



8 - Day tour in Abruzzo, Italy  
Social Work Trip  
25 June – 2 July 2017

**PROGRAM | SUNDAY TO SUNDAY**

**Day 1 Sunday 25 June - Welcome to Abruzzo: Pick up at Rome Fiumicino airport**

Pick up in the morning at Rome Fiumicino airport and then drive across the wonderful Abruzzo mountains and National Park to the ancient Roman town of [Vasto](#) on the Adriatic Coast, where you will be staying.

After you are settled in, and following a presentation of the activities, we' ll have a welcome dinner with a multicourse meal a quick guided visit of Vasto (depends on the time of your flight arrival)

**Day 2 Monday 26 June - Overview of Italian service delivery system and Social Farm**

*AM*

SOCIAL WORK ACTIVITY: Overview of Italian service delivery system

We' ll walk to a little conference room in the historic center where we' ll have an informal meeting with Professor Maturo (we have to define this) or another professor/expert about social works, and one ore more representatives of local association involved in social works and maybe a representative of the Abruzzo region or Vasto City Hall Social works department (to be defined few weeks before your arrival).

Lunch together in a traditional restaurant in the heart of Vasto

*PM*

SOCIAL WORK ACTIVITY: Visit to Fattoria Sociale Recinto di Michea – Social Farm Recinto di Michea in Vasto

<http://www.zonalocale.it/2012/11/28/la-fattoria-sociale-di-vasto-questo-e-il-paradiso-terrestre-/1339>

TOPIC: mentally ill people

Dinner at your leisure

**Day 3 Tuesday 27 June - Community for women victims of violence, art farm and olive oil tasting**

*AM*

SOCIAL WORK ACTIVITY: Visit to a community for women victims of violence Vita in Lentella

<http://www.iltrigno.net/notizie/attualita/1795/a-lentella-inaugurata-la-comunita-vita-per-le-donne-vittime-di-violenza>

TOPIC: women victims of violence

*PM*

After we' ll move to a farm where we' ll have a lunch with Ettore, a local artist and visit of "his artistic farm" Artistic farm video:

[https://www.youtube.com/watch?v=6UAT1gGQ2bY&index=5&list=PLXo-vn\\_FG9CjZ8cT7QdWVHdmD-5O3eGax](https://www.youtube.com/watch?v=6UAT1gGQ2bY&index=5&list=PLXo-vn_FG9CjZ8cT7QdWVHdmD-5O3eGax)

Visit to olive oil mill with olive oil tasting with Giovanni and Elio

[https://www.youtube.com/watch?v=sG\\_G-gyNiaM&index=7&list=PLXo-vn\\_FG9CjZ8cT7QdWVHdmD-5O3eGax](https://www.youtube.com/watch?v=sG_G-gyNiaM&index=7&list=PLXo-vn_FG9CjZ8cT7QdWVHdmD-5O3eGax)

Dinner at your leisure

**Day 4 Wednesday 28 June - Social works service of Vasto City Hall, Family House Manuela and retired people center**

*AM*

SOCIAL WORK ACTIVITY: Meeting with Social works service of Vasto City Hall

SOCIAL WORK ACTIVITY: Visit to Family House Manuela in Vasto - Minor abandoned and disabled young people abandoned

<http://www.zonalocale.it/2014/01/05/claudia-e-gioacchino-il-cuore-della-casa-famiglia-manuela-/8172>

TOPIC: Minor abandoned and disabled young people abandoned

Lunch at your leisure

*PM*

Free time

SOCIAL WORK ACTIVITY: Before dinner, quick visit to Vasto retired people center

Dinner together in a traditional restaurant in the heart of Vasto

**Day 5 Thursday 29 June - Community for drug addicts, farmhouse experience and Roccascalegna Medieval Castle**

*AM*

SOCIAL WORK ACTIVITY: Visit to a therapeutic community for drug addicts in Lanciano

TOPIC: drug addiction

After we' ll move to a farmhouse where we' ll have lunch with the farmer Berardino that produces vegetables, grain, oil, wine, cheese, cold cuts and raise cattle, sheep and donkeys.

Visit to the farm

[https://www.youtube.com/watch?v=-WwxaJ0PV2s&index=6&list=PLXo-vn\\_FG9CjZ8cT7QdWVHdmD-5O3eGax](https://www.youtube.com/watch?v=-WwxaJ0PV2s&index=6&list=PLXo-vn_FG9CjZ8cT7QdWVHdmD-5O3eGax)

*PM*

We' ll explore the enchanting Abruzzo' s castle in the sky in Roccascalegna

Photos: <https://www.flickr.com/photos/italiasweetitalia/sets/72157663866995362>

Dinner at your leisure

**Day 6 Friday 30 June - Refugees center, fishing demonstration and lunch on a trabocco fishing house and visit C6th Abbey**

*AM*

SOCIAL WORK ACTIVITY: Visit to a Refugees center in Vasto area

TOPIC: refugees

After a scenic itinerary along the Trabocchi (ancient fishing equipment typical to Abruzzo) Coast we' ll stop at Trabocco Punta Tufano. In this location, surrounded by the blue sea and green hills with olive trees, we' ll have a funny fishing experience with the "traboccante" (trabocco' s owner) Rinaldo that will share his love for its trabocco and will explain its secrets. During your fish lunch you can relax breathing the sea atmosphere and taking some photos of the many beautiful marine landscape.

Trabocco Video: <https://www.youtube.com/watch?v=w9rvL3656VY>

*PM*

To close the day we' ll visit the enchanting San Giovanni in Venere Abbey that sits on a hill dominating the coastline, surrounded by orange, olive, oak and pine trees

Dinner at your leisure

**Day 7 Saturday July 1 - Casa Lavoro (jail), Punta Aderci Nature Reserve beach and farewell dinner in a winery**

*AM*

SOCIAL WORK ACTIVITY : visit to Casa Lavoro in Vasto (before it was a jail and now it is an important center to reintegrate prisoners and to let them work)

TOPIC: reintegration of prisoners

*Free time with the possibility to enjoy Punta Aderci Nature Reserve - one of the 10 most beautiful Italian beaches according to The Telegraph (pic nic lunch at your leisure) – for a swim or to relax in the nature*

*PM*

In the evening we' ll visit Fontefico, an award winning winery that sits between a marine park and the mountains. We' ll have a wine tasting and the farewell dinner with pairings from local cheeses and salami and tour of the vineyards and cellars by owners Emanuele and Nicola

**Day 8 Sunday July 2 - Drop off to Rome, Abruzzo mountains, hermitages and hilltop villages**

Drop off at 08:30 to Rome. We' ll drive across the wonderful Abruzzo mountains and National Parks and on the way to Rome, we' ll have a visit to the wonderful Hermitage of San Domenico in Villalago and to the village of Scanno (one of the most beautiful villages of Abruzzo) on the mountains with a light lunch.

*Have a look [here](#) (it would be something similar) to discover this part of the tour.*

In the afternoon we' ll move to Rome.

## **NOTE ABOUT YOUR ITINERARY**

Your itinerary is a guide to your activities during the week. However, sometimes we modify the final itinerary to take advantage of the season and the weather. Our goal is to ensure that everyone has a fabulous time, and sometimes that means tweaking the schedule even after your arrival. Your guide will provide suggestions during the week, and the group will decide if any modifications are desired. Be assured that only enhanced experiences are ever considered.

*Some visits related to social activities could be modified according to last minutes availabilities (some associations or centers could not be available for unforeseen reasons).*

## **Suggestions**

- Bring sturdy comfortable shoes and a windbreaker as there are short cross country walks leading to amazing sites and views.
- Dress code: very casual
- Remember to bring your ATM bank card, as this is the best way to get Euros. Check with your banking institution for any associated fees for withdrawing Euros
- Please remember to bring beach towels and swimsuit if you want to spend your free time on the beach
- Also please remember to carry your passport or national identity card at all times while you are in Italy
- Along the way you may wish to purchase items from the wonderful artisans and local producers we visit. Remember to leave a little room in your suitcase for this

## **INCLUSIONS AND EXCLUSIONS**

### **Included in the price**

- 7 nights in a family run and charming Hotel in the historical center of the Roman town of Vasto: [www.hotelsanmarcovasto.com](http://www.hotelsanmarcovasto.com)
- 7 breakfasts
- 7 traditional meals (one per day with food, water & house wine) in selected restaurants, farmhouses, trabocchi fishing houses and a winery
- Daily meetings, trips and excursions
- Rent of the location for the Overview of Italian service delivery system meeting
- Organization costs for the Overview of Italian service delivery system meeting
- All transport for daily trips and excursions in an air conditioned bus

- Pick up and drop off in Rome Fiumicino in an air conditioned bus
- All entry fees for excursions, entrance to the Castle of Roccascalegna, tours and wine, olive oil, cheese tastings
- English-speaking tour manager throughout the duration
- All taxes

#### **What's not included**

- Airfares
- Spending money
- Snacks/Drinks between meals, or any meals not listed on the itinerary
- Personal expenses like phone calls, visa costs, laundry or tips
- Travel insurance (not obligatory, but recommended)
- Drinks not listed in the itinerary (an extra bottle of wine, for example)
- The cost of additional excursions or activities

### **TERMS AND CONDITIONS**

The contracts covering the programs described are governed not only by the conditions set out herein but also by the contents of Law No. 111 dated 17 March 1995, European Directive 314/90/EEC and Law No. 1084 dated 27 December 1977 which ratified the International Convention on Travel Contracts (CCV) signed in Brussels on 23 April 1970 as applicable – as well as the Consumer Code according to Legislative Decree no. 206 of the 6th of September 2005 (articles 82-100) and subsequent modifications. Under no circumstances will the responsibilities of the organizer be deemed to exceed the limits set out in the law quoted.

#### **LICENCE AND INSURANCE POLICY**

Italia Sweet Italia operate on the basis of the Communication to the Administration of the Province of Chieti, Tourist Office, taken place on 30th April 2011.

Italia Sweet Italia has an insurance policy no. 188008 with MONDIAL ASSISTANCE EUROPE

N.V. to cover civil responsibility.

#### **PROGRAM CHANGES**

Although we try hard to avoid cancellations and changes to the holidays, due to the forward planning of our holidays this is sometimes unavoidable. We must therefore reserve the right in any circumstances to cancel or make changes to your holiday. This includes cancellations due to force majeure or under booking. With the exception

of force majeure, these changes can be major or minor. In the case of a major change or cancellation (a major change is defined as a change to accommodation of a lower rating for all of your holiday or a change of holiday dates) we will advise you as soon as possible and we give you the following options:

- Accept the new arrangements
- Take an alternative holiday subject to availability (if a lower price we will refund the difference; if a higher price you must pay the difference)
- Withdraw and accept a full refund of all monies paid (excluding holiday insurance premiums or additional costs we have incurred on your behalf).

In the event of a minor change (any change that is not defined as a major change above or force majeure), the above options will not be available to you. We also reserve the right for any reason or at any time, at our sole discretion, to decline to accept or to retain any person on a holiday as a client particularly if their conduct is disruptive and affecting the enjoyment of other participants on the trip, and we shall be under no liability for any costs incurred by such a person as a result of our doing so.

#### **LIMITATION OF RESPONSIBILITY**

The organizer shall not be liable for any damage/injury (physical or otherwise) to participants as a result of the physical activity performed during the trip, the consumption of alcohol, breakage of equipment and materials or for any other reason which, within the limits of professional diligence, could not have been foreseen or resolved. The organizer is not responsible for expenses (transportation, meals, hotels) not included in the program but necessary to reach the meeting point or to leave the finishing point on conclusion of the trip.

#### **COMPLAINTS**

The consumer, as stated by art. 98 of D.L. 206 dated 06/09/05, is obliged to formally denounce, in writing and with receipt of postage, any complaints regarding problems with the tourist package to both the Organization and to the tourist structure where he or she is lodged within and no longer than 10 working days after departure from the respective holiday destination. Any breach of contract must be contested by the consumer without delay, enabling the organizer or a company representative to remedy the situation in loco.



**PHOTO / VIDEO RELEASE**

Italia Sweet Italia occasionally videotapes and photographs guests and activities for promotional use. Please notify us if we are not free to use images of you or your group. If produced, Italia Sweet Italia would be happy to provide you with photos or video clips where you are present.

**COURT OF COMPETENT JURISDICTION**

For any controversy which might arise, the court of competent jurisdiction is that of Vasto (Chieti).