



Common Ground Education & Travel Company
People to People Exchanges

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Temple Harrisburg University hosts

Cuban Culture, history & Healthcare July 27 to Aug 3, 2019

Saturday

July 27

5:45 am Meet at Premiere #1 Limousine, 2000 Vine St., Middletown, PA to board shuttle to Philadelphia International Airport.
6:00 am Depart from Middletown for Philadelphia
8:30 am Check in to Philadelphia International Airport
10:30 am Flight departs Philadelphia for Miami
2:20 pm Flight departs Miami for Havana
4:50 pm Arrive Havana meet driver and guide; transfer & check in to the Hotel; orientation
6:30 pm Welcome Dinner (included)

Sunday

July 28

7-8:00 am Breakfast at the hotel
09:00 am Bus to the Plaza Vieja, followed by walking tour of the four major plazas of Old Havana, noting restoration projects completed as well as in progress.
Visit a local hospital and interact with Cuba's doctors regarding the primary prevention system.
1:00 pm Lunch at a local paladar (included)
2:30 pm Bus tour of Modern Havana, including the downtown, the Malecón, with stops at the Plaza of the Revolution and Colón Cemetery, followed by walking along the Malecón, with opportunities for meeting, photographing and talking with the many people who gather along the sea wall.
6:00 pm Dinner on your own ??
8:00 pm Bus to La Cabaña fortress for the cannon blast ceremony that recreates the traditional cannon shot of the colonial period

Monday

July 29

7 – 8:00 am Breakfast at the hotel and check out
9:00 am Visit to the Literacy Museum
11:00 am Visit a local hospital and interact with Cuba's doctors regarding the primary prevention system.
12:00 pm Depart for Trinidad. Lunch on the way (included)
5:00 pm Check in at Private homes
6:30 pm Dinner (included???)

Tuesday

July 30

7 – 8:00 am Breakfast at Private homes
10:00 am Walking tour of Trinidad
12 noon Lunch at a El Dorado local paladar (included)
Pm Visit a local hospital
Evening to explore on your own
Return to Private homes

Evening Dinner and Evening on your own in the city *Ideas for sight-seeing in Trinidad Casa de la musica, a very well known place, Casas de la Trova, Bar Floridita, Disco Ayala, Las Ruinas de Segarte.*

Wednesday

July 31

7 – 8:00 am Breakfast at Private homes and check out
9:00 am Return to Havana in transit Cienfuegos
11:00 am Visit clinic in Cienfuegos on the way back to Havana
1:00 pm Lunch at El Lagarto in Cienfuegos (included)
3:30 pm Continue to Havana.
6:00 pm Check in at the hotel
Opportunity to attend the Ballet (*additional nominal charge = approx \$30 CUC*) *This is an option and not included in the tour fee*
Dinner on your own

Thursday

August 1

7-8:00 am Breakfast at the hotel
9:00 pm Visit the Museum of the Revolution
11:00 am Visit to a complementary and alternative medicine clinic and neighborhood primary care clinic
12:30 pm Lunch on your own
Visit to the Latin American Medical School (ELAM) Visit and presentation about the education of Doctors in Cuba
Dinner on your own
Opportunity for a Jazz Evening at Havana Jazz Café, La Zorra y el Cuervo or other

Friday

August 2

7 – 8:00 am Breakfast at the hotel
10:00 am Visit Finca Vigía, Hemingway’s house and Museum
12:00 pm Lunch in “El Ajiaco” restaurant in Cojímar (included). Bus tour of the town of Cojímar and fishing harbor, where Ernest Hemingway used to fish
pm Visit a local primary care clinic
The rest of the afternoon and evening are on your own. Walk on Obispo Street to see local shops. Stop at Floridita bar, frequented by Ernest Hemingway. Listen to live music in one of the many cafes and hotels.
pm Time to Visit Almacenes San Jose to buy souvenirs
8:00 pm Farewell dinner at Café del Oriente restaurant (included)

Saturday

August 3

TBA Breakfast at the hotel
9:30 am Check out of hotel and transfer to airport
11:45 am Flight departs Havana for Miami
3:30 pm Flight departs Miami for Philadelphia