety) to glean understanding and solutions to our contemporary problems in our communities. It is critical that we examine the work of our ancestors in order to gain much needed historical context when approaching issues. This will also provide us with insights into Kwame Ture, the person and human rights activist in order to better understand the Black Power Movement and examples of critical analysis put forth by people of African descent.

**Instructor: Akil Parker** has been a PASCEP GED Math instructor since 2011. He has also been a math and history teacher in the Philadelphia Public Schools System for the past 13 years. As a father of two and a North Philadelphia resident, he believes in the necessity of being a lifelong learner in order to solve community problems.
AFRICAN AMERICAN STUDIES/TAMBIKO, continued

The Making of History: Global Africans—The African American Journey—PASCEP0213
Course Fee: $35.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
September 25 – November 20

There is no Philadelphia story without the history and the contributions of African Americans, starting as early as 1639. Philadelphia has nearly a hundred (100) historical markers designating the locations of renowned African Americans who contributed to the political, economic, social and cultural history of the city. The course will also highlight some of the significant individuals and the many Institutions developed by the African American community: churches, schools, literary societies, fraternal organizations and businesses, as well as Institutions founded by African Americans for the purpose of addressing enslavement, racism and injustices in the criminal justice system.

Instructor: Tahiya McCoy Nyahuma is a Professor of behavioral sciences, global governance and international economic development. She has a PhD from the University of Ghana, West Africa in political science. In 2017, she co-founded Global Africans, an initiative to research, study and travel to every place in the world where there is an African footprint.

Course Fee: $25.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
November 6 – December 4

In this class, we will discuss how the social issues of the late 60s and 70s influenced soul music of the 70s. The effects of the civil rights movement in the 60s had on society and the black community. Did the events of the 60s improve the lives of African-Americans? What was the lasting effects? What has changed? What has stayed the same? What lessons were learned that we can apply to in 2019?

Instructor: Coy Campbell is a native of Chicago, Illinois where he received a Bachelor in psychology and Masters in rehabilitation administration. Mr. Campbell taught in the Indiana public school system and has taught this course at the University of Wisconsin. He is also an accomplished DJ of more than 20 years.

Moors History and Etymology—PASCEP0009
Course Fee: $25.00 (5 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
Section 1: September 23 – October 21
Section 2: November 4 – December 9

In this course students will learn the history of the Moorish Empire in Europe. Students will also be taught that the Moors controlled the spice trade between the 700s and 1300s. Finally, students will learn that the Europeans came to world power by defeating the Moors.

Instructors: Abdullah El Talib Mosi Bey earned a Bachelor of Arts degree from Glassboro State College and a Master of Social Work degree from Rutgers University’s Graduate School of Social Work.

Robert S. Wilkins is a life-long PASCEP student and has served as a class assistant for several years. He has studied etymology under Abdullah El Talib Mosi Bey since 2007 and has travelled the East Coast assisting with lectures, guest appearances, shows, and research in the fields of linguistics and etymology.
Our Music—Does It Still Matter—PASCEP0212
Course Fee: $35.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
An in depth journey into the different genres of our music. Featuring the categories of Gospel, Jazz, R & B, Funk, Swing, Acappella and Soul. The acquired knowledge after the class, will be used for understanding the historical, and emotional role that this music has played to date. Also an involved look at some of the pioneers who, started, changed, created, and elevated the sound. This will be accomplished through guests artist/performers, guest speakers, film (when possible), the music itself, and the research.
Instructor: Lamont (Ali) Hackett is a veteran on air personality who learned from the legends like (Georgie Woods, Jocko Henderson, Hi Lit, etc.) Ali has taken his musical talents and combined them with the history of this music to become one of the living on air authorities on this genre of music.

COMING SPRING 2020
Politics of Identity in America—PASCEP0215
Course Fee: $35.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
Gay or straight, Black or white, male or female. What do these different group identities mean to Americans? How do they influence our politics? Should we celebrate or downplay our diversity? This course explores how we think about each other’s and ourselves as members of different groups and what consequences it had for how we treat one another.
Our fundamental social identities can be a source of power or of powerlessness, a justification for inequality or for bold social reform. Students learn about the importance of race, class, gender and sexual orientation across a variety of important contexts, such as the family, workplace, school, and popular culture.
Instructor: Alan J. Joynes is an educational consultant and currently a career coach at Temple University. He is also an adjunct professor at Temple and Delaware County Community College. Alan is a certified natural health professional (CNHP) with over 20 years of various leadership experiences.

BUSINESS AND PROFESSIONAL DEVELOPMENT/ UJAMAA
Coaching: You Are Worth More Than Money—PASCEP0601
Course Fee: $20.00 (3 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m. November 5, 12, 19
How do you know what you need? Are the choices you make the right path to take? What do I need to learn to progress in life, education, employment, and personally? Time is a non-renewable resource. Maximize your time and enhance your productivity. Take control of your emotional abilities in order to accomplish your goals. It is just a matter of changing your perspective and acting more effectively. Learn to see possibilities in several different ways so you can design and redesign systems that works for you daily, weekly, monthly, or for life long learning. This course promotes you learning more about you relative to what you want to achieve.
Instructor: Ulicia Lawrence-Oladeinde, EdM, applied communications, adult and organizational development, is the Director of PASCEP, professional educator, and conflict coach.
BUSINESS AND PROFESSIONAL DEVELOPMENT/ UJAMAA, continued

Don’t Get Stumped: Entrepreneurship Tools—PASCEP0401
Course Fee: $25.00 each (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Section 1: Basic, September 26 – October 24,
Section 2: Intermediate, November 7 – December 12
This interactive course will teach you how to ensure your business foundation is solid. If you are new to business, you will learn how to create strategic procedures for your business's financial health. Established businesses will learn the new rules and regulations that govern small business development and sustainability. You will learn to create income, become audit proof, and make sure you are compliant with the Federal, state, and city requirements. Your business will attract investors whether you are a profit or non-profit entity.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in public administration. She is also the founder of Footprints to Financial Success and author of “So You Want To Be In Business: Know Before You Go.” Her specialty is compliance, taxation, and quality assurance. The mission is to create a legacy and develop a path to generational wealth.

COMING SPRING 2020
Entrepreneurship: PhillyFirst–Innovations for Returning Citizens—PASCEP0410
Course Fee: $25.00 (5 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
This course focuses on developing the “Mindset” and organizational skills necessary for entrepreneurship. As a returning citizen you will not have to depend on the system to give you a job, this course will help you create a business of your own that can sustain you and your family. You will learn how to prepare to gain financing and marketing support for your intended projects/designs/ideas. We will discuss the important aspects of designing and writing a comprehensive business plan and executive summary to present to potential investors. Discover the resources available to you as a returning citizen or small business owner to acquire funds. We will also explore the benefits of positive affirmation behaviors and coping skills for success in the business arena.

Instructor: Vincent Gori is the President of GRSI, LLC, a technology development company. In collaboration with Temple University School of Engineering, Fox School of Business, GRSI, LLC, is developing new technology opportunities. Vincent is a returning citizen with 10 years in Federal prison. He desires to prepare returning citizens to start creative and disruptive thinking businesses for economic stability.

How to Own Your Own Real Estate—PASCEP0045
Course Fee: $35.00 (6 Weeks) Mondays, 7:00 p.m. – 9:00 p.m.
September 23 – November 4
This course is perfect for the person who wants to purchase a home or invest in real estate. The course covers how to properly prepare and look for your future home or investment property. In this class, you will learn how to buy fixer-uppers, HUD, Fannie Mae and Freddie Mac houses.

Instructor: Annette C. Collier is a licensed real estate broker in Pennsylvania, New Jersey and Delaware.
COMING SPRING 2020

Introduction to Hospitality and Tourism—PASCEP0411
Course Fee: $35.00 (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
Would you like a career in the hospitality and tourism field? This course is an introduction and overview of the field of hospitality and tourism. Review of the basic components that comprise the industry include: lodging, restaurant, food and beverage, tourism, and management. The course will: 1) Explore career and job pathways from front line worker to management in the field; 2) Discuss and analyze growth and development of job opportunities in the industry; and 3) Describe current trends that affect workforce development in the industry and how they affect career paths.

Instructor: Victor Michael is a veteran PASCEP instructor. He was born in the Caribbean—St. Lucia—and has lived in Philadelphia for the pass 35 years. An alumnus of Community College of Philadelphia and Cheyney University, Mr. Michael holds BS degrees in business administration and hotel restaurant management. He has worked in various management positions for 15 years through major companies including the Marriott Hotels and Interstate Hotel corporations.

Introduction to Non-Profit Management—PASCEP0407
Course Fee: $40.00 (10 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
The goal of this course is to introduce those interested in nonprofit leadership and/or management to key terms and topics involved. It is paramount that our incoming leaders realize the business acumen needed to successfully manage 21st century nonprofits. The course is tailored for students guided by their hearts and passions to improve the quality of our communities locally as well as globally. Emotional intelligence, ample business knowledge, and tact are needed in order to effectively compete in neighborhoods and in the board rooms.

Instructor: Ceciley Bradford-Jones, MS, MBA, is widely recognized non-profit executive who has a distinguished career in mental and behavioral health, criminal justice, and business.

FINANCIAL EDUCATION/UYIMA

Credit Education (Building Back Your Credit)—PASCEP0022
Course Fee: Free (3 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
September 26 – October 10
The purpose of this course is to assist and educate individuals who are facing credit issues such as judgments, foreclosure, bankruptcy, collections, lateness, or student loan repayment. The goal of this workshop is to help individuals get back on the right track. The course is conducted via Webinar with follow-up conference calls and one to one assistance.

Instructor: Ella Butcher is the Founder/President of Butcher Investors, LLC, and Peaches and Cream Foundation, Inc. Her experience includes assisting individuals with credit issues, to help them qualify for mortgages and any type of loans. She is also the author of the “Credit Diary.” MS. Butcher is a Commissioner for her District in Atlanta Ga.
FINANCIAL EDUCATION/ UJIMA, continued

Making the Most of Your Money—PASCEP0508
Course Fee: $25.00 (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
September 23 – October 21

Money Matters is a basic course focusing on personal finance. This course will cover a basic overview of vocabulary terms and events (e.g. new job, retirement, inheritance, etc.) that have an effect on individual's lives. Avoid these famous last words: “If I had the chance to do it all over again.” The focus will be placed on strategies to address personal finance and life changing events.

Instructor: Patricia Grattic is a St. Joseph University graduate with a degree in management and information systems. She has worked for 30 years in both the public and private sectors, including banking, insurance, government, railroad, and most recently in education. Most of her work experience is primarily in the areas of finance and budgets.

Money Smart—Becoming Debt Free: How to Get Out of Your Mess—PASCEP0507
Course Fee: $25.00 each (5 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.
Section 1: Basics, September 23 – October 21
Section 2: Intermediate Budgeting, November 4 – December 2

The purpose of these classes are to prepare you to prosper and do better in your life, not just barely make it financially. Learn the errors in your day-to-day practices that keep you in debt or lack money and possessions. Concepts and principles will help you discipline your life everyday in preparation for your future. Remember, you must plan for your future and not just live for today. Walk away equipped to control your finances. Curriculum workbooks are provided.

Instructor: Louise Anntoinette McDougal is a professional financial consultant, entrepreneur and minister. She uses her business abilities to enhance other’s practical and spiritual foundation. Ms. McDougal is a debt destroyer who believes we should NOT be broke.

Sick of Being Broke: Investment 101 for Beginners—PASCEP0044
Course Fee: $30.00 each Section 1: (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m., September 24 – November 19
Section 2: (5 Weeks) Saturdays, 9:30 a.m. – 11:00 a.m. PASCEP Investment group: 11:00 a.m. – 12:30 p.m., October 5 – November 2

This course is designed to share basic investing strategies and ways to create wealth without being rich. Basically, It’s an “Investment 101” course for beginners. As a former Wall Street broker, my objective is to bring that experience to you where I’ll show and teach you how Wall Street works and how to benefit financially. Some subjects we’ll be covering are: understanding how to buy stocks, bonds, mutual funds, and gold. You will also learn about retirement planning strategies. “Rich Dad, Poor Dad” concepts, and how to build your 401(K) at work.

Instructor: James R. Veal is President & CEO of JRV Wealth Management Group based in Philadelphia, PA. He started his career as a stockbroker on Wall Street and has been in the financial services business since 1997. His mission is to take his students by the hand to teach, educate, and show them the power of money and various strategies on how to build wealth—especially to those in the African American and Latino communities.
HEALTH AND WELLNESS/NIA

Discovering You—An Introduction to Acting—PASCEP0020
Course Fee: $30.00 (5 Weeks) Tuesdays and Thursdays, 5:30 p.m. – 7:00 p.m. September 24 – October 24
This course introduces art performance through theater games, breathing, and sound exercises. The course meets twice per week for five weeks. Movement assigned monologues will encourage students to read and explore emotions through comedic and dramatic situations. Students will be encouraged to start scenes through improvisation as well as writings. All facts and performances will be explored including being a good audience member. Day one: Tuesdays, will give you concepts and context. Day two: Thursdays, provide practice and creativity. The class will culminate in a 30-minute performance at the PASCEP Closing Ceremony.

Instructor: Joyce Ojo-Allen married the late John E. Allen Jr. who along with Robert E. Leslie founded Freedom Theatre. Mrs. Allen graduated from Cheyney University. She is a master instructor for the drama ministry at St. John Baptist Church in Camden N.J.

Herbs Really Work—PASCEP0305
Course Fee: $25.00 each (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.
Section 1: Basics, September 26 – October 24, Section 2: Intermediate, November 7 – December 12
The Basic course will inform students about the value of herbs and their health. Students will learn about the body systems and effects of herbs on the immune, digestive, and respiratory systems. The relationship of herbs and the earth to the body will be explored. The Intermediate course provides more in depth looks at plants and the body, understanding how to grow or buy herbs, and developing urban home-based gardens.

Instructor: Robert Black is a veteran PASCEP instructor. He has used herbs to treat and heal his personal health issues. Mr. Black is a franchise owner of Wholistic Emporium and an avid urban farmer.

Hip Hop Therapy—PASCEP0307
Course Fee: $30.00 (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m. September 24 – November 19
Can rap music be therapeutic? In Hip Hop Therapy, rap music, and hip-hop culture will be examined. Members of hip hop culture can explore how issues such as violence, mass incarceration, and drug use impact the emotional wellness of their families and communities. Students will learn cultural sensitivity/competence, therapeutic interventions, and hip hop as a tool.

Instructor: Ronald Crawford holds a Master in Human Service degree and has worked as a drug and alcohol therapist in Philadelphia for more than 10 years. Ronald sits on the Community Action Board a research team of community stakeholders and data collection analyst.

NGOMA: Line Dancing—Movement for the Heart—PASCEP0700
Course Fee: $25.00 (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m. November 7 – December 12
The purpose of this course is to promote fitness and FUN through DANCE. This is not your mother's line dancing class. The next generation of line dancing makes everyone feel better, is fast paced and promotes heart healthy activity. So pull out your FITBIT, count those steps and record your activity. This is an intergenerational class.

Instructor: Ulise Monroe is a former student of Freedom Theatre, Elyon dance troupe, and a graduate of the Franklin Learning Center Dance program. She is also a line dance enthusiast.
HEALTH AND WELLNESS/NIA, continued

The Principle and Process of Forgiveness—PASCEP0306
Course Fee: $25.00 (5 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m
September 26 – October 24
This course is based on the premise that all forgiveness is self-forgiveness. The students will understand forgiveness is a principle that is practiced by all major religions. Forgiveness is a requirement if the mind is to be free of negative emotions that are generated during experiences. Research on forgiveness shows that forgiving can affect our physical, emotional, and mental health. Participants will discover the practical tools and techniques needed to experience the principle and process of forgiveness.

Instructor: Bernard Weeks is the creator and facilitator of the Empowerment Through Self-Awareness Seminar. He is a graduate of Springfield College and the University of Metaphysics. Mr. Weeks was an assistant facilitator of Iyanla Vanzant, Philadelphia, PA Transformation Station and a veteran Temple University PASCEP instructor.

The Road To Manhood:—PASCEP 0309
Course Fee: $25.00 each (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
Section 1: For Adult Men: September 23 – October 21
Section 2: For Teens: November 4 – December 2
Section 1: Adult Men: In this course we will begin by providing a basic definition of manhood and include a classroom discussion with the goal of creating our own unique definition that will be referred to throughout the length of the course. We will also discuss the spiritual aspects of manhood, the various phases i.e. childhood, adolescence, etc. In addition, we will take a look at the societal and racial differences that are encountered on the road to manhood. The course will provide plenty of opportunity for discussing personal experiences, with the ultimate goal of gaining a better understanding of the roads that have been taken and how they have shaped our opinion and thoughts on manhood.

Section 2: Teens: The term manhood is often used to describe a male who has gone through childhood, adolescence, and has met the requirements set by society, religious institutions, the government and has therefore reached the final stage known as manhood. But, what is often not discussed or understood is the road that is taken to get to the final stage. This is especially true for teens that are on their journey to manhood. The ultimate goal of helping teens understand their journey to manhood and to let them know they are not alone. A journal will be given to each student with the goal of providing them a way to document their thoughts.

Instructor: Thomas Waters is a motivational speaker who desires to motivate people to action. He encourages people to go after their dreams and live their best life. Thomas is also a phenomenal trainer known for his exceptional customer service training techniques.

Sahaja Meditation—PASCEP0024
Course Fee: $35.00 (10 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m.
You will learn about your own subtle system and how to meditate in thoughtless awareness to reach that inner state of peace and joy. Each energy center has its own special qualities. You will learn about each of these qualities, how to diagnose the state of your energy centers, and the techniques that will keep them in balance. This class will teach you how to develop strong attention that minimizes the stress and strain that comes with everyday living.

Instructor: Dorothy Logan is a student of Shri Mataji Nirmala Devi and has practiced Sahaja Meditation for fifteen years. Sharing this unique and simple way of meditation with mankind is her way of saying thanks to the universe.
Self-Discovery—PASCEP0035  
Course Fee: $35.00 (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.  
This is a personal development course to help individuals discover their purpose in life. Students will learn to access their higher mind through meditation, vocal profiling, and reverse speech. This course will also explain the importance of the cosmic blueprint (i.e., natal chart) ingesting proper nutrition, and engaging in life affirming exercise (Qi gong).

**Instructor:** Shema’yah Bey is a screenwriter, author, and bio acoustic researcher. He is the former co-host of Astrologically Speaking on WURD. Vonda Kline is the owner of Relics and Rituals, a spiritual supply company. Vonda has trained and studies spiritual development under the tutelage of Richard Whiten, world renowned astrologer, Roy Masters from the Foundation for Human Understanding and Grand Master Dr. Clifford E. Hazel Internationally acclaimed Holistic and Esoteric Master from England.

STRIVE: The Psychology of Recovery—PASCEP0050  
Course Fee: $35.00 (8 Weeks) Wednesdays, 7:00 p.m. – 8:30 p.m. September 25 – November 20 (Break October 30)  
This course uses a combination of philosophy and metaphysics as an approach to address psychological disharmonies that are experienced daily by people of all lifestyles. The process of recovery is defined and examined. Several principle wellness action plans and approaches are used as educational tools such as the STRIVE Motivational Recovery Model, color therapy, and laugh therapy.

**Instructor:** Fatima Abdul Johnson, DM, RM, PhD, is the CEO and founder of S.T.R.I.V.E. Motivation, Inc., a nonprofit organization providing recovery support, counseling and advocacy for individuals in recovery from mental illness and substance abuse.

Supreme Compost—Reconnecting with Education formerly Living Off the Land: Urban Farming: Growing Healthy—PASCEP0303  
Course Fee: $20.00 (4 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m. November 5 – November 26  
This course will introduce you to techniques to create urban farms and grow your own organic food. Learn about the detriments of GMOs and the benefits of making and using compost to produce nutritious fruits and vegetables.

**Instructor:** Nefertari Muhammad is the owner of Supreme Compost. She is certified in GMO and compost education. Ms. Muhammed is also a community gardener and farmer, herbalist and activist.

Tapping the Power Within—PASCEP0501  
Course Fee: $35.00 (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m. September 24 – November 19  
This is a group-coaching experiential course that will require you to look deeply at your life to discover why it is the way it is and what you can do about it! This course will focus on practical tools and techniques that will enable you to live a more fulfilling and flourishing life. Based on empirical evidence, you will learn proven strategies and step-by-step formulas to achieve more success in your career and personal life. You will develop a road map for putting your dreams to the test by applying universal laws and time-tested success principles.

**Instructor:** Adesanya Karade is a Results and Life Coach specializing in transition and transformation. As a member of the International Coach Federation, Adesanya received coach training at the University of Pennsylvania, Coach University and Coach Training Institute. Adesanya has worked internationally and conducted trainings in Zimbabwe, South Africa, Kenya, Tanzania, Ethiopia, and South America. She has been a PASCEP instructor since 1995.
HEALTH AND WELLNESS/NIA, continued

Walking Into the Rainbow: The Path to Spiritual Development—PASCEP0054
Course Fee: $25.00 each (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
   Section 1: September 26 – October 24
   Section 2: November 7 – December 12

If you are curious about spiritual development, yet have no prior knowledge or experience, then this class is for you. This class will present ancient sources for spirituality, such as auras, chakras, and spiritual communication, in a slow, practical, and safe step-by-step workshop. The class adopts information from many religions, spiritual philosophies, and sciences in order to demonstrate the spiritual exploration and examination taken up by initiated practitioners and priests/priestesses. This course will also explore the historical dynamics of dance, music, and art in spiritual development.

Instructor: Betty Alridge is a Yoruba priestess of Shango and Egun for more than 40 years, a professional dancer, teacher, and choreographer for 30 years in Philadelphia. Betty received her Bachelor of Fine Arts degree in dance from Temple University and has taught both in the University and with PASCEP.

LANGUAGE STUDIES/KUUMBA

American Sign Language—PASCEP0014
Course Fee: $35.00 (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.

This ten-week course is designed for students who have no previous knowledge of American Sign Language (ASL).

Instructor: Baron Roane attended the Philadelphia School for the Deaf and was an outstanding student in the Pan-African Studies Community Education Program’s American Sign Language course.

Basic/Introductory Arabic—PASCEP0001
Course Fee: $20.00 each (5 Weeks) Mondays, 5:30 p.m. – 7:00 p.m.
   Section 1: September 23 – October 21
   Section 2: November 4 – December 2

This introductory course covers grammar, writing, and conversational Arabic. The instructor will provide information about the different forms of Arabic letters and the vocalization of each letter, along with an introduction of the Arabic alphabet, the short vowels and an introduction of naughty letters.

Instructor: Hajji MuMin Abdullahjihad attended Muslim Teachers College, Randolf, Va. He has taught Introductory Arabic for two decades (Montgomery and Philadelphia Masajid) and provided assistant instruction with Yahya Abdul-Malik at PASCEP since 2014.

Conversational Spanish—PASCEP0055
Course Fee: $35.00 (10 Weeks) Mondays, 7:00 p.m. – 8:30 p.m.

This course is for students who have a basic knowledge of Spanish and desire to engage in normal, everyday conversations with Spanish speakers. The course will provide language practice and exposure to Hispanic culture as well.

Instructor: Janice Smith holds a Bachelor’s degree from The Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.
Introduction to Spanish—PASCEP0006
Course Fee: $35.00 (10 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.
This course is for students who wish to acquire a basic knowledge of Spanish and to be able to engage in normal, everyday conversations with Spanish speakers. The course will provide some exposure to Hispanic culture as well.
Instructor: Janice Smith holds a Bachelor’s degree from The Pennsylvania State University and has earned a Master’s degree in human services from Lincoln University.

COMING SPRING 2020
Introduction to Yoruba—PASCEP0056
Course Fee: $35.00 (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
This is an elementary course in the Yoruba language. Yoruba belongs to the family of the West African: Niger–Congo linguistic grouping. This class will provide each student the chance to discover the linguistic components: the phonetics, morphology, syntax and semantics of Ebonics or its forms. Yoruba is unique and alive in the epic memories of the Africans in the Americas as seen in Brazil, Cuba, the Caribbean and the United States. This Yoruba class introduces the student to the basic factors of Yoruba linguistics and more.
Instructor: Abayomi Oladeinde holds a Bachelor’s degree in education, Master of Social Work degree from Temple University and is a doctoral candidate in educational leadership and behavioral health at Grand Canyon University.

PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA
Art and Creativity@The Colored Girls Museum—PASCEP0602
Course Fee: $20.00 (5 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.
November 7 – December 12
Explore your creativity at The Colored Girls Museum (TCGM); a house museum in historic Germantown, dedicated to the celebration of the ordinary/extraordinary colored girl. Paint and draw from the museum artifacts. View and discuss artist work. Students should bring basic art supplies (a list will be provided). This class is for anyone interested in exploring the arts and their own creativity. In addition to TCGM we will also visit the Barnes Foundation. No previous experience required. Visit http://www.thecoloredgirlsmuseum.com.
Instructor: Michael Clemmons is a visual artist/curator (The Colored Girls Museum) and the Associate Director (Workforce Development) of Temple University’s Center for Social Policy and Community Development; with 30 years experience in community engagement and the arts.
PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA, continued

Basic Design/Sewing—PASCEP0037

Course Fee: $25.00  
Section 1: (8 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.  
Section 2: (8 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.  
September 24 – November 19

This course will teach zipper setting, button hole making, seaming, and hemming using the sewing machine. Students will also learn how to pick fabric, patterns, and notions. Students will have fun creating their own fashion statement, whether in a garment, tote bag, and other items. Tips on entrepreneurship will be included.

Requirement: Students should bring a portable sewing machine to class. Bring your own fabric and projects.

Instructor: Rebecca Gaskin is a retired professional freelance fashion designer. For more than 30 years, she has coordinated fashion shows and has consulted for weddings and churches.

COMING SPRING 2020

Crochet: Basic and Beyond—PASCEP0047

Course Fee: $35.00  
(10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.

This course is for beginner/intermediate hookers. Students will learn terminology and techniques. They will also read and follow patterns to help them make anything including dolls, table runners, garments, and afghans. Students are required to bring a size G/4.5mm crochet hook or larger and a skein of 4 ply worsted weight yarn of solid light or medium colors. (No black or multicolored yarns).

Instructor: Cora Williams is a master crochet artist who has over 30 years of experience in the art. She also specializes in crocheted jewelry and dolls.

Estate Planning—PASCEP0402

Course Fee: $25.00 each  
(5 Weeks) Thursdays, 2:30 p.m. – 4:00 p.m.  
Section 1: September 26 – October 24  
Section 2: November 7 – December 12

Many people spend more time planning their vacations than planning their estates. Estate planning is much more important. It is not just planning for what happens to your property, it is about what happens to you in the event of an untimely accident or death. You will learn the purpose of an estate plan.

Instructor: Alletta Parris-Olday is a graduate of Strayer University with a MBA in public administration. She is also the founder of Footprints to Success.
Grant Proposal Writing–PASCEP0013
Course Fee: $30.00 (3 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
September 25 – October 9

The Grant Proposal Writing course is designed to help community-based nonprofit organizations to plan, organize, write, and submit applications for funding of their programs and services. Students will learn how to find the right funding sources that best match their organization’s mission and public policy goals. This course is not suitable for students interested in securing resources for small businesses.

**Instructors:** Shirley Moy, BSW, MSW, is Executive Director of Temple University North Philadelphia Workforce Initiative. She has extensive experience in proposal writing and has been successful in obtaining grants from foundations, contracts from multiple local and state government agencies, and awards from various federal agencies.

Link Martin, MSW, has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has an extensive background in the development of nonprofits, human service management and fund development.

Hookers, Needlers, Sewists, and Artisans: Crafting is Fun–PASCEP0607
Course Fee: $25.00 Saturdays, 10:00 p.m. – 12:30 p.m.
September 21, October 5, October 19, November 2 and November 16

Are you an undercover fiber artist? Do you knit, crochet, or sew for fun? Would you like to hone your skills with an amazing community? Join us at the Craft Bar. There will be a knitting circle, sewing center, and crochet crew. Bring your tools of the trades, sewing machine, patterns, fabric, yarn, paper, etc. Crafting is fun and is a time to DE-STRESS and enjoy creating and learning. Whatever you want in order to de-stress and enjoy the creative time. Some materials will be provided. Use creative therapy to find your “happy place.”

**Instructor:** Jimella Monroe is a crochet artisan with more than 20 years experience. She is a certified sewing instructor for Burda Style, pattern makers. As CEO/Chief Creative Designer for Jimise4U Ms. Monroe has developed a line of cultural sensitive crochet dolls, “Brown Girl Dolls,” that are customized to resemble the recipient of this beautiful handcrafted gift.

Emily Hill Rollins, a community activist and human development educator. She lived in the Tioga-Nicetown community for more than 50 years. Under her leadership, Bridgeway, Inc. partnered with other community leaders to create CommUniversity 14, a North Philadelphia area learning collective program developed to focus on topics such as spirit care, self-help, and industry. The program also addressed needs for shelter, clothing, food, and transportation of returning citizens for all prison systems. Rollins received numerous honors: Community Indigenous Leadership Award from the University of Pennsylvania; Urban League's Community Service Award; McDonald's Olympic Medallion Award; Mother of the Year, Lifers Inc.; Alpha Kappa Alpha Sorority Inc. Rho Theta Omega Chapter's Community Service Exemplary Leadership Award and Social Justice, for 30 years of visiting men at Graterford Prison in Pennsylvania; and Roots Community Service Award from Temple University. In 1984, she became the first Community Liaison for Temple University Pan African Studies Community Education Program.
PERSONAL DEVELOPMENT AND ENRICHMENT/KUJICHAGULIA, continued

Looking Forward Philadelphia: An Inside Look at Reentry for Returning Citizens & Communities—PASCEP0605
Course Fee: $10.00 each (5 Weeks) Wednesdays, 5:30 p.m. – 7:00 p.m.
Section 1: September 25 – October 23
Section 2: November 6 – December 4

This course shall provide an inside look into reentry and help returning citizens, people with criminal backgrounds, and the general public. The course purpose is to teach participants how to understand and navigate our criminal justice system. It will also provide effective dialogue and frank and open discussion regarding relevant topics to address participant’s challenges.

Instructor: Jeffrey Abramowitz was a civil trial lawyer in Philadelphia for over 20 years when several poor choices led to a federal indictment and a sentence of five years in the custody of the Federal Bureau of Prisons. Jeffrey is a director of adult education and has been instrumental in blending adult education and workforce development programs through an upskilling clinic at PA CareerLink. Jeff also co-facilitates the Temple University New Opportunities workshops.

PROFESSIONAL DEVELOPMENT/UJAMAA

COMING SPRING 2020
Grant Writing Certificate Program—PASCEP 0415
Course Fee: $350.00 (6 Weeks) Wednesdays, 5:30 p.m. – 8:30 p.m.

This flexible certificate program provides supervisors, managers, directors and emerging leaders with an opportunity to learn and practice skills in developing successful proposals to obtain external funding. The Grant Writing Certificate Program will cover the basics of grant seeking and writing, enabling anyone with an interest in the topic to get started on the grant writing process. After completing the modules, participants will be familiar with steps of the grant writing process, and have basic knowledge about the types of grants available and how to look for them. This certificate program is beneficial for anyone who is interested in grant writing but is not sure how to get started. It will also help experienced academic researchers, non-profit organizations and freelance writers to write grants more confidently and improve their grant writing game.

This program has been approved for 15 social work continuing education hours and 1.5 CEUs. Each module within the certificate program has been approved for 2.5 continuing education hours through Temple University Harrisburg, a PA State Board of Social Workers, Marriage and Family Therapists, and Professional Counselor pre-approved provider of continuing education. These credit hours satisfy requirements for LSW/LCSW/LMFT/LPC biennial license renewal.

Instructors: Shirley Moy, BSW, MSW, is Executive Director of Temple University North Philadelphia Workforce Initiative. She has extensive experience in proposal writing and has been successful in obtaining grants from foundations, contracts from multiple local and state government agencies, and awards from various federal agencies.

Link Martin, MSW, has been with Temple University for 21 years and has served as the Director of Temple University Harrisburg since 2003. He has an extensive background in the development of nonprofits, human service management and fund development.
TECHNOLOGY/TEKNOLOJIA

Creating Professional Spreadsheets: Microsoft Excel—PASCEP0003  
Course Fee: $30.00  (10 Weeks) Thursdays, 7:00 p.m. – 8:30 p.m.  
This course focuses on the fundamental concepts of how to create stunning and effective spreadsheets using Excel. All of the basic terminology, concepts and techniques are learned as students create workbooks.  
Instructor: Maurice E. Kennedy Jr. is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.  

Developing Dynamic Databases: Microsoft Access—PASCEP0048  
Course Fee: $30.00  (10 Weeks) Tuesdays, 7:00 p.m. – 8:30 p.m.  
Students will learn the methodology to create and support Access database end-user applications that are menu-driven, fully-functional, intuitive, effective, and efficient.  
Instructor: Maurice E. Kennedy Jr. is a senior programmer analyst, database administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.  

How Do I Use This Phone: Android and iPhones—PASCEP0060  
Course Fee: $20.00  (5 Weeks) Tuesdays, 5:30 p.m. – 7:00 p.m.  
September 24 – October 22  
This class is designed to allow students to leverage the full capabilities of modern day smart phones. Students will be encouraged to explore and learn new features that will allow them to use their smart phone as a tool for everyday life. Instructions for downloading apps for health, finance tracking, or personal entertainment will be demonstrated. Learning about cell phones and their features are essentially important when purchasing and determining the cost of plans and services.  
Instructors: Joseph Cunningham is a management information systems student at Fox School of Business. He is passionate about technology to help students expand their digital literacy skills.  
Aidan Rogers is a senior at Temple University School of Social Work and a minor in Public Health. Joseph and Aidan are interns at PASCEP and Temple University Lenfest North Philadelphia Workforce Initiative.  

Introduction to Personal Computers Intermediate—PASCEP0018  
Course Fee: $35.00  (10 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.  
Take this hands-on, intermediate course to strengthen your computer skills. Students will review the basics and background of personal and work computers. Windows 10 operating system is the current system used for employment. Learn how to efficiently use your computers for organizing your work or home tasks, cleaning your computer for productivity, and maximizing your effectiveness when performing technology tasks at work.  
Instructor: Olayinka Olabinjo is a senior technical support specialist for Temple University. He has more than 7 years of experience in computer science and information technology. Among his degrees are a PhD in bioinformatics from Temple University and a BA degree from Drexel University in computer science.  
The views and opinions of instructors do not necessarily represent those of the Pan-African Studies Community Education Program of Temple University.
LEARN TO APPLY DISRUPTIVE TECHNOLOGY, STRATEGY & LEADERSHIP TO CHANGE CIRCUMSTANCES—PASCEP0504

Course Fee: $40.00 (5 Weeks) Tuesdays, 7:00 p.m. – 9:00 p.m.
November 5 – December

What skills do you need to make $100.00 per hour? How do you acquire the skills? Learn from an employer and entrepreneur. In today’s highly competitive business environment, vision isn’t enough. What’s most important is the ability to execute on that vision to drive meaningful results to exceed expected outcomes. To accomplish this, leaders need to be prepared to go beyond best practices, to create new behaviors, and to achieve the needed advantage that wins. Leaders must be willing to ask: “What hasn’t been done, and how do we win once we do them?” To shape the future, a five-step process known as Execution Strategy is offered to improve a business or to get one started!

Instructor: Damian D. “Skipper” Pitts, PhD is a U.S. Marine turned business owner and the Founder/CEO at FlexRight Solutions™, a consulting, technology integration and manufacturing firm with several patents serving business, public safety, law enforcement, and the federal government. Skipper’s expertise has allowed him to provide training and consulting as an SME on strategic execution and the integration of small Unmanned Aircraft Systems (sUAS) to business, local law enforcement, and government agencies since 2014. Skipper is the author of 19 books, the latest titled, “Disruptive Innovation-THINK.”

COMMUNITY WORKSHOPS

CREDIT EDUCATION (BUILDING BACK YOUR CREDIT)—PASCEP0022
Course Fee: Free (3 Weeks) Thursdays, 5:30 p.m. – 7:00 p.m.

Developing your Resources and Additional Earned Income: PASCEP0903-014
Course Fee: Free Thursday, October 24, 5:30 p.m. – 8:00 p.m.

Learn to obtain free or low cost supplies, materials, and equipment for home, school, and the community. Participants will be guided in money making and alternative ways to earn additional income

Instructor: Maurice Henderson has been a PASCEP instructor since 1984. He has taught in colleges and universities in New Jersey, Pennsylvania and Delaware.

MENTAL HEALTH FIRST AID—PASCEP0900

Course Fee: Free

Section 014: Adult
Wednesday, September 25 – Thursday, September 26
5:00 p.m. – 9:00 p.m.

Section 2: Youth
Wednesday, October 23 – Thursday, October 24
5:00 p.m. – 9:00 p.m.

Section 15: Higher Education
Wednesday, November 20 – Thursday, November 21
5:00 p.m. – 9:00 p.m.

Mental Health First Aid is an 8-hour course that teaches you how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps you identify, understand, and respond to signs of addictions and mental illnesses. A certificate is awarded to successful completers.

Instructor: City of Philadelphia Department of Behavioral Health and Intellectual Disability Services